Waabigwanii-Giiizis
(Flower Moon)
May 2016

Red Cliff Education Division Newsletter

Water Week May 23–27, 2016

The Red Cliff Early Childhood Center will be having a water week May 23rd to May 27th. During this week water themed activities will take place and on Friday we will have our annual Family Fishing day starting at 10am at the Red Cliff Fish Hatchery. Please bring fishing poles, sun block and mud boots. This event is open to all families and community members. A special thanks to the staff at the Red Cliff Fish Hatchery and wardens for helping out with this event. Hope to see everyone there.

Family Fishing Day
April 27th 10 a.m
@ Red Cliff Fish Hatchery

Save the Date - Summer Gathering

The ECC will host its annual Summer Gathering July 26-28th, with an end the year picnic and community pow wow on July 28th. The first two days will have cultural based activities and games. This event is open to all ECC families as well as the waiting list and community members. The location is TBA. Look for upcoming flyers in June/July.
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**ECC Water Week**

**Family Fishing Day**
No school Bayfield Elementary K-5
Agongos
Home Based May News

We will continue with working on the goals you have set for your children. The weather outside is warming up and we are looking forward to providing you and your children with more outdoor activities!

We would also like to welcome Rachel Garramone as a new addition to our home base staff!

Mino
Diibishkaan!

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Aaniin ezhiwebak!

What’s Happening!

- Language Table Thursday nights @ ECC
- Home Base Social 5/18: 1-3pm: Large Motor Room—Hearing Screenings for Home Base children over 6 months of age!
- Family Fishing Day is May 27th from 10am-1pm

Miigwech!

- Haley ext. 236
- Rachel ext. 237
- Amaris ext. 238
The kids are doing great and love playing outside. We will learn about flowers and the outdoors. May is the month for ECC home visits.

Please check mailboxes and newsletters for important information. Applications for next year were sent out. Please fill them out and return them as soon as you can.

Reminders:
- 5/13 Tribal Holiday
- 5/23-27 Water week ending with Friday Family Fishing day
- Language Table every Thursday night @ ECC

Some ojibwemowin words: waabigwaan—flower, moose—worm, maanidoons—bug, memengwaa—butterfly

Theresa and Judy
Amik Room

May 2016

Boozhoo from the Amik Room. We had a great April with our flowers and clouds and ducks and budding trees. We will continue our plant and weather study into May, and have enjoyed Janet Moore’s rain garden activities.

For May too, your school’s monthly theme revolves around Spring; enjoying being outdoors and planting.

With Spring too has come a rediscovery of parts of our playground. We are enjoying riding our bikes and working on using the pedals.

Home visits (at school or at home) are done in May. We will get a schedule out and look forward to seeing you!

Have a Great May, Ms. Maggie and Mr. Fred
Boozhoo, 
Everyone we the makwa class would like to welcome Tiffannie Hanson to our class as the new EHS Teacher. We are excited to have her join our journey. Tiffannie is currently enrolled LCO Community College for Early Childhood. Welcome aboard to our Makwa class.

For the month we are focusing on planting different plants and flowers!!!!!! Please send clothes that can get REALLY DIRTY!!!! We will be doing some class time in the school forest so please send rain boots its muddy out there!!! We will be talking about our earth is changing seasons.
**NEWS AND PLANS**

This month we are learning all about planting flowers and loving the outdoors. We will be spending a lot more time outside. We will begin to explore the school outdoor classroom areas. May is the month for Ecc home visits. We will be scheduling them soon.

Please remember to check mailboxes daily; many important papers are sent home regularly! Applications for next year were sent out. Please fill them out and return them as soon as you can!

