April Attendance Amazing!

Miigwech to families for getting their child to school every day possible!!

Each day there are so many wonderful things happening at the school that we don't want any child to miss out on.

Acute illness (colds, cough, fever, diarrhea, vomiting) continue to be the number one absence reason. Keep up the good work at kids being healthy and ready to learn!

Summer is approaching and we know it is tempting to keep your child home...May, June and July feature some of the most exciting things we do during the school year!

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Early Childhood Professionals............

An early childhood professional is anyone who directly works with young children from infancy to age 8. Early childhood teachers are referenced as the primary professionals filling this role; however, early childhood professionals range from teachers, teacher assistants, food and nutrition service, family and social services, transportation, curriculum and education managers, special education managers and teachers, custodial, health and mental health professionals, home visitors and day care providers.

Healthy early childhood development lays the foundation for future success in school and life. Starting from birth, a child’s experiences in their early years will have a huge impact on their long-term health, ability to learn, solve problems, get along with others, and much more. The quality of a child’s experiences in the first few years of life helps shape how their brain develops.

We are honored every day to be able to work with the children and families of the Red Cliff and surrounding community. We are busy preparing children to be life long learners, building their skills to prepare them for kindergarten and assisting families to support their children’s education. Miigwech for sharing your little ones with us.

*As always, a parent is a child’s first teacher! Learning happens in the everyday moments you share with your child! You play an important role in your child’s development and learning! Everything you and your child do together will teach important lessons that will help them grow and learn about their world.

We ❤ Kids!
**School held Monday through Friday from 7:45am-3:00pm unless other-**

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Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Tuesday March 13th, 2018 @ 9:00 am
Memengwaa Trailer

Meeting called to order by Joanne Peterson @ 9:02 am

Policy Council Members Present: Joanne Peterson, Andrea (Auna) Bresette, Rebecca (Becca) Miller, Devon Defoe, Shannon Johnson and Johanna Wilson.

Policy Council Members Absent: Melody Hanson, Cheri Defoe,

Others Present: Nicole Boyd, Head Start Director; LaVonne Goslin, Early Head Start Director; Cindy Garrity, Family Services Manager

Approval of Agenda
Becca motioned to approve the agenda, seconded by Auna, all in favor, motion carried.

Approval of Minutes
Auna motioned to approve February 13th and February 28th 2018 minutes with changes needed, seconded by Becca, all in favor, motion carried.

Financial reports
Policy Council was provided the Early Head Start and Head Start financial reports for the month of February, 2018. Nicole discussed program updates and budget monitoring, discussion about security improvements, phone system improvements to merge with the Tribe system and staff vacancy in effect on the programs budgets. Question on why at the top of the page it reads 7-1-16 to 6-30-16 a different program year. Nicole said she will look into it. No action needed.

Menu:
Policy Council reviewed Menu for April 2018 and a question was asked if there is to be a Friday off on the Menu, Nicole replied yes April 27th is a no kid day, will have Lori fix it. Devon motioned to approve menu for April with corrections, second by Auna, all in favor, motion carried.

Program Summary
Nicole discussed with the Policy Council the number of IEP’s (10) and referrals (5) in Head Start and IFSP’s (3) in Early Head Start. All this information can be found in the Program Summary. Early Head Start Director LaVonne informed the Policy Board that the EHS Home Based is under enrolled and there will be a meeting with the Office of Head Start to develop a plan and that interviews are scheduled for this week for one Home Base Teacher.
2018-2019 EHS and HS Budget Update: Nicole informed Policy Council that upon meeting with the Tribal Administration there were minor changes to the budget that Policy Council approved with changes. The budget will go to the Tribal Council on Thursday, March 15th.

Other: Reminded the Policy Council that we will have Review week April 30th, 2018. There will be two separate reviews happening at the same time. One will be the Focus Area 2 and the other will be the CLASS review for Head Start only. Policy Council will also be requested to participate.

4K-Several meeting have taken place with ECC and Bayfield School District about implementing a 4K program here at the ECC. The ECC is already practicing the model; we have staff/teachers that already meet the requirements. The Red Cliff Tribe will have to do a community approach model with the Bayfield School District including a contracted services agreement. More planning is under way with Red Cliff ECC and Family Forum Bayfield, Red Cliff Tribe and Bayfield School District. Will be submitting the application for 4K and a letter of support from the Red Cliff Tribe, the deadline is end of April.

Executive: None

Adjourn: Motion by Becca to adjourn at 9:55am, second by Auna, all in favor, motion carried.

Policy Council                                      Date

Minutes taken by Cindy Garrity, Family Services Manager
Parking Lot Safety

Attention all visitors:
Safety First!

The Red Cliff Early Childhood Center has 82 children attending school daily, 30-35 staff coming to work daily, along with many other visitors.

The parking lot has been especially busy because of the super amazing attendance!!

On the days when we only have one bus we have even more traffic at pick up and drop off!

*Please be considerate and courteous in the parking lot.
*Do not drive or park in the fire lanes—they are for emergencies.
*Use the pedestrians walk way in the center if possible.
*Drive slow.

*Be alert for children and people walking between cars or across the parking lot.

Miigwech everyone!
Dear Parents,

With the warm weather at the end of April, your children have been able to go outside almost every day. Spring seems to be here. Your children have been very much enjoying exploring the playground/outdoor class room and all the activities it has to offer.

You may have noticed a new assistant teacher in Waabooz. We now officially welcome Miss Lulu to the class room for the rest of the year! Your children have taken to her and we are happy she is with us.

All of your children seem to enjoy all that we do; especially reading books, singing and playing with their friends. We look forward to another great month!

Miss Maggie, Mr. Fred and Miss Lulu
Boozhoo Amik Families!

We have been going outside a lot to enjoy our nice spring weather that is finally upon us, with the snow melting in the playground it does get muddy outside. And the kids enjoy jumping and playing in the mud/sand and puddles that are outside. Please send your child to school with at least two extra sets of clothes as well as a pair of boots.

This month we will be doing many spring related projects, both indoors and outdoors. We will be planting our own flowers, talking about bugs, going on walks to explore nature, and we will also be learning about transportation. On our walk we have already went and visited the bus and we all loved it!

Thank you for bringing your children to school, we enjoy seeing their smiling faces every day! :)

**Ojibwe Words:**

**Spring– Zilgwan**

**Flower– Waabigwan**

**Seed– Miinikaan**

**Car– Odaabaan**

Miigwech

Ms. Tiff & Ms. Lacie

715-779-5030 x 2525
Boozhoo! This month we will be investigating bugs, insects, the hungry caterpillar, and even making our own orange juice! We will also be learning about healthy foods and how they benefit our bodies. The children will even be growing, and taking care of their own veggie plants. :)

We will be going outside on a daily basis, (weather permitting) we love to play in mud, puddles and sand. Please be sure to send extra cloths, socks, boots or shoes please. :)

Miigwech, Ms, Kelsey & Ms Teresa
ESIBAN NEWS

WAABIGWANII-GIIZIS (FLOWER MOON)

For the month of May we will be studying Bugs. We will be working on planting seeds of flowers and vegetables as well.

We are all still working on the phrase “HELP please” and “STOP (baakaa).” We are all working on using our pointer finger and thumb to put the velcro on our own shoes.

NO SCHOOL Mon 5/14 Fri 5/25 and Mon 5/25

SCHOOL WILL BE HELD MON-FRI 7:45-3:00

OUR CLASSROOM NUMBER IS
779-5030 ext 2541
IT IS YOUR JOB AS GUARDIANS TO PLEASE CALL THE ECC BY 9:00 A.M.
EVERY TIME YOU ARE LATE OR NOT ON TIME.

MIGWETCH GUARDIANS THANK YOU FOR ALL YOUR COOPERATION TO MAKE THIS SCHOOL YEAR A SUCCESS.
MA’IINGAN NEWS

WHAT’S HAPPENING IN MA’IINGAN ROOM?

We are learning so much everyday! This month we will be learning about pets, how many different kinds of pets, and how we care for pets. We will continue learning how to share, self-help skills, numbers, counting, shape recognition, writing, name recognition, letter of the day, and much more!!!

We have warm weather, but it’s still chilly in the mornings so please don’t forget to send your child/children with warm clothing mud boots and changes of clothes we get dirty at times when playing.

WE REALLY APPRECIATE IT, MIIGWECH!! We are looking forward to this nice warm weather, and go outside daily. HAPPY SPRING!!

ZIIGWAN OMAA!! SPRING TIME IS HERE!! We welcome any parents or caregivers to come visit our classroom and be part of our day, and look forward to the rest of the year!!! WOLF PACK ROCKS!!!!

Miigwech,
Ms. Julie and Ms. Alicia
MAY
OUR FLOWERS BLOSSOM

Mashkodebizhiki Classroom Newsletter

Waabigwanii-Giizis (Flower Moon)

April sure has had some crazy out of this world weather for Winter/Spring Time. Please be sure to send your kids to school with their outside gear; rain/mud boots, hats if necessary and jackets. Also send in extra clothing because we plan to get messy.

Remember: Play gives children a chance to practice what they are learning- Mr. Rodgers

This Month's Highlights

Spring/Summer Time!!!

We have finally arrived to Spring Time, but just around the corner is Summer Time.

This month we will be having a fun filled Water Week. We ask that you please be sure to send your child in that week with their swimsuit/trunks, sun block, sunglasses, towel and extra dry clothes.

Once the weather really warms up we plan to take our learning outside.

- 2nd STEP Learning: Managing Waiting, Fair Ways To Play, Having Fun With Friends and Inviting Friends To Play.

May 13th- Mother’s Day
May 14th- Indian Day ECC/TRIBE CLOSED
May 21st-24th- ECC WATER WEEK
May 25th- Family Fishing Day/NO SCHOOL
May 28th- Memorial Day/ECC/TRIBE CLOSED
Migizi News

Has Spring finally sprung? The children think so and they are enjoying not having to wear so many clothes when they go outside. Although now we have MUD so remember they WILL get dirty!!! If possible a pair of water boots would be great for your child.