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**REMINDERS**

- 5/13 Tribal Holiday
- 5/27 Family Fishing Day
- Language Table every Thursday night @ ECC4-7

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**Ojibwe Words**

- Waa'bigwaa'n—flower
- Noo'ose—worm
- Maanidoons—bug
- Ojii—fly
- Memengaan—butterfly

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**WHAT WE ARE DOING**

Walter—loves cooking with water in our play kitchen!
Lyla—enjoys playing outside with her friends!
Melvin—Enjoys riding bikes!
Elizabeth—loves dressing up!
Emma—Shares well with her friends!
Mike—loves to sing!
Kendall—enjoys using the big playground!
Tate—keeps us up to date on all of our animal knowledge!
Mashkodebizhiki

Karen & Julie

NEWS...
Boozhoo. During the month of April we focused our learning on Community Helpers, Recycling, Reusing and Reducing. Ask your child who's in their neighborhood that help them and also talk about how separating garbage is very important to us and Mother Earth!!

A few things we did—we used old bottles and dipped them in paint to make flowers, we used egg cartons for turtles and math games, made a list of what each child wants to be when they grow up, handprints for earth and more. Please go through their backpacks daily for notes and their creative arts. All children feel very proud of what they do daily and want to share it with you!!!!

P.S. Thank you for sharing your child with us daily! We have a blast in our room! Yes, there is crying, sadness, hurt feelings at times but without these we would not see the laughter, smiles, happiness that radiant's from them either. Each child is special and we love them all!

CHI MIIGWECH!

May 2016

Check us Out: We had voting day in our room
- President Manu
- Vice President Zai'de
- Tribal Chief Makoon
- Tribal Council Hen'c
- Kenyot
- Keagar
- Ijahnn
- Azaly
- Memphi
- Silla
- Charlott
- Deilial
- Serenit
- Jaxit
- Bradur
- Bella
- Leian

MAY Happenings...

GROUP LESSON PLANS:
Spring—Planting, Bugs, Outdoors.

HOME VISIT: We will be setting up the last Home Visit so we will contact you very soon to set up a date and time.

OUTSIDE CLOTHING:
Please make sure your child continues to bring in boots and warm clothing for outside. Its still wet and muddy out.

CLOSINGS:
May 13th
May 30th
Our classroom will be learning the topics below for the month of May 2016:

**Cultural Language:**

Counting 1-31.

What month is it “Bebookwedaagime-Giizis”.

What’s the weather like outside.

Phrase of the week: “Namadabin Adoopowining”

**Cooking:** Dirt Cups with worms

**Math:** Classifying what ways fruits and vegetables can be grouped, is a tomato a fruit or vegetable? Words learned: alike, different, same and group.

**Music & Movement IMIL:** scarf dancing and tree dancing.

**Art:** painting, bugs, dirt, drawing with wet chalk and spring planting

**Dramatic Play:** dress-up

**Fine Motor:** Lego’s, counting cubs, crayons, markers,

**REMEMINDER:** Classrooms will going outdoors a lot so, please send children with the right gear to keep them warm and dry.

Ms. Alicia & Ms. Patsy
The snow is finally gone!! Most of the mud puddles are also gone!! Although the children really love all that water to splash in. It really helps if they have mud boots.

We are now going to be learning about life cycles of animals and plants. Then we will be planting flowers and vegetables and watching them grow. Our room will be trying to hatch out three chicken eggs and some frog eggs. Hope the life cycle works for us!!

We are hoping to go on some field trips this month to fish hatcheries, have some water activities outdoors for water week. Water week we plan on getting wet and muddy so extra clothes would be nice.

There still will be time to work on our alphabets and numbers each day and practice writing our names. Everyday we still do calendar and have a helper of the day along with the Personal safety and Handwriting without Tears curriculum.

Diann and Linda
Congratulations to this Month’s Winners for perfect attendance.

*Early Head Start Marvin Pratt-Shelley Charette*

and

*Head Start Caleb Hanson*

In the Early Head Start we had a total of 15 out of 32 students that met the perfect attendance requirement.

- Waabooz 2 Children
- Amik 5 Children
- Makwa 3 Children
- Esiban 5 Children

In the Head Start we had a total of 22 out of 50 students that met the perfect attendance requirement.

- Migizi 6 Children
- Maingles 7 Children
- Mashka debizhiki 9 Children

Going to school is really cool!... Keep up the great work on having your child attend school for you are the one that will make a difference as your child grows.