This month we have eggs in the incubator hatching. They should hatch around May 2nd. We are very excited and are checking each day what the changes are going on inside the egg.

Some other things going on in the room is learning about recycle, reuse and reduce. In our classroom the children are learning how important it is to keep the earth clean but also how to keep them safe. They should always get a grown up to help them with picking up garbage. We emphasize the dangers that can happen by picking up unsafe garbage.

Next month we will be working on buildings, letters, numbers, safe and unsafe touches and watching the new chicks!

Ms. Diann, Ms. Linda, Ms. Kathy
Zaagibagaa Giizis

Agongos
Home Base News

“Nga-zhichige Nibi-Onjii”
(I will do it for the water)

This month we have the ECC water week from 21st-25th, and on the 25th there will be a Family Fishing Day/Home Base Social at the RC Fish Hatchery, so we hope that everyone is able to make it!

We are also having Home Base socials on May 2nd and May 4th, at the Red Cliff Health Center!

As always, we are thankful for each of our families letting us into their homes and being a part of their child’s learning.

Miigwech!

Aaniin ezhiwebak!
What’s Happening

Home Base Social: May 2nd, 10am-Noon
Home Base Social: May 4th, 10am-Noon
Indian Day ECC/Tribe CLOSED: May 14th
Home Base Social/Fam. Fishing Day: May 25th
NO School Day: May 25th
Memorial Day ECC/Tribe CLOSED: May 28th

“Apame ji-mikwendamang gaa piimiinigooyang Anishinaabe bimaandii – jiwin!”
“Always remember our teachings”

May Ojibwemowin
Waabigwan: Flower
Memengwaa: Butterfly
Nimaamaa: My mother
Bineshi: Bird

Miigwech!

- Haley ext. 236
- Patrice ext. 237
April Monthly Attendance 2018

Head Start: Jonathan Claremboux Jr.
Early Head Start: Marvin Pratt Shelley-Charette

Head Start
27 out of 50 Students with Great Attendance
Maiingan-7
Mashkodezhik-10
Migizi-10

Early Head Start
20 out of 32 Students with Great Attendance
Waabooz-4
Amik-5
Makwa-8
Esiban-3

Keep up the Great work parents-attendance does matter.
CELEBRATE TEACHERS

NATIONAL TEACHER APPRECIATION WEEK
MAY 7-11

National Teacher Day is May 8
www.nea.org/TeacherDay
#ThankATeacher
Red Cliff Education & Career Fair @ Legendary Waters
Friday May 11th 2018 10:00am-3:00pm

Featuring Local Vendors
Connect with Employers, Schools and more

For Information Contact 715-779-5030
Jenny Defoe ext. 2533
Cindy Garrity ext. 2551
Tony Gilane ext 2552

Open to Everyone

Special thanks to the following sponsors: Red Cliff ECC, Legendary Waters Resort & Casino, Red Cliff Band, Red Cliff Native Connections
Family Fishing Day

May 25th 2018
10-1

Sponsored by the Red Cliff ECC and the RC Fisheries

Place: Red Cliff Fish Hatchery
36420 HWY 13

If you have any questions Call
715-779-5030
Cindy, Jenny and Tony
Ojibwemowin Phrases for Spring time stuff

Noojimo'iwewin       healing
Ozhibii'ige          he/she writes it down
Zaagiibagaa          it buds, leaves start coming out
Mikwam               ice
Ningaabaawe'aw mikwam the ice is melting
Baakibii'an          ice clears off lake
Dibishkoo            just like-equal
Oshkagoojin’dibiki-giizis There is a new moon

From John Helms: Miigwech gidigoom to all the
parents for using their red and green stop signs while out on the
bus route. It helps in keeping the bus on schedule during the
morning bus run. Reminder: to always please walk your child all
the way to the bus door at drop-off and pick-up an ECC
requirement.
When baby can’t stop crying... what can you do?

Babies cry. It is how they tell you they need something. A crying baby may:
- Be hungry or gassy.
- Have a wet or soiled diaper.
- Be sick or in pain.
- Be frustrated or bored.

Here are some ideas you can try. Be sure to add your own ideas and the phone numbers of people you know can help you.

To soothe the baby, I can...
- Check if he is sick or in pain.
- Feed her slowly and burp her often.
- Change his diaper.
- Take her for a walk.
- Wrap him in a blanket.
- Play soothing music.
- Run the vacuum.
- Gently massage her tummy or back.
- Snuggle him against my chest.
- Gently rock her.
- Sing, read, or talk softly.
- Put him in a baby swing.
- Carry her in a carrier or sling.
- Give him a warm bath.
- Encourage her to suck.
- Reduce noise, light, and movement.

NEVER shake a baby for any reason.

Sometimes babies just need to cry.

I can call anytime during the day...

To calm myself, I can...
- Gently put baby where he will be safe, like his crib, and leave the room for 10 minutes.
- Listen to music.
- Call a friend or relative.
- Take a shower or bath.
- Exercise
- Do housework—shake a rug.
- Read.
- Write down the 5 best things about myself.
- Write down the 5 best things about baby.
- Close my eyes and take deep breaths.
- Count to 100.
- Ask a friend to come and help.
- Talk to someone about my feelings.
- Concentrate on something like a crossword puzzle.
- Use positive self-talk such as “I can calm myself” and “the baby knows I am trying.”

Other ideas to soothe baby...

In an emergency, I can call...

Other ideas to calm myself...

Remember, it’s more important to stay CALM than stop the crying.

It’s okay to ask for help.

Babies cry. Have a plan.

Provided by
Wisconsin Children’s Trust Fund
110 East Main Street, Suite 614
Madison, WI 53703
608-266-6871 • http://wctf.state.wi.us

Parents: Please show this to everyone who cares for your baby.
Get your license to care—the special Celebrate Children license plate—at http://wctf.state.wi.us.

Adapted with permission from the Alberta, Canada, Shaken Baby Syndrome Prevention Network.

FFS-4116 January 2007
Children’s Book Week
May 1-7, 2018

Children’s Book Week is the annual celebration of children’s books and reading. Established in 1919, it is the longest-running national literacy initiative in the country. The program is administered by Every Child a Reader and the Children’s Book Council (CBC) is the anchor sponsor.

In 2014, Official Events — which give kids the opportunity to connect with their favorite authors and illustrators in person — were hosted in all 50 states for the first time in the initiative’s history.

Learn more about Children’s Book Week at everychildareader.net/cbw/intro. Visit the official Children’s Book Week Store for posters, t-shirts, and more!
Drum Group

The rhythm of the Powwow is defined by the drum group, which is sometimes described as the very heart of the Powwow. The hide-covered drum is usually two to three feet in diameter—large enough for five to ten people to sit around in a circle striking the drum with covered mallets. Each group has a lead singer, but all members sing. An offering of tobacco is often placed on the drum before the group begins. The drum group must be able to play all the songs needed for the Powwow. There are both male and female drum groups.

Host Drum

Other drum groups perform during the Powwow, but the Host Drum is the drum group responsible for all the special songs. Many times, an intertribal Powwow will have two Host Drums—a Northern Drum and a Southern Drum. The two Host Drums take turns performing the important songs of the Powwow. The Northern style is high pitched, while the Southern style is sung in a lower, fuller voice. The Host Drum starts the Powwow with a starting song that is followed by the Grand Entry song, a flag song, and a veterans' or victory song. Near the end of a Powwow, the Host Drum plays a flag song, a retreat song, and finally a closing song to end the Powwow.
Recall

Courtesy of CPSC

Recall Date: April 19, 2018

Danger

None reported

Description

This recall involves Base Brancs children’s Reduce Hydro Pro Furry Friends water bottles. The stainless steel insulated, 14 ounce water bottles were sold in a pack of two bottles: a pink bottle with a character of a bear face and a gray bottle with the character of a lamb head. The recalled water bottles have a removable lid gasket and a rubber carry strap. Reduce, www.reduceeveryday.com, and 14oz/0.41L are printed on the blue or pink underside of the bottle.

Sold At

Costco Wholesale stores nationwide and online at www.amazon.com from January 2018 through February 2018 for about $13.
May is Ultraviolet Awareness Month

Sunscreen is designed to protect your skin from the harsh rays the sun gives off. But what about protecting your eyes from the sun?

The sun gives off harmful UV-A and UV-B rays and blue light, which over time affects the health of your eyes. You are exposed to these rays even when the sun isn’t shining—making it extremely important to be mindful of your eyes when outside.

Did you know?

Prolonged, unprotected exposure to sunlight can cause cataracts and age-related macular degeneration as people age.

Unprotected exposure to sunlight can cause corneal sunburns (photokeratitis). This condition can be very painful and can cause temporary vision loss.

People who work outside or are on the open water for extended periods of time are at in increased risk of getting pterygium. Pterygium is a non-cancerous growth that forms on the white part of the eye and eventually grows onto the cornea. Over time this can block vision and cause discomfort.

Protect Your Eyes from the Sun:

Wear sunglasses that are both UV-A and UV-B protected, even if the sun isn’t brightly shining.

Wear sunglasses with wrap-grounds, covering the entire eye.

Wear a large brimmed hat when outside. This helps reduce glares from the sun.

From: Prevent Blindness Wisconsin. 2018
Did you know May is Mental Health Awareness Month?
Here are some things we can do!

1. Learn the Signs
   Take a few minutes to learn the warning signs of suicide.

2. Join the Movement
   Use your status updates and tweets to help SAVE lives.

3. Spread the Word
   Make a commitment to tell five people about Mental Health Awareness month (May).

4. Support a Friend
   If you know someone who is struggling, learn how to help.

5. Reach Out
   If you are concerned about your thoughts or feelings, talk to a friend or family member. For help now, call 800-273-TALK (8255)

For more information on how you can prevent suicide, please call:

Lorna at (715) 779-3741 x 2402 or Mark at (715) 779-3741 x 2409.
Disciplining children

Young children are normally impulsive with their feelings of frustration, and anger often exceeds their ability to control themselves. It is normal for children to test a rule by breaking it.

When you respond in a supportive, consistent way, you are helping your child feel safe in the world. Many approaches to setting limits can work as long as they are intended to help and teach children rather than punish them.

Disciplining your children inevitably will cause moments of disconnection where they feel upset by your disapproval. It is important for caregivers to repair the ruptured connection for a child to continue feeling loved and supported.

Keys to successful disciplining

- Communicate to your child what needs to be done at that moment.
  "I know you’re having fun at the park, but it’s time to get ready to go now."

- Redirect your child’s attention or activity by using neutral or positive language.
  "It’s not okay to draw on the wall, but here is some paper you can use."

- Say “No” while maintaining love.
  "I love you, but I don’t like what you’re doing."

- Give the reason for your rule.
  "Don’t run with scissors, you might fall and hurt yourself."

- Give limited tasks and be specific in your request.
  "Please pick up your stuffed animals." instead of "Please clean up your room."

- Acknowledge children’s feelings, but set limits.
  "I know you’re angry, but no biting."

- Help children see how their actions affect others.
  "Your sister is upset because you pinched her. How would you feel if she hurt you?"

- Help children see how they can use their words to communicate their feelings.
  "Tell your brother you don’t like it when he hits you."

- Acknowledge positive behavior.
  "You did a good job picking up your stuffed animals. Thank you."

Source: The “First Years Last Forever” pamphlet, sponsored by the Reiner Foundation, AT&T Families and Work Institute, Ad Council.

This information was provided by the National Center on Shaken Baby Syndrome, Ogden UT. (www.dontshake.com)

The Children’s Trust Fund’s Positive Parenting: Tips on Discipline booklet contains other suggestions to lead, guide, and teach children. The booklet is available online at http://wcfs.state.wi.us or call 1-866-640-3936.

Provided by Wisconsin Children’s Trust Fund • 110 East Main Street, Suite 614 • Madison, WI 53703 • 608-266-6871

Get your license to care—the special Celebrate Children license plate—at http://wcfs.state.wi.us.
10 things your child care provider should expect from you, the parent

While expectations will differ somewhat, depending on if your child is cared for in your home, in the home of a family day care provider, or in a child care center, your provider or providers should be able to expect certain things from you.

1. Open communication. Explain clearly and carefully your wishes and expectations about how your child will be cared for. Also provide updates on problems and progress that your child is making. Give the provider information about your child’s routine, activities, and preferences. Good communication helps parents and providers work together in the best interest of children.

2. Agreement on terms or arrangements. You should fully understand the expectations of the provider and what you as a parent are agreeing to. A written agreement between the provider and parents is usually helpful for both parties.

3. Honesty and trust. This includes being honest about how you believe the arrangement is working, if your child is happy with the provider, and if you are. Although you need to be vigilant to safeguard your child, you should still trust your child care provider to do the best for your child. Show your trust by asking questions rather than jumping to conclusions when apparent problems develop.

4. Advance notice of and agreement to any changes. Providers have to earn a living, too. They deserve advance notice if you are going to stop using their services, take a vacation during which they will receive no pay, or change the hours or care. If, for example, you want the provider to start feeding your child breakfast, this change should be made in the rate of pay. And, if you expect a month or 6 weeks’ notice in case the provider can no longer care for your child, you owe the provider similar notice.

5. Pick up on time and follow through on all agreements. Providers have personal lives, too, and they should be able to expect that you will pick up your child at the agreed upon time. If it takes you 15 minutes a night longer to get home than you expected or if you?nd it more convenient to stop at the grocery store before picking up your child which makes you 30 minutes late three times a week, you need to work out a new agreement with the provider or ?nd a way to abide by the original one. If you agree to provide diapers, formula, or other supplies, you should bring them before they are needed.

6. Not to send sick, hungry or overly tired kids. Agree with your child care provider in advance about when you can and cannot bring a sick child. Never bring a child whom you know is not feeling well enough to be away from home and family. Likewise you shouldn’t expect your child care provider to cope with a child who has not had breakfast or who went to bed 4 hours late last night.

7. Payment on time and no “rubber” checks. Child care providers have to pay the rent and buy food, too, so make arrangements to see that they get their pay on time.

8. Respect. Realize that taking care of children is a job and the child care provider is a worker, often a working parent, just as you are. Recognize also that this is not an easy job. A child care provider is not “just a baby sitter”. She is one of the most important people in your child’s life and in yours, too.

9. No jealousy. Try not to be jealous your child’s attachment to child care providers. Children who spend hours every day with a baby sitter or day care worker come to love that person. That love, though, doesn’t diminish the love the child feels for you. Don’t feel that you have to compete with your child care provider for your child’s affection.

10. No surprises. Your baby sitter shouldn’t learn on Friday that you have decided to take next week off from work so you won’t need her or pay her, either. Your family day care provider shouldn’t learn that you now expect her to pick up your kindergartner after school because the car pool you have been using has dissolved. Child care providers don’t like surprises any better than parents do.

- Source unknown

Provided by Wisconsin Children’s Trust Fund • 110 East Main Street, Suite 614 • Madison, WI 53703 • 608-266-6871
For a free Positive Parenting Kit and other positive parenting materials, visit http://wctf.state.wi.us.
Self-calming strategies key

(For use with the Self-Calming Brainstorm Activity.)

During the activity, you will ask participants to brainstorm some self-calming strategies. Use the following list as a reference to help you facilitate the activity.

Put the baby in a safe place like the crib, leave the room, close the door, and take a break.

- Imagine you are somewhere relaxing and pleasant like a warm beach.
- Read.
- Listen to music.
- Take a shower or bath.
- Take a deep breath and slowly count to 10. Don't think about the problem — just concentrate on your breathing, count, and calm down.
- Close eyes and take deep breaths.
- Write down the 5 best things about yourself.
- Write down the 5 best things about the baby.
- Write down your feelings.
- Count to 100.
- Ask a friend or relative to come and help.
- Talk to someone about your feelings.
- Concentrate on something like a crossword puzzle.
- Use positive self-talk (for example, "I can calm myself" and "the baby knows I am trying").
- Ask a friend, relative, or caregiver to look after the baby so you can leave for a break.
- Join a parenting group for emotional support and to build parenting skills.
- Do something that makes you laugh or smile.
- Yell in a room away from others.
- Yell in your head silently.
- Yell into a pillow.
- Beat on pillows, cushions, or mattress.
- Hit a punching bag or weight bag.
- Scream with a towel in your mouth.
- Rip a telephone book or newspaper.
- Exercise.
- Do housework, shake a rug.

Remember, it's more important to stay calm than stop the crying.
Staying hydrated

Don't wait until you're thirsty to start drinking water. At that point dehydration has already started.

One sign of proper hydration is the color of urine. It should be clear or a pale yellow.

Alcohol should be limited.

Minimize the number of beverages with caffeine. Because of its diuretic effect, caffeinated beverages can cause the kidneys to excrete more water.

**CHOOSE HYDRATING FOODS**

Water and other beverages, fruits, and vegetables are great options to help keep your body hydrated.

<table>
<thead>
<tr>
<th>100% WATER</th>
<th>WATER</th>
</tr>
</thead>
<tbody>
<tr>
<td>90-99% water</td>
<td>Fat-free (skim) milk</td>
</tr>
<tr>
<td></td>
<td>Soup</td>
</tr>
<tr>
<td></td>
<td>Strawberries</td>
</tr>
<tr>
<td></td>
<td>Watermelon</td>
</tr>
<tr>
<td></td>
<td>Lettuce</td>
</tr>
<tr>
<td></td>
<td>Cabbage</td>
</tr>
<tr>
<td></td>
<td>Celery</td>
</tr>
<tr>
<td></td>
<td>Spinach</td>
</tr>
<tr>
<td></td>
<td>Broccoli</td>
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<tr>
<td>80-89% water</td>
<td>Fruit juice</td>
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<tr>
<td></td>
<td>Yogurt</td>
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<td>Apples</td>
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<tr>
<td></td>
<td>Oranges</td>
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<td></td>
<td>Carrots</td>
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<td>70-79% water</td>
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<td>Corn</td>
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<td></td>
<td>Avocados</td>
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<tr>
<td></td>
<td>Legumes</td>
</tr>
<tr>
<td></td>
<td>Salmon</td>
</tr>
<tr>
<td></td>
<td>Ice cream</td>
</tr>
<tr>
<td></td>
<td>Chicken breast</td>
</tr>
</tbody>
</table>
**KEEPING HYDRATED FOR ADULTS**

Why is water important?

Dehydration is the loss of water from the body. As you age, you are more at risk for dehydration.

- Your body's ability to conserve water is reduced
- Your thirst sense becomes less acute
- You are less able to respond to changes in temperature

Water makes up 60% of your body weight and plays a vital role in the functioning of your body. Every system in your body depends on water:

- Regulates body temperature
- Moistens tissues
- Lubricates joints
- Helps flush out waste
- Carries nutrients to cells
- Protects organs

1. Get in the habit of hydration
   - Drink water when you wake up, at each meal, and between meals.

2. Carry a water bottle
   - Carry a water bottle with you when you're on the go.

3. Choose hydrating snacks
   - Try watermelon, cucumbers, citrus fruits, applesauce, or yogurt.
   - These foods can help keep you hydrated.

WATER TIPS
fill up with FIBER

What Is Fiber?
Dietary fiber is the part of plant foods that the body can’t digest or absorb. It’s found naturally in plant-based foods including whole grains, fruits, vegetables, and beans and legumes. Fiber isn’t broken down—it passes through your body relatively intact. There are two different types of fiber, each with its own benefits:

Soluble
(dissolves in water)
- Lowers blood cholesterol
- Lowers blood sugar
  Sources include:
  - Oatmeal
  - Peas
  - Beans
  - Apples

Insoluble
(doesn’t dissolve in water)
- Promotes movement of food through the digestive system
- Increases stool bulk
  Sources include:
  - Whole-wheat flour
  - Nuts
  - Wheat bran
  - Vegetables

Why Do We Need Fiber?
Diets rich in fiber are associated with many health benefits.