Family Service Staff
Reminder

ECC and Tribe will be closed on

Friday, May 13, 2016 for Indian Day
Boozhoo
Parents:

The Red Cliff Early Childhood Center will be conducting Hearing Screens for Home Base children at the Home Base Social held at the ECC on:
**WEDNESDAY – MAY 18**<sup>TH</sup>, 2016 from 1:00 pm – 3:00 pm

These screenings are conducted to comply with the Head Start Program Standards. Parents, your child’s Hearing Screen result will be given to you on that day.

*Miigwech for your support concerning your child’s health and education while attending the Home Base Program.*

If you have any questions please contact Patt ext. 256 @ the ECC Health Office:

Or the **HOME BASE TEACHERS** at:

Amaris @ ext. 238  
Haley @ ext. 236  
Rachel @ ext. 237

ECC Telephone: 715-779-5030

SEE YOU ON MAY 18<sup>TH</sup>. 

SIDS, CANS & Shaken Baby Syndrome Training

May 20, 2016
9am to Noon
In Memengwaa at ECC

This is mandated for any new Subs or new Child Care Providers.

Please Call Kim to reserve your spot.
715-779-5030 ext 253
ECC Family Fishing Day

Friday, May 27, 2016
10:00 a.m at the Red Cliff Fish Hatchery
Hwy 13 N. (Past Casino about 2 miles)

Lunch Provided

*Bring fishing poles, lawn chairs and mud boots if you have them*

Don't forget your bug spray
Reminder

ECC/Tribe and Bayfield School will be closed on Monday, May 30, 2016 for Memorial Day.
FREE!!

-> OJIBWE LANGUAGE CLASSES!

Dega wiidookawishinaam ji-nitaa-anishinaabemoyaang!
(Please help all of us to speak the Ojibwe language!)

For all ages and skill levels!

We are here to help you speak Ojibwe!

Tuesdays @ the Youth Center from 5:00 - 7:00
Contact Misty Nordin: 715-779-3722

Wednesdays @ the Red Cliff Library - from 5:30 - 7:00
Contact Nancy Newagu: 715-779-3700

Thursdays @ the ECC - Pot Luck from 4:30 - 7:00
Contact Reggie Cadotte: 715-779-5030 ext. 233

for more information contact Reggie Cadotte: 715-779-5030 ext. 233
or reggie.cadotte@redcliff-nsn.gov
Red City Library

Hours of Operation

Located at Tribal Administration Building

Monday - Thursday: 2:00-7:00pm
Friday: 2:00-7:00pm

(715) 779-3760 Direct Line to Library

5455 Pike Road

Collection in surrounding area

Computers, on-going workshops, Internet access
**Red Cliff GED/HSED & Adult Education**

### May 2016 Calendar

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**Last Day of Class is May 10th**  
GED/Adult Ed. Classes will start again August 30th

### More Information

Contact WITC Ashland  
715-682-4591  
Ext. 3118 - Sue Hopkins sue.hopkins@wrtc.edu  
Ext. 3430 - Theresa Beckman theresa.beckman@wrtc.edu  

or  
Krystle Topping Red Cliff Education Director krystle.topping@redcliff-nsn.gov  
(715) 779-3700
STUDENT SUCCESS CENTER SUMMER HOURS

May 23rd to June 22nd
Instructor – Kary Reinerio – Room 225
Open Lab Mondays 10:00 to 7:00 pm
Open Lab Wednesdays 10:00 to 4:00 pm

May 24th to June 16th
Instructor – Kary Reinerio – Room 225
Math Foundations for Health Tues. and Thurs. 9:30 – 11:30 am
Math Foundations for Trades Tues. and Thurs. 1:00 – 3:00 pm

May 25th to June 17th
Instructor – Theresa Beckman – Room TBD
Math Foundations Writing Foundations
Wed. and Fri. 9:00 – 11:00 am
Wed. and Fri. 12:00 – 2:00 pm

July 11th to August 3rd
Instructor – Theresa Beckman – Room 225
Open Lab Mondays 10:00 to 7:00 pm
Open Lab Wednesdays 10:00 to 4:00 pm