What does fiber do?
- Helps us stay at a healthy weight. Fiber helps keep you feeling fuller longer, which helps prevent overeating and hunger between meals.
- Lowers cholesterol levels. Soluble fiber in oatmeal, beans, and flaxseed can help lower LDL ("bad") cholesterol levels.
- Helps control blood sugar levels. Fiber slows down the digestion of food and keeps blood sugar from rising too quickly.
- Aids in digestion. Fiber adds bulk to your stools, keeps waste moving through your intestines, and prevents constipation.

How Much Fiber Do I Need?
Fiber is an important part of a balanced diet, yet 95% of Americans do not meet dietary fiber intake recommendations. The average target is about 23-35 grams of fiber per day, but varies depending on your age.

<table>
<thead>
<tr>
<th>Age</th>
<th>Fiber</th>
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</thead>
<tbody>
<tr>
<td>Toddlers (1-3)</td>
<td>19 g</td>
</tr>
<tr>
<td>Kids (4-8)</td>
<td>25 g</td>
</tr>
<tr>
<td>Girls (9-18)</td>
<td>26 g</td>
</tr>
<tr>
<td>Boys (9-13)</td>
<td>31 g</td>
</tr>
<tr>
<td>(14-18)</td>
<td>38 g</td>
</tr>
<tr>
<td>Women (50 and under)</td>
<td>25 g</td>
</tr>
<tr>
<td>(51+)</td>
<td>21 g</td>
</tr>
<tr>
<td>Men (50 and under)</td>
<td>38 g</td>
</tr>
<tr>
<td>(51+)</td>
<td>30 g</td>
</tr>
</tbody>
</table>

MAY - 2018
How much Fiber?

Getting enough fiber each day isn’t difficult if you eat a variety of fruits, vegetables, and whole grains. Use these foods and portion sizes as a guide.

- Almonds: 1 ounce = 3.3 g
- Pear: 1 large pear with skin = 7 g
- Whole-Wheat English Muffin: 1 whole muffin = 4.4 g
- Edamame: 1/2 cup = 3.8 g
- Air-Popped Popcorn: 3 cups = 3.6 g
- Baked Potato: 1 medium baked potato with skin = 4 g
- Raspberries: 1 cup = 8 g
- Black Beans: 1/2 cup = 7.5 g

- Choose a breakfast cereal with 5+ grams of fiber per serving and top it with strawberries, raspberries, or blueberries.
- Enjoy fruits and vegetables throughout the day—aim for at least 5 servings.
- Eat more beans, peas, and lentils. Add them to soups, salads, or casseroles.
- Enjoy a handful of dried fruit, some nuts, or air-popped popcorn as a snack.
- Substitute whole-wheat flour for half of the white flour your recipe calls for when you’re baking.

Eat More Fiber

Try some of these easy and tasty ways to increase the amount of fiber you eat. If you don’t eat much fiber now, make gradual changes to the amount of fiber that you eat. Increasing the amount of fiber too quickly can cause gas, bloating, and abdominal cramps.

- Choose whole fruit instead of drinking juice. You’ll get more fiber and consume fewer calories.
- Switch to brown rice or whole-grain pasta instead of white rice or pasta.
- Eat the peel! Taking the peels off fruits and vegetables reduces the amount of fiber.
- Enjoy whole-grain breads. Look for the terms whole wheat, whole-wheat flour, or whole-grain as the first ingredients on the label and for at least 2 grams of fiber per slice.
2018 Annual Red Cliff Spring Home Fair
Thursday, May 24 – 3:00-6:30 p.m.
Legendary Waters Resort & Casino

Everything you wanted to know about home ownership; purchasing, maintaining and having a healthy home!

✓ Housing Development & Options in Red Cliff
✓ Calculating how much house you can afford (affordability)
✓ Site Development (land leases – water/sewer)
✓ Healthy Homes & Energy Efficiency
✓ Protecting your Investment – Insurance, Maintenance, Home Repair

VENDORS
Bay Bank
Chippewa Valley Bank
USDA
CDFI – WI Native Loan Fund
Woodland Bank
Indian Health Service
Red Cliff Tribal Depts.
Realtors/Insurance Agents

And many more!

Vendor tables available!

To sign up, vendor must provide the following:
• Registration form
• Table information pertinent to homes
• Donate a door/raffle prize that matches the event theme

Contact: Cheryl Cloud
ccl oud@redcliffhousing.org

Sponsored by Red Cliff Chippewa Housing Authority
37845 New Housing Road
Bayfield, WI 54814
715-779-3744 (phone)
715-779-5844 (fax)
You Are Invited to the Annual
Mino Bimaadiziiwin Planting Celebration
Saturday, May 19, 2018 9:00 — 2:00

Come participate in:
Garden Blessing @ 9:00
Planting Spring Crops
Children’s Activities
Free Seeds
Planting Fruit Trees
Fish Fry and Potluck to Follow

All Are Welcome! — 36755 Alben Road, Red Cliff WI
Questions? Call Mino Bimaadiziiwin Farm at 715-779-3782
Attention Red Cliff Families:
Are you interested in weekly local grown produce at a low cost?

You may be eligible for Mino Bimaadiziwin’s weekly CSA Produce Share! The share runs July-October and is available to low income families with at least one tribally enrolled parent. Deadline to sign up is June 10th. For more info & to sign up contact:

nathanael.secor@redcliff-nsn.gov or 779-3782
VA and Red Cliff Band of Lake Superior Chippewa, Red Cliff Community Health Center Host Presumptive Conditions Event
“Your Service. Our Mission: Bringing Benefits Home” Campaign


Date & Time: Thursday, June 14, 2018 – 9 am to 4 pm

Location: Red Cliff Community Health Center
36745 Aiken Rd
Bayfield, WI 54814

Background:

On Thursday, June 14, 2018, VA and the Red Cliff Band of Lake Superior Chippewa’s Red Cliff Community Health Center will host a Presumptive Conditions Campaign Event focused on identifying and assisting Veterans across Northern Wisconsin’s Tribes who may have presumptive disabilities and are eligible for a VA pension claim. A presumptive disability is a condition that VA presumes are related to military service, although the condition may first appear after discharge from the military. These conditions may qualify for VA compensation payments.

Throughout 2018, VA is launching a nationwide campaign to roll out veteran disability enrollment claim events collaboratively with 20 tribal communities. The campaign, titled “Your Service. Our Mission: Bringing Benefits Home” kicks off March 21 in Navajo Nation and tribal communities in eleven states have already confirmed their participation.

VA realizes that reaching these veterans could have a direct, tangible impact on the lives of thousands of previously unreached veterans and their spouses. This will help VA enhance and improve the experience for all Veterans and their families.

"With the focus on veterans with presumptive disabilities and those who are pension eligible, VA is hopeful we can help Indian Country veterans access the full range of benefits they have courageously earned through their service," said Stephanie Birdwell, director, VA's Office of Tribal Government Relations.

In addition, spouses may be eligible for Dependency and Indemnity Compensation (DIC) when a veteran dies as a result of these presumptive disabilities.

During the event, health information and other benefits will be available provided by the Red Cliffs, Bayfield County’s, Great Lakes Inter-Tribal Council’s and Neighboring Community Outreach Services. VA will also have staff on hand to review claims on the spot, with the goal of completing the claim same day.

THE CLINIC IS FREE AND LUNCH WILL BE PROVIDED.

Contact: Ashley Poch, Red Cliff Band of Lake Superior, Tribal Veteran Service Officer (TVSO) at 715-779-3700, ashley.poch@redcliff-nsn.gov; Barb Gordon, Red Cliff Community Health Center, Medical Benefits Specialist (MBS) at 715-779-3707 ext 2238, bgordon@redcliffhealth.org; or Jessica Jacobsen, Dallas Office of Public Affairs (OPA) at 214-649-8380 jessica.jacobsen@va.gov for more information.
VA Presumptive Conditions Campaign Launches in Indian Country
20 Tribal Communities to Host Events

March 5, 2018 — Throughout 2018, VA is launching a nationwide campaign to roll out veteran disability enrollment claim events collaboratively with 20 tribal communities. The campaign, titled “Your Service. Our Mission: Bringing Benefits Home” kicks off March 21 in Navajo Nation and tribal communities in eleven states have already confirmed their participation.

“This nationwide outreach campaign will focus on identifying and assisting Veterans across Indian Country to come and fill out disability and pension claims,” said Thayer Verschoor, executive director, VA’s intergovernmental affairs.

VA realizes that reaching these veterans could have a direct, tangible impact on the lives of thousands of previously unreached veterans and their spouses.

“We appreciate the participation of our 20 tribal communities who have shown interest,” said Stephanie Birdwell, director, VA’s Office of Tribal Government Relations. “This helps VA enhance and improve the experience for all Veterans and their families.”

“VA’s Benefits Assistance Service is working hand and hand with tribal government leaders to roll out these claims events,” said Mike Frueh, chief of staff, VA’s Veterans Benefits Administration. “With the focus on veterans and their widows with presumptive disabilities and those who are pension eligible, VA is hopeful we can help Indian Country veterans access the full range of benefits they have courageously earned through their service.”

Late last year, letters were mailed to over 500 tribal communities nationwide. “While we have confirmed interest from 20 communities thus far, we are hopeful as word spreads and tribal communities see the benefit from these events, requests to schedule more will occur,” said Birdwell.

A full list of the 20 tribal communities currently scheduled for claim clinics in 2018 are listed here: Copper River Native Association (Alaska); Native Village of White Mountain (Alaska); Tule River Tribe (Calif.); Walker River Paiute Tribe (Nevada); Siletz Tribe (Oregon); Nooksack Indian Tribe (Washington); Bay Mills Indian Community (Michigan); White Earth Nation (Minnesota); Red Cliff Band of Lake Superior Chippewa Indians (Wisconsin); Osage Nation (Okla.); Seminole Nation of Oklahoma (Okla.); Eastern Shawnee Tribe (Okla.); Choctaw Nation of Oklahoma (Okla.); Kewa Pueblo (N.M.); Pasqui Yaqui Tribe (Ariz.); Tohono O’odham Nation (Ariz.); San Carlos Apache (Ariz.); Navajo Nation (Ariz.); Pueblo of Pojoaque (N.M.); and Taos Pueblo (N.M.).
“Many tribal Veterans and families may not realize VA presumes that certain medical conditions are related to military service, although these conditions may first appear after discharge,” said Frueh. “In addition, spouses may be eligible for certain benefits when a veteran dies as a result of what VA calls presumptive disabilities.”

VA will have staff on hand to review claims on the spot, with the goal of completing the claim same day.

To learn more about VA tribal government programs and services visit https://www.va.gov/TRIBALGOVERNMENT/locations.asp.

###
YOUR SERVICE.
OUR MISSION.

Bringing VA Benefits Home
What is a Bringing VA Benefits Home Event?

The Bringing VA Benefits Home Event gives Veterans and their families the opportunity to talk with a VA representative about the VA disability claim process and any other VA-related questions. The event allows you to speak directly with a VA representative in person or via TeleBenefits.

**Here’s what you can expect during the event:**

- When you arrive, you will be asked to sign in and complete a form with your information and what VA benefits or services you are seeking.
- A staff member will assign you a waiting number.
- As soon as a VA staff member is available to help you, they will call your number for an interview.
- The staff member can answer your benefits-related questions and assist you with:
  - Filling a claim
  - Adding any evidence you bring with you to your VA claims file
  - Obtaining a Veterans Identification Card
  - Enrolling in eBenefits
  - …and more!
- You’ll be provided a list of next steps and any follow-up actions you may need to complete with VA.

**NOTE**

Keep in mind that wait times may be long depending on how many fellow Veterans and family members are attending the event. We encourage you to bring snacks and medications, if needed.
What's In This Packet?
This packet includes important information and materials that will help you to prepare for the event.

Summary of VA Benefits

Fact Sheets on the following topics:

- Intent to File
- VA Pension
- Decision Ready Claims
- Special Monthly Compensation
- Camp Lejeune: Veteran and Family Health & Disability Benefits
- Individual Unemployability (IU)
- Presumptive Disability Benefits
- Specially Adapted Housing Program
- C-123 Aircraft Agent Orange Exposure Claims
- Assistance for Homeless Veterans
- Disability Benefit Questionnaires (DBQs)
- Native American Direct Home Loan
- Dependency and Indemnity Compensation (DIC)
- Survivors Pension Benefit

DOWNLOAD FACT SHEETS
Fact sheets can also be found at https://benefits.va.gov/BENEFITS/factsheets.asp.
Before You Arrive: Preparing for Your Bringing VA Benefits Home Event

Review the following checklist before the event and gather any important information you'd like to bring with you to help make sure you get the most out of the Bringing VA Benefits Home Event.

Review:

☐ Fact Sheets for the benefits you'd like to claim. Use the fact sheets in this packet for benefits such as Presumptive Conditions, Decision Ready Claims, Fully Developed Claims, Disability Benefits Questionnaires (DBQs), and more, or find more information online at https://benefits.va.gov/BENEFITS/factsheets.asp.

Complete:

Depending on the benefits you're filing for, you may need to complete one or more of the following VA application forms. If you'd like to complete the forms before attending the event, you can find them online at www.va.gov/saforms. Otherwise, a VA staff member will provide them and help you complete them during the event.

☐ VA Form 21-0966, Intent to file
☐ VA Form 21-526EZ, Application for Disability Compensation and Related Compensation Benefits
☐ VA Form 21-686C, Declaration of Status of Dependents
☐ VA Form 21-527EZ, Application for Pension
☐ VA Form 21-8940, Veterans Application for Increased Compensation Based on Unemployability
☐ VA Form 21-4138, Statement in Support of Claim
☐ VA Form 21-534EZ, Application for DIC, Death Pension, and/or Accrued Benefits
☐ VA Form 10-10ez, Application for Health Benefits

Enroll In:

☐ eBenefits at www.ebenefits.va.gov. eBenefits is an online portal that lets you submit an electronic claim, check the status of your claim, access important documents like your DD 214, and more with a Premium eBenefits account. A VA staff member can also help you enroll in eBenefits during the event.

☐ VA Health Care at myhealth.va.gov. My HealtheVet lets you access and manage your VA health records, track test results, refill prescriptions, and more.

Bring with You:

☐ DD Form 214 (if available, not mandatory to have)
☐ Medical evidence to support your claim, including:
  ☐ Disability Benefits Questionnaires (DBQs) completed by your primary care provider (www.benefits.va.gov/compensation/dbq_disabilityexams.asp)
  ☐ VA Form 21-4142, Authorization to Disclose Information to the Department of Veterans Affairs (VA)
  ☐ VA Form 21-2680, Examination for Housebound Status or Permanent Need for Regular Aid and Attendance
  ☐ Any additional medical evidence with a diagnosis
**What’s Next?**

*Here’s what to do after you leave the Bringing Benefits Home Event:*

- If you submitted a claim at the event, check the status of your claim by logging into eBenefits at [www.ebenefits.va.gov](http://www.ebenefits.va.gov).

- If required, send VA any follow-up evidence to support your claim, by either:
  - Uploading the evidence into eBenefits,
  - Fax copies toll free to: 844-531-7818, or
  - Mail copies to:
    
    Department of Veterans Affairs  
    Claims Intake Center  
    PO Box 4444  
    Janesville, WI 53547-4444

- **Contact VA if you have additional questions at 1-800-827-1000.**

*Follow-up Requirements Needed:*

- [ ] Condition/Claim

- [ ] Evidence of Event in Service

- [ ] Evidence of Disability/Continuity

- [ ] Evidence of Nexus

- [ ] Other
Hey Red Cliff! Spring is here!

Save for the Date for Community Spring CleanUp
May 21st—26th, 2018!

More details to come!

Questions: Please contact the Environmental Department @ 715-779-3650!

Our Place, Our Planet, Our Responsibility

Volunteers Needed!
SHARING CIRCLE

Mondays – beginning May 7, 2018
5 P.M. TO 7 P.M.
At Mishomis Wellness Center
37390 N. Bradum Road

Sharing Circle is an opportunity for self-care, to be listened to respectfully, without criticism, or judgement and to speak without interruption, to be heard and supported from other participants in a clean and sober environment.

Sharing circle
Based on Seven Grandfather teachings.

If interested in participating
Contact: Linda Dunbar AODA Services
715 779 3741 Ext. 2403

Open to anyone
Confidentiality a Must

Find support
Opens with Smudging & Prayer
Who Are We?

About Us
The Red Cliff Wolf Pack is a group of recovering addicts and alcoholics that are working hard at making and sustaining a sense of unity to overcome their addictions. As a pack we are stronger and as a pack we support each other and our community.

As the Red Cliff Wolf Pack, we value the rich heritage and culture the creator blessed us with as Anishinaabeg of Northern Wisconsin and welcome anyone from any place in the world, all colors of the medicine wheel.

Maamawi Mashkawiziyaang
“Together We are Strong”

Contact us:
Telephone: 7152925857
Facebook: The Real Wolves of RedCliff
Email: Sonia.buffalo7@gmail.com

Donate:
If you would like to donate, please contact info above. Any donation helps the Wolf Pack succeed in reaching their recovery goals as a team.
support I needed - Charlotte C.

healthy people and find the
was able to connect with other
for my family to be involved. I
after I stopped using. Like even

The Wolf Pack Rocks! We set up

that has come.

after the elders told about a healing time
culture and the work that White Bison created
the web is a live entity that was born
indigenous knowledge about recovery for
our Native Nations carrying the message

The Wolf Pack Movement is an

www.welldemetry.com

Recovery and Wellness

for Native American
Movement "Advocating
White Bison Welldemetry
2nd Annual Spring Garden Blitz

2018 Volunteer Day

Hosted by the Bayfield School District AmeriCorps Farm to School Program

When:
Saturday
May 5th 2018
10am – 4pm

Where:
Bayfield School District High Tunnel,
300 N 4th Street, on top of the hill

Who: Bayfield Farm to School Member, students, families, community members

Why: Come help the school garden spring into our growing season, spend the day in the sun, and maybe pick up some ideas for your own garden!

Feel free to stop by for any portion of the day. Any time you can spare is appreciated!