August 8th to August 18th
Instructor – Kary Reinerio – Room 225
Open Lab Mondays 10:00 to 7:00 pm
Math Foundations for Trades Tuesdays 10:00 to 2:00 pm
Open Lab Wednesdays 10:00 to 4:00 pm
Math Foundations for Trades Thursdays 10:00 to 2:00 pm

August 8th to August 18th
Instructor – Theresa Beckman – Room TBD
Math Foundations Mon/Tues/Wed/Thurs. 12:00 to 2:00 pm
Writing Foundations Mon/Tues/Wed/Thurs. 2:30 to 4:30 pm
"Are You At Risk?"

4 week education sessions on the
"Complications of Diabetes."

May 4, 2016  Taking care of your feet.
May 11, 2016  Taking care of your kidneys.
May 18, 2016  Taking care of your eyes.
May 25, 2016  Taking care of your Diabetes.
Wednesdays, 11:00 am at the elderly Nutrition site.
Raffle prize each week.
For more information or if you have questions,
Please call Carolyn Maunu at the Health Center 715-779-3707 ext, 2235.
Sponsored by the Health Center and the Special Diabetes Grant.
TRAVELING SOLIDARITY SHAWL PROJECT: Honoring Survivors of Domestic and Sexual Violence

Wednesdays, May 4 through June 30
Upper Level Family/Human Services Building
5pm-7pm
Individual meetings available by appointment.
Please call Lorna Gamble during 8am-4:30pm M-F

Our goal is to fill the pow-wow grounds with red shawls to support survivors of abuse.
Please feel free to make a shawl for yourself, or to honor someone you know who is a survivor.

Shawls are very symbolic to Native Americans across this continent. The fringe has been said to represent the tears of Native women crying for the pain and suffering the people have endured for generations; yet it also represents strength, beauty, grace, and solidarity.

We wear these red, teal, and purple Solidarity Shawls to increase awareness about the high rates of violence endured by Native people: including prostitution and trafficking, child sexual abuse, pornography, and missing and murdered Native women in the US and Canada.

The teal colored fringe honors victims and survivors of Sexual Assault.
The purple fringe honors victims and survivors of Domestic Violence.
The red fabric of the shawl honors all Indigenous people who have survived many forms of violence throughout history.

We also have many men who support our efforts to end violence against Native women and children. For them, we have created armbands with teal and purple ribbon to honor participation in the restoration of respect and balance within our communities.

If you would like additional information about this project, please call
Lorna Gamble, Director, or Susan Moore, legal advocate at:
(715) 779-3706
Volunteers in Mission-Ministry Group

Pick up a work order form from the Tribal Administration Building, Front Desk. The group will prioritize the work orders when they receive them. Needs are prioritized by number of requests, disabled, elderly, low-income, etc, and by the capabilities of the work group.

06/19/2016-
06/25/2016
Red Cliff Spring Clean Up 2016

Help keep our Mother Earth and the Red Cliff Community clean!!!

Sunday May 22nd - Friday May 27th

Appliances -- $5.00 each
Appliances with Freon -- $25.00 each
Electronics -- $10.00 each
Tires -- $2.50 each
Full Pickup Truck Load -- $40.00 each
Half Pickup Truck Load -- $20.00 each

Transfer Station Open Daily 8am to 6:00pm

Questions, or to sign up to be a volunteer or for pick up, please call the Environmental Department at 715-779-3650
NOTICE-NOTICE-NOTICE

PUBLIC HEARING
ON THE
RED CLIFF TRIBAL
CCDF PRE-PRINT PLAN
FOR CHILD CARE SERVICES
FOR THE PERIOD
10/01/16 – 09/30/19

DATE: Thursday May 26, 2016
TIME: 4:30 to 7:00 pm
WHERE: Early Childhood Center in a
The Memengwaa Building

The Public Hearing is to solicit public comments
and input into the services that will be provided
through the CCDF Federal Funding for child care
assistance. CCDF is Child Care & Development
Fund.