Bring any saved or unused seeds for a seed exchange throughout the day

Have Questions? Considering a donation of supplies, seeds or soil?
Call Bayfield Farm to School Outreach Coordinator Katherine Sorenson
414.595.4932 or email at ksorenson@bayfield.k12.wi.us
Control Credit
Manage Debt
A Free Financial Workshop

Thursday, April 26
3:30-5:00 pm
Washburn Public
Library
307 Washington
Ave, Washburn
Free & Open to the
Public
Registration Required

Whether you want to get out of debt, boost your credit score, manage your payments, or just understand your credit report, this workshop can help you navigate the world of credit and debt. We’ll cover:

- Credit reports and credit scores
- Options for reducing and managing debt
- Building credit
- Working with creditors

REGISTRATION IS REQUIRED for this Free Program

To register or learn about upcoming programs call:
Bayfield County UW-Extension  •  715-373-6104
or
Ashland County UW-Extension  •  715-682-7017

An EEO/Affirmative Action employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Requests will be kept confidential.
Wolf Camp
June 13th – June 16th 2017
@Raspberry

Limited Over Night Space

Everyone is Welcome!
Ages 9-18
Boys and Girls

Activities
Mushroom ID, Plant ID, Fish ID, Tree ID, Smoking fish tutorial, Setting nets,
Primitive Fire Starting, Wolf Howling, wolf tracking, Salve making, Making
Tea Blends, Shelter Making, canoe/kayak Safety Course, firearm safety,
Archery, Hatchet Throwing, Live Traps with Environmental staff, Crafts/Tree
of life, Beading, Dream Catchers, Moccasin Games, Nature/Animal Games,
Drumming, and S'mores around the camp fire

Spiritual Advisor - Marvin Defoe

For more Information or to sign up contact: Scott Babineau 715-779-3706 C: 209-2906
Gena Mertig 715-779-3706 C: 209-1374
In Collaboration with Treaty Natural Resources, Circles of Care, Early Childhood Center
# May 2018

Zaagibagaa-giizis (Budding Moon)

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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<td>9</td>
<td>10</td>
<td>11</td>
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<tr>
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<td>Closed</td>
<td>Cultural Night</td>
<td>BFI 4-6p</td>
<td>B&amp;G Meal</td>
<td>Boxing 4-530</td>
<td>Movies 2pm</td>
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<td>BFI 4-6p</td>
<td>Arts and crafts</td>
<td>Swimming 4-6p</td>
<td>Volley ball 4-530</td>
<td>Archery 330-430p</td>
<td>7-8th 3on3 12-130p</td>
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<td>Indian Day</td>
<td>BFI 4-6p</td>
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<td>Adult League 6-8p</td>
<td>Indian Day</td>
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<td>Adult League 6-8p</td>
<td>Memorial Day</td>
<td>Memorial Day</td>
<td>Swimming 4-6p</td>
<td>Boxing 4-530</td>
<td>Boxing 4-530</td>
<td>Open Gym 6-8p</td>
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Red Cliff Band of Lake Superior Chippewa Indians

88455 Pike Road
Bayfield, WI 54814
Phone: 715-779-3700 Fax: 715-779-3704
Email: redcliff@redcliff-nsn.gov

JOB DESCRIPTION

POSITION: Early Head Start Home Based Teacher – 1 Position

LOCATION: Red Cliff Early Childhood Center

PROGRAM: Early Head Start

WAGE: $10.00 to $14.00 Entry Level Wage Scale, Plus Benefits

*Entry level wage scale refers to starting wage for new hires only.
Educational background and years of experience will be considered
in wage determination upon hiring.*

THIS IS A REGULAR FULL-TIME NON-EXEMPT POSITION

SUPERVISOR: Early Head Start Director

JOB SUMMARY: Primary responsibility is to provide weekly home-based services to a maximum of 12 Early Head Start families, which includes infants and toddlers 0 – 3 and pregnant women, using a Creative Curriculum home visitor curriculum. Home visits are provided primarily during weekday and daytime hours. Late afternoon home visits may be considered if necessary, with approval from director. Job duties require planning and implementation of home-based option which reflects best practices while incorporating Ojibwe language and culture into curriculum.

DUTIES AND RESPONSIBILITIES:
1. Must satisfactorily complete New Home Base Teacher Training checklist during first 75 days of employment.
2. Conduct minimum of 1½ hour weekly home visits for each Early Head Start home-based family as well as each prenatal mom as stated in Federal Performance Standards, with minimum requirement of 46 home visits per family per program year.
3. Plan and implement home-based activities which are age appropriate and that enhance infant and toddlers' social/emotional, physical, cognitive development and child development, parenting information for pregnant women.
4. All EHS Home Based teachers will collaborate together to provide up to 22 group socializations per year for Early Head Start children and their parents to allow for age-appropriate peer group interaction with parent involvement. This could include play groups, group meetings, parent-child interactions which are held during the day or early evening.
5. Responsible for working with each family to develop a Family Partnership Agreement in accordance with Head Start Federal Performance Standards.

"The Hub of the Chippewa Nation"
6. Must attend two annually Coordinated Service Team meetings scheduled for your 12 families
7. Responsible for recordkeeping on Child Plus, Teaching Strategies’ Gold, and maintenance of weekly Creative Curriculum home-based files, and documenting resource or referral for delivery of other services as needed.
8. Mandatory depression screen training to screen prenatal and postpartum mothers will be provided through a collaborative agreement with the Red Cliff Community Health Center.
9. Mandatory first aid and CPR certification training within six (6) months from date of employment. Program will cover costs.
11. Work with tribal, community, and county service providers in order to provide necessary services to the EHS home based child, their parents and any pregnant women enrolled in the program.
12. Documentation of all home visits and contacts with families as well as other required program information.
13. Develop and maintain a professional relationship with families enrolled in Early Head Start as well as must maintain confidentiality of all child/family information and records.
14. Collaborate with other home based staff, parents, and community resources to incorporate Ojibwe language and culture into home-based activities and curriculum.
15. Reinforce positive self-image, pride, and cultural identity with both the parents and the infants/toddlers during all activities.
16. Must attend and participate in home base staff meetings, all staff meetings and ECC Policy Council meetings if requested as well as participate in job related training as required.
17. Any program equipment, cameras, IPADS, or any other supplies purchased or obtained by the EHS program must remain within the EHS Home Based offices, and cannot be used outside of the Early Childhood Center unless you have prior express permission by the EHS Director to use outside of the center. Violations of this policy can result in disciplinary action.
18. Adhere to all EHS/ECC policies and procedures and ensure that Head Start Federal Performance Standards are being met.
19. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or as deemed necessary by the supervisor.

SUPERVISORY AUTHORITY: None

KNOWLEDGE: Knowledge of Ojibwe language and culture preferred. Knowledge of the uniqueness of the Red Cliff Community preferred.

QUALIFICATIONS:
EDUCATIONAL QUALIFICATIONS
Required:
1. High school diploma, HSED or GED required
2. Can have a minimum of a home-based Child Development Associate (CDA) credential if you do not have equivalent coursework as part of an associate’s or bachelor’s degree

Preferred:
1. Associate Degree in Early Childhood Education or related degree or:
2. Applicants can be considered if currently enrolled in an associates’ degree early childhood program and meets minimum education requirements or
3. Applicant has any early childhood education coursework from previously and is willing to enroll in associates’ degree early childhood within probationary period.

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Highly desirable (but not required):
1. Bachelors’ degree in Early Childhood Education

OTHER QUALIFICATIONS:
1. Minimum of one year prior experience in home visitation services, counseling/guidance, or family service/human service field.
2. Demonstrate competency to plan and implement home-based learning experiences that ensure effective implementation of the home visiting curriculum and promote children’s progress across the standards described in the Head Start Early Learning Outcomes Framework: Ages Birth to Five, including for children with disabilities and dual language learners, as appropriate, and to build respectful, culturally responsive, and trusting relationships with families.
3. Excellent oral and written communication skills and knowledge of local community resources.
4. Cultural sensitivity to Ojibwe culture, Native American beliefs, values, community mores.
5. Must be able to work some nights if needed for ECC Family nights or home based socializations or late afternoon home visits if requested.
6. Must have a valid driver’s license, vehicle and appropriate vehicle coverage and maintain driver’s eligibility as a condition of employment. Be eligible to be put on the tribe’s vehicle insurance policy.

PERSONAL CONTACTS: Students and their family members, ECC staff, Community Members.

SPECIAL REQUIREMENTS: Also required are: five year health exam, initial TB test and annual TB questionnaire, immunizations including Hepatitis B (or sign waiver), mumps vaccine (or waiver or proof of immunization) and required trainings such as confidentiality, CPR, Shaken Baby Syndrome, Sudden Infant Death (SIDS), etc.

PHYSICAL REQUIREMENTS: The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions as long as the staff disability does not create an undue risk of injury to any enrolled children in the home based option.

Must be physically able to work with young children and must be able to regularly lift and/or move up to forty pounds; occasional lifting of fifty pounds is required. Required to stand, walk, climb or balance, stoop, kneel, crouch or crawl when working with small children and parents in the home. Required to use hands to finger, handle or feel objects, keyboards, tools or controls, reach with hands and arms, speak and hear, and ability to operate keyboard (computer).

WORK ENVIRONMENT: Red Cliff Early Childhood Center facility. Student homes for home visits. All Tribal buildings are smoke free.

TRAVEL REQUIREMENTS: The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

BEHAVIOR AND ATTITUDE: The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of

"The Hub of the Chippewa Nation"
successful job performance. Any Behavior or Attitude that tarnishes the Image or Name of the Red Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

Indian preference will be applied in the case of equally qualified applicants, but all applicants will be considered.

This job description is subject to change at employer’s discretion, after consultation with the employee.

APPLICATION SUBMITTAL REQUIREMENTS: The following items are required for this position:

1. Completed tribal application, to include work history and references; available on the Tribal website.
2. Tribal Background Investigation Disclosure; available on the tribal website.
3. Cover letter and resume.
4. Post-secondary transcripts or certifications; if applicable.

POSTING DATE: March 16, 2018
DEADLINE: Open Until Filled

FOR FURTHER INFORMATION CONTACT:
Red Cliff Band of Lake Superior Chippewas
Human Resources Department
88455 Pike Road
Bayfield, WI 54814
www.redcliff-nsn.gov
ashley.poch@redcliff-nsn.gov
diane.cooley@redcliff-nsn.gov

(715) 779-3700, Ext. 4268 or 4267

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement this application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care center employees must complete a one-time fingerprint-based background check on all employees effective December 31, 2015. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

"The Hub of the Chippewa Nation"
The Red Cliff Early Head Start has a Drug Free/Smoke Free environmental policy and follows the intent of the Drug Free Work Place Act.

Tribal preference will be applied in case of equally qualified applicants, but all qualified applicants will be considered.

(45) CFR Part 1302.90 (b)(6) A program must consider current and former program parents for employment vacancies for which such parents apply and are qualified.

EMPLOYEE BENEFITS PACKAGE

THE EMPLOYEE BENEFITS PACKAGE INCLUDES THE FOLLOWING:

1. A Health Insurance Plan which is through the Federal Employee Health Benefits (FEHB). FEHB is offered for both single and family coverage. Employees considered to be full time status will be required to pay 12% of the premium for the plan selected.

2. The Dental package is through Delta Dental. This benefit is offered at no cost to the employees with single or family medical coverage.

3. Short Term Disability is offered to all employees at no cost and pays 60% of weekly pay for a maximum of 90 days if you get sick or injured off the job.

4. Life insurance of $15,000 is included at no cost to all employees. Spouses are covered at $7,500.00 and children are prorated. Employees can purchase additional life insurance from the plan provider at their own cost.

5. Profit Sharing Plan with a 401(k) component is offered to employees after one year of work, with a minimum of 1000 hours. The Tribe puts 3% of employee's wages into the Profit Sharing Plan.

6. The Tribe also offers General Leave to Full time employees. Employees will accrue 16 hours of General Leave per month and can accumulate up to 192 hours per year. After 5 years of employment, General Leave goes up to 20 hours per month with a maximum of 240 hours.

7. The Tribe observes a total of 11 paid holidays.

"The Hub of the Chippewa Nation"
JOE DESCRIPTION

POSITION: ECC Substitute Assistant Teacher/Support Staff

LOCATION: Red Cliff Early Childhood Center

WAGE: $9.00 - $10.00 depending on qualifications

SUPERVISOR: Program Director

THIS IS AN ON-CALL POSITION

JOB SUMMARY: Replacement for ECC teacher or support staff and provide a safe, healthy, friendly, caring and nurturing environment for children ages 0-5.

RESPONSIBILITIES:
1. Must attend confidentiality training and must maintain confidentiality of children/classroom each day.
2. Must follow ECC and Red Cliff Tribal policies and procedures as introduced during orientation.
3. Assist teacher or ECC staff member with daily supervision and interaction with children; supervision during meals/snacks/naps; follow ECC Policies & Procedures for best practices with children; praise and reinforce positive behavior.
4. Assist teachers with facilitation of classroom activities and support children’s self-direction during individual, small and large groups.
5. Reinforce positive self-image and promote positive self-esteem of all children.
7. Assist teacher in encouraging independence and self-help skills such as set-up and clean-up at meals, snacks and play time throughout the day.
8. Eat meals with children and encourage mealtime in a family setting. Food is never used as a punishment or reward.
9. Must maintain safety and health practices and regulations when working in kitchen.
10. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

SUPERVISORY AUTHORITY: None

"The Hub of the Chippewa Nation"
KNOWLEDGE: Knowledge of Ojibwe language and culture highly desirable; cultural sensitivity required.

QUALIFICATIONS:
1. Must be 18 years of age or older.
2. Minimum of high school diploma, HSED or GED required.
3. Complete a minimum of 15 paid shadow hours in the classroom and 8 paid shadow hours in the kitchen prior to actual subbing at ECC.
4. Preference for an associate’s degree in Early Childhood Education/related field but not required.
5. Ability to work cooperatively with staff, parents, community members, and other child support systems in the best interest of children is required.
6. Must pass health examination, obtain required immunizations/vaccines including TB test, Hep B (or waiver); mumps vaccine (or waiver or proof of immunity).
7. Must be physically able to work with young children, including lifting a minimum of 40 pounds; occasional lifting of fifty pounds is required.
8. Must adhere to Early Childhood Center standards of conduct, serving as a positive role model in the community.

PERSONAL CONTACTS:
Collaboration with local, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff community.

PHYSICAL AND SPECIAL REQUIREMENTS: Must be physically able to work with young children, initial health exam, TB test, immunizations including Hepatitis B (or sign waiver), and required trainings such as confidentiality, CPR, etc.

WORK ENVIRONMENT: Primary work environment: classrooms, outdoor play spaces, kitchen. All Tribal Buildings are smoke free.

TRAVEL REQUIREMENTS: The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

BEHAVIOR AND ATTITUDE: The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of

"The Hub of the Chippewa Nation"
successful job performance. Any Behavior or Attitude that tarnishes the Image or Name of the Red Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

APPLICATION SUBMITTAL REQUIREMENTS: The following items are required for this position:
1. Completed Tribal Application, available on the Tribal website.
2. Signed Tribal Background Investigation Disclosure; available on the Tribal website.

This job description is subject to change at employer's discretion, after consultation with the employee.

POSTING DATE: December 6, 2017
DEADLINE: Applications accepted year round

FOR FURTHER INFORMATION CONTACT:

Red Cliff Band of Lake Superior Chippewa
Human Resources Department
88455 Pike Road
Bayfield, WI 54814
www.redcliff-nsn.gov
ashley.poch@redcliff-nsn.gov
(715) 779-3700 ext. 4268

The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work Place Act. All new employees will be tested prior to starting employment.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement the application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

"The Hub of the Chippewa Nation"
All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care (BECR) Memo 2014-03, as of 12-31-16 all licensed child care center employees must complete a one-time fingerprint-based background check on all employees. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.
Red Cliff Band of Lake Superior Chippewa Indians

88455 Pike Road
Bayfield, WI 54814
Phone: 715-779-3700  Fax: 715-779-3704
Email: redcliff@redcliff-nsn.gov

JOB DESCRIPTION

POSITION: Education Director/Library Director

LOCATION: Red Cliff Tribal Administration Building

SALARY: $19.00/hour, Plus Benefits

THIS IS A REGULAR FULL-TIME EXEMPT POSITION

SUPERVISOR(S): Human/Family Services Division Administrator

JOB SUMMARY: Maintain overall responsibility for administration of education related Bureau of Indian Affairs contracts, including but not limited to Higher Education, Johnson O'Malley (JOM) and other educational programs and services. Also, to include general oversight of library operations.

DUTIES AND RESPONSIBILITIES:
1. Develop short and long term goals, objectives, and action plan which align with tribal priorities.
2. Administer education and related contracts, including BIA funded Higher Education, Job Training, Job Placement, Johnson O'Malley, and other educational funding sources.
3. Assist current and potential college/vocational students of all ages with locating possible grants and scholarships. Seek additional educational resources for students and the Education Department.
4. Collaborate with the Red Cliff Early Childhood Center, Bayfield School, and other educational institutions.
5. Serve as an advocate for Red Cliff students attending Bayfield School and other educational institutions.
6. Maintain contact with post-secondary educational institutions and their representatives.
7. Network with other Tribal Education Directors, especially with other Tribes in Wisconsin.
8. Collaborate with Red Cliff Library and provide daily supervision of Red Cliff Library staff and operations. Maintain schedule of staff and current staff available from library substitution list.
9. Prepare and submit quarterly reports to include progress in meeting identified strategic goals, objectives, and activities during the previous quarter. Prepare and submit additional reports such as Government Performance and Results Act (GPRA) as required by funding agencies.
10. Be respectful and responsive to the educational needs of the community.
11. Attend meetings and training sessions as directed.
12. Must have strong computer skills including excel.
13. Must submit to criminal background check and maintain confidentiality.

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14. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or as deemed necessary by the supervisor.

**SUPERVISORY AUTHORITY:** Library staff and additional employee(s) if/when hired in the Education Department.

**KNOWLEDGE:** Knowledge and/or experience with P.L. 93-638 contracts preferred. Knowledge of and sensitivity for Ojibwe culture and traditions.

**QUALIFICATIONS:**
1. Minimum of Bachelor’s Degree in Education, administration or related field; or a minimum of five years’ work experience in education or administration field.
2. Must have demonstrated leadership skills.
3. Must have 2 years of Supervisory experience.
4. Must have excellent oral, written, and interpersonal communication skills.
5. Must be committed to enhancing indigenous education through formal and informal means.
6. Knowledge and/or experience with P.L. 93-638 contracts preferred.
7. Must have a valid driver’s license, vehicle and appropriate vehicle coverage and maintain driver’s eligibility as a condition of employment. Be eligible to be put on the tribe’s vehicle insurance policy.

**PERSONAL CONTACTS:** Red Cliff Tribal programs and service providers, Federal/State agencies, School District of Bayfield personnel to include but not limited to Administration & staff, and Tribal members and their parents.

**PHYSICAL REQUIREMENTS:** There will be some bending, lifting and reaching in overhead storage, but mostly sedentary work. Weights to be carried are usually less than 50 pounds.

**WORK ENVIRONMENT:** Human/Family Services Building. All Tribal Buildings are smoke free.

**TRAVEL REQUIREMENTS:** The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

This job description is subject to change at employer’s discretion, after consultation with the employee.

**APPLICATION SUBMITTAL REQUIREMENTS:** The following items are required for this position:
1. Completed Tribal Application, to include work history and references; available on the tribal website.
2. Tribal Background Investigation Disclosure; available on the tribal website.
3. Cover letter and resume.
4. Post-secondary transcripts or certifications; if applicable.

**POSTING DATE:** April 26, 2018
**DEADLINE:** May 10, 2018 @ 4:00 pm

"The Hub of the Chippewa Nation"
FOR FURTHER INFORMATION:
Red Cliff Tribal Administration Building
Human Resources Department
88455 Pike Road
Bayfield, WI 54814
www.redcliff-nsn.gov
ashley.poch@redcliff-nsn.gov
diane.cooley@redcliff-nsn.gov

(715)779-3700 ext. 4267 or 4268

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement this application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

EMPLOYEE BENEFITS PACKAGE
THE EMPLOYEE BENEFITS PACKAGE INCLUDES THE FOLLOWING:
1. A Health Insurance Plan which is through the Federal Employee Health Benefits (FEHB). FEHB is offered for both single and family coverage. Employees considered to be full time status will be required to pay 12% of the premium for the plan selected.
2. The Dental package is through Delta Dental. This benefit is offered at no cost to the employees with single or family medical coverage.
3. Short Term Disability is offered to all employees at no cost and pays 60% of weekly pay for a maximum of 90 days if you get sick or injured off the job.
4. Life insurance of $15,000 is included at no cost to all employees. Spouses are covered at $7,500.00 and children are prorated. Employees can purchase additional life insurance from the plan provider at their own cost.
5. Profit Sharing Plan with a 401(k) component is offered to employees after one year of work, with a minimum of 1000 hours. The Tribe puts 3% of employee’s wages into the Profit Sharing Plan.
6. The Tribe also offers General Leave to Full time employees. Employees will accrue 16 hours of General Leave per month and can accumulate up to 192 hours per year. After 5 years of employment, General Leave goes up to 20 hours per month with a maximum of 240 hours.
7. The Tribe observes a total of 11 paid holidays.