If you would like to review the present CCDF Pre Print Plan please come to the Red
Cliff Child Care Office, located in the Early Childhood Center to request a copy. Or if
you would like to contact Kim Gordon at 715-779-5030 ext 251 or email me at kgordon@redcliff-nsn.gov

POSTING DATE 04/25/16
Wisconsin Indianhead Technical College

Nursing Assistant

The Nursing Assistant program provides classroom, laboratory instruction, and supervised practice in area nursing homes. The program is approved by the Wisconsin Division of Health and Family Services.

WITC-Ashland’s Nursing Assistant program prepares students for employment in hospitals, nursing homes, patient’s homes and hospice care.

Find a **rewarding career** in this quickly growing field!

June 22 - July 18
Monday - Friday 8-3 pm

Mandatory Orientation: June 6, 2016
Admission process to be completed prior to orientation.

Call for more information today!
Call 715.682.4591 or 800.243.WITC, ext. 3182.
Online at witc.edu.

WITC is an Equal Opportunity/Access Employer and Educator.
Community Gathering

For our Bayfield Girls Basketball Team

The Tribal Council will be honoring the Girls Basketball Team on May 3, 2016 at the Legendary Waters Resort and Casino

There will be a Feast beginning at 5:30 p.m. with a presentation following

Everyone is invited

Hope to see you all there!!!
Did you know offering fruit is a quick-and-easy way to make meals and snacks healthier and more colorful? While most toddlers consume enough fruit, most children 4 years and older do not. You can help by offering different fruits on your menu. Offering a variety of fruits during the week can:

- Teach healthy eating habits children will use for life.
- Add color, texture, and flavor to children's plates.
- Give children the vitamins and minerals they need to grow and play.
- Promote proper digestion, help children feel full, and maintain a healthy weight by providing dietary fiber.

What types of fruits should I offer?

- Fresh, frozen, canned, and dried fruits are all great choices. Introduce kids to the whole rainbow of fruit choices — each fruit has its own unique flavor and nutrients. Providing different choices each day helps children get the nutrition they need.

- Limit fruit juice. Serve only one ½-cup (4 oz) serving of 100% juice, once per day. While 100% fruit juice can be part of a healthy diet, it does not contain the dietary fiber found in other forms of fruit.

- Include good sources of potassium, such as bananas, dried plums, cantaloupe, honeydew melon, nectarines, raspberries, and orange juice. Potassium can help children maintain a healthy blood pressure.

How can I serve fruits and juices with no added sugars?

It is easy for children to get too many added sugars from foods and beverages. The extra calories from these added sugars can make children feel full before they’ve had a chance to get the nutrients they need from other foods. Extra calories from added sugars also make it harder for children to maintain a healthy weight. Since fruits are naturally sweet, it can be easy to get children to eat them without adding sweeteners like sugar, corn syrup, and honey. Here are a few tips:

- Serve fresh fruit more often than fruit-based desserts, such as fruit pies, cobblers, and crisps.

- Purchase fruit canned in water or 100% fruit juice instead of syrup. Offer unsweetened applesauce and try sprinkling ground cinnamon on top.

More 'no added sugar' tips on next page...
Build a Healthy Plate With Fruits

...more 'no added sugar' tips

➤ Use frozen fruit that does not contain added sugars.

➤ Choose 100% fruit juice instead of fruit-flavored drinks or soda, including cola, lemon lime, root beer, or orange soda.

➤ Offer raisins or other unsweetened dried fruit instead of chewy fruit snacks or strips, fruit drops, candy, or sweets.* Since it is easy to eat a lot of dried fruit in a short time, it is best to serve unsweetened dried fruit in a 1/4-cup serving. Eating 1/4 cup of dried fruit is like eating 1/4 cup of fresh fruit.

* Hard fruit chunks, chewy fruit snacks, and certain types of candy pose choking hazards. (See Supplement A on page 77 for more information.)

How can I encourage kids to eat fruits?

It may take time for new foods to be accepted. Kids don't always eat new foods right away. Here are some ways to get kids excited about fruits:

➤ Make food fun and be sure fruits are easy to eat. Create a rainbow salad with a variety of colors of fruits. Add crushed pineapple, mandarin oranges, or fresh apples to salad mix or coleslaw. Peel or slice fresh oranges.

➤ Have a Fruit Tasting Day. Encourage each child's family to bring one unique fruit for the group to taste. How about kiwifruit, black grapes, blackberries, pomelo, or lychees?


➤ Explore the "Grow It, Try It, Like It!" educational kit. Growing fruits, like strawberries, in a garden or container can help increase children's willingness to taste them. http://teamnutrition.usda.gov/Resources/growit.html

➤ Eat fruits and kids will too! They learn from watching you.

Connect With Parents and the Community


➤ Participate in Farm to Child Care activities. Have farmers deliver fresh, seasonal produce to your child care program, or take the children on a field trip to a local "pick your own" farm. http://www.fns.usda.gov/cnd/F3S/farm_to_childcare.htm

Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program

Build a Healthy Plate With Fruits • http://www.teamnutrition.usda.gov/library.html
How can I keep fruit safe?

For children younger than 4 years old:
- Cut raw fruit in small pieces no larger than one-half inch (¼"") to prevent choking.
- Slice grapes and other round foods in half, and then cut into smaller pieces.
- See Supplement A on page 77 for more information on choking hazards.

Clean

- Even if you plan to peel the produce before eating, it is still important to rinse it first. That's because it is easy to transfer dirt and bacteria from the peel or rind to the inside of fruit when you are cutting.

- Rinse all produce thoroughly under running water before eating, cutting, or cooking. Do not use soap or detergent. Scrub firm fruits, such as melons, with a clean produce brush. Dry produce with a clean cloth towel or paper towel to further reduce bacteria that may be present.

- Before opening a can of fruit, wash and dry the top of the can. Under clean, running water, rub the top of the can briskly with a clean cloth or paper towel to remove dirt and germs from the surface. Dry with a clean cloth towel or paper towel after washing.

Prepare and Store Safely

- Cut away any damaged or bruised areas on fresh fruits before preparing or eating. Produce that looks rotten or has mold on it should be thrown away.

- Keep fruits separate from raw meat, poultry, and seafood while shopping, preparing, or storing them.

- Store perishable fresh fruits, like strawberries, in a clean refrigerator at a temperature of 40 °F or below. Refrigerate all produce that is purchased precut or peeled to maintain both quality and safety. If you're not sure whether an item should be refrigerated, ask the produce manager at your supermarket.

- See the Food Safety tip sheet on page 55 for more food safety tips.
## Activities

How can I put this information into practice?

Take a look at your current weekly or cycle menu. Circle the fruits on your child care menu.

Which new fruits listed below will you try on your menu? Circle what you plan to try next month.

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<tr>
<th>Apples</th>
<th>Grapes</th>
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<td>Apricots</td>
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<td>Bananas</td>
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<td>Blackberries</td>
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<td>Blueberries</td>
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<td>Cantaloupe</td>
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<td>Cherries</td>
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<td>Tangerines</td>
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<td>Grapefruit</td>
<td>Peaches</td>
<td>Watermelon</td>
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</table>

What other ways will you try to promote fruit?

Put a check mark next to actions you will try next month. □ e□ month, I will □

- □ Promote a different “fruit of the week” every week. □ e□ month, I will promote□

- □ Purchase and serve fruit in season to save money. For example, berries in the summer, apples in the fall, and oranges in the winter.

- □ Keep three different fruits available to serve as quick snacks. For example, bananas, peaches canned in □□□□□□□□□□□□, and raisins.

How will you offer these fruits next month? As part of a:

- □ Fruit Salad

- □ Green Leafy Salad [add shredded apples, canned pineapple bits, or sliced strawberries to spinach or leaf lettuce]

- □ Sandwich [add thinly sliced apples to a turkey sandwich]

- □ Fruity Kangaroo Pocket [raisins, veggies, and fillings in a whole-wheat pita pocket]

- □ Snack

- □ Ants on a Log [celery sticks with a thin layer of peanut butter and topped with raisins]

- □ Unsweetened Applesauce topped with cinnamon and raisins

- □ Fruit and Yogurt Parfait [fruit and low-fat yogurt topped with whole-grain cereal]

- □ Dessert

CACFP Crediting Tip:
Make sure you offer the full portion of fruit, depending on the meal and the age of the child.