"The Hub of the Chippewa Nation"
Job Opportunities

Office Manager
Madeline Island School of the Arts
Administrative, Support & Clerical
The Office Manager provides a variety of administrative and clerical tasks to support the continued success of the school.
(715) 277-7261
Volunteer
Designers

Housekeeper
Harbor View Lodging
Accounting
Need help with 2-3 turnovers per week. One two-room unit. $300 per turnover. In Bayfield.
(715) 279-9797
Volunteer
Directors

Full Time & Part-Time Positions Available at Brownstone Centre & Sweet Sailing
Brownstone Centre
Customer Service
We are seeking energetic, organized, and confident team members for Brownstone Centre and Sweet Sailing. Full and Part Time...
(715) 277-7261
Volunteer
Directors

Full and Part-Time Job Positions at Brownstone Centre & Sweet Sailing
Sweet Sailing
Customer Service
We are seeking energetic, organized, and confident sales team members for Brownstone Centre and Sweet Sailing. Full and Part Time...
(715) 277-7261
Volunteer
Directors

Clerical Part Time position: Summer, possibly winter too
Reed Realty, Inc.
Administrative, Support & Clerical
Please consider joining our team. Part time flexible hours beginning end of April or early May.
Phones, filing, general office...
(715) 279-0608
Volunteer
Directors

Facility Cleaning and Maintenance
Recreation and Fitness Resources - Bayfield Rec Center
Administrative, Support & Clerical
Responsibilities: The Bayfield Rec Center is looking for 2 part-time cleaners for the summer and moving forward. Some of...
Summer 2018 Employment at Old Rittenhouse Inn

Old Rittenhouse Inn

Now hiring for all positions including wait staff, front desk, line cooks, dishwashers, prep cooks, housekeeping, grounds and maintenance.

Line Cook AM and PM Shifts

Old Rittenhouse Inn

Are you looking for your next opportunity to be part of a great team? We are seeking individuals for the...

Join The Fat Radish Family for the 2018 Summer Season!

Fat Radish, The

Fat Radish is now accepting full and part-time applications for the 2018 Summer Season. Applicants must be available early...

Wine and Spirits Retail Sales Associate

Bayfield Wine and Spirits

Bayfield Wine & Spirits Job Descriptions: Retail Sales Associate. Job Summary: Sales Associates at Bayfield Wine & Spirits...

Summer 2018 Job Openings

Maggie's

Maggie's is taking applications for Line/ Prep Cooks, Dishwashers, Bartenders/Servers, Bussers and Hosts for openings for the summer 2018 season...

Wine Stewards Wanted

Bayfield Winery and Seven Ponds Winery

Ours wine stewards provide excellent table service to our guests. Wine knowledge preferred, but we will train if you possess...

Morty's Pub is hiring Cooks and Bartenders for the 2018 Season

Morty's Pub

Cooks and Bartenders for the 2013 Season. No experience necessary, we will train the right candidate. All employees need to...

STAY

ENCORE Resale Store

Resale Store Assistant and/or Cleaning Personnel

Do you like variety? Interesting stuff? People? Come work in a fun environment with a great group of volunteers all...

(C) 715 377 1400 | Website | Directions

CINE

Now Hiring!

NOW HIRING for Summer 2016!
The Bayfield Inn

Hospitality Services

The Bayfield Inn is a high volume establishment and is currently hiring & training Cooks, Prep Cooks, Bartenders, Servers, Hosts...

(C) 715 772 47 63 | Website | Directions

Dock Crew

PIKES BAY MARINA

Pikes Bay Marina

Dock Crew is seeking additional Dock Crew. Dock Crew workers main duties are on the dock fueling and pumping ...

(C) 715 772 4040 | Website | Directions

Clubhouse Cleaning

Pikes Bay Marina

Pikes Bay Marina is a home away from home for our boaters. The Clubhouse Cleaning position is season...

(C) 715 772 4000 | Website | Directions

Servers Needed at The Copper Trout

Copper Trout Restaurant

Food and Beverage Restaurants

Description: Essential Information Restaurant servers ensure that patrons enjoy their dining experience by providing quality customer service. Servers work in...

(C) 715 772 2129 | Website | Directions

Journeyman Level Painter

Distinctive Painting, LLC

Construction, Installation and Maintenance

Distinctive Painting LLC is seeking an individual to fill a skilled position. We are a high end professional contracting Co...

(C) 715 772 4070 | Website | Directions

Soo Kayak Program Manager

Wilderness Inquiry

Non-Profit and Social Services

The position will be seasonal with a potential for full time...

(C) 715 772 4000 | Website | Directions
Sea Kayak Guides & Reservations

Trek & Trail

Sports and Recreation

Trek & Trail is seeking to fill our staff for the 2018 season. Positions are available throughout the company. Potential opportunities include:

- Reservations Assistant
  - Lost Creek Adventures & Outfitter
  - Administrative, Support & Clerical
  - Seasonal - Full & Part time. These are our front line professionals responsible for all day-to-day tasks.

- Food Manager, Maintenance, and Repair Staff
  - Lost Creek Adventures & Outfitter
  - Sports and Recreation
  - The following positions are not full-time, so we are either hiring staff part-time or will combine such with others.

- Sea Kayaking Guides Needed
  - Lost Creek Adventures & Outfitter
  - Sports and Recreation
  - Seasonal - Full & Part-Time. Internships Available. We hire our guide interns based on who they are just as much as what they know.

- Restroom Attendant - Seasonal
  - Bayfield Chamber & Visitor Bureau
  - Customer Service
  - Bayfield Chamber & Visitor Bureau is seeking a dependable and motivated individual for a seasonal restroom cleaner position. Approximately 4...
<table>
<thead>
<tr>
<th>ITEM</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 lb bacon</td>
<td>$2.00</td>
</tr>
<tr>
<td>1 lb carrots</td>
<td>$2.00</td>
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<tr>
<td>1 lb chicken</td>
<td>$2.00</td>
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<tr>
<td>1 lb chicken breast</td>
<td>$2.00</td>
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<tr>
<td>1 lb chicken thigh</td>
<td>$2.00</td>
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<tr>
<td>1 lb chicken wing</td>
<td>$2.00</td>
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<tr>
<td>1 lb chicken wingette</td>
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<tr>
<td>1 lb collard greens</td>
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<tr>
<td>1 lb corned beef</td>
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<tr>
<td>1 lb cutlets</td>
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<tr>
<td>1 lb dill</td>
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<tr>
<td>1 lb honeydew</td>
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<tr>
<td>1 lb frozen chicken breast</td>
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<tr>
<td>1 lb ground beef</td>
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<tr>
<td>1 lb ham</td>
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<tr>
<td>1 lb ham hams</td>
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<tr>
<td>1 lb ham steak</td>
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<tr>
<td>1 lb hot dogs</td>
<td>$2.00</td>
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<tr>
<td>1 lb hot dogs w/ cheese</td>
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<tr>
<td>1 lb macaroni</td>
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<tr>
<td>1 lb meatballs</td>
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<tr>
<td>1 lb meatloaf</td>
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<tr>
<td>1 lb navy beans</td>
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<tr>
<td>1 lb navy beans w/ bacon</td>
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<tr>
<td>1 lb noodles</td>
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<tr>
<td>1 lb peanuts</td>
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<tr>
<td>1 lb pennsylvania hot dogs</td>
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<tr>
<td>1 lb pepperoni</td>
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<tr>
<td>1 lb pepperoni w/ cheese</td>
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<tr>
<td>1 lb pickles</td>
<td>$2.00</td>
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<tr>
<td>1 lb pickles w/ cheese</td>
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<tr>
<td>1 lb potatoes</td>
<td>$2.00</td>
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<tr>
<td>1 lb potatoes w/ cheese</td>
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<tr>
<td>1 lb rice</td>
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<tr>
<td>1 lb rice w/ cheese</td>
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<tr>
<td>1 lb sauerkraut</td>
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<tr>
<td>1 lb salami</td>
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<tr>
<td>1 lb salami w/ cheese</td>
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<tr>
<td>1 lb sausage</td>
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<tr>
<td>1 lb sausage w/ cheese</td>
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<tr>
<td>1 lb spaghetti</td>
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<tr>
<td>1 lb spaghetti w/ cheese</td>
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<tr>
<td>1 lb steak</td>
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<tr>
<td>1 lb steak w/ cheese</td>
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<tr>
<td>1 lb smoked chicken breast</td>
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<tr>
<td>1 lb smoked ham</td>
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<tr>
<td>1 lb smoked ham w/ cheese</td>
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<tr>
<td>1 lb turkey</td>
<td>$2.00</td>
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<tr>
<td>1 lb turkey w/ cheese</td>
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<tr>
<td>1 lb veal</td>
<td>$2.00</td>
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<tr>
<td>1 lb veal w/ cheese</td>
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<tr>
<td>1 lb wallaby</td>
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<tr>
<td>1 lb wallaby w/ cheese</td>
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<tr>
<td>1 lb whale</td>
<td>$2.00</td>
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<tr>
<td>1 lb whale w/ cheese</td>
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<tr>
<td>1 lb wild boar</td>
<td>$2.00</td>
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<tr>
<td>1 lb wild boar w/ cheese</td>
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</tbody>
</table>

**WABIGWANNI-GIZIS**

**MAY 2018**