For children younger than 4 years, offer cooked or soft food □ to prevent choking.
Do any of the statements below remind you of your child?

"Ebony will only eat peanut butter sandwiches!"
"Michael won’t eat anything green, just because of the color."
"Bananas used to be Matt’s favorite food, now he won’t even touch them!"

Your child may eat only a certain type of food or refuse foods based on a certain color or texture. They may also play at the table and may not want to eat. Don’t worry if your child is a picky eater. Picky eating behavior is common for many children from the age of 2 to 5 years. As long as your child has plenty of energy and is growing, he or she is most likely eating enough to be healthy. If you have concerns about your child’s growth or eating behavior, talk to your child’s doctor.

How to cope with picky eating

Your child’s picky eating is temporary. If you don’t make it a big deal, it will usually end before school age. Try the following tips to help you deal with your child’s picky eating behavior in a positive way. Check the ones that work for you and your child.

☐ Let your kids be “produce pickers.” Let them pick out fruits and veggies at the store.

☐ Have your child help you prepare meals. Children learn about food and get excited about tasting food when they help make meals. Let them add ingredients, scrub veggies, or help stir food.

☐ Offer choices. Rather than ask, “Do you want broccoli for dinner?” ask “Which would you like for dinner, broccoli or cauliflower?”

☐ Enjoy each other while eating family meals together. Talk about fun and happy things. If meals are times for family arguments, your child may learn unhealthy attitudes toward food.

☐ Offer the same foods for the whole family. Don’t be a “short-order cook,” making a different meal for your child. Your child will be okay even if he or she does not eat a meal now and then.
Trying new foods

Your child may not want to try new foods. It is normal for children to reject foods they have never tried before. Here are some tips to get your child to try new foods:

1. **Small portions, big benefits.** Let your kids try small portions of new foods that you enjoy. Give them a small taste at first and be patient with them. When they develop a taste for more types of foods, it's easier to plan family meals.

2. **Offer only one new food at a time.** Serve something that you know your child likes along with the new food. Offering more new foods all at once could be too much for your child.

3. **Be a good role model.** Try new foods yourself. Describe their taste, texture, and smell to your child.

4. **Offer new foods first.** Your child is most hungry at the start of a meal.

5. **Sometimes, new foods take time.** Kids don't always take to new foods right away. Offer new foods many times. It may take up to a dozen tries for a child to accept a new food.

Make food fun!

Help your child develop healthy eating habits by getting him or her involved and making food fun! Get creative in the kitchen with these cool ideas. Check the ones you try at home, and be sure to add your own ideas, too!

- **Cut a food into fun and easy shapes with cookie cutters.**

- **Encourage your child to invent and help prepare new snacks.** Create new tastes by pairing low-fat dressings or dips with vegetables. Try hummus or salsa as a dip for veggies.

- **Name a food your child helps create.** Make a big deal of serving “Maria’s Salad” or “Peter’s Sweet Potatoes” for dinner.

- **Our family ideas to make food fun:**

  __________________________________________
  __________________________________________
  __________________________________________

For more great tips on these and other subjects, go to: ChooseMyPlate.gov/preschoolers/
Kitchen Activities

Get your preschooler to try new foods by having them help you in the kitchen. Kids feel good about doing something “grown-up.” Give them small jobs to do. Praise their efforts. Children are less likely to reject foods that they help to make.

As preschoolers grow, they are able to help out with different tasks in the kitchen. While the following suggestions are typical, children may develop these skills at different ages.

At 2 years:
- Wipe tables
- Hand items to adult to put away (such as after grocery shopping)
- Place things in trash
- Tear lettuce or greens
- Help “read” a cookbook by turning the pages
- Make “faces” out of pieces of fruits and vegetables
- Rinse vegetables or fruits
- Snap green beans

At 3 years:
All that a 2-year-old can do, plus:
- Add ingredients
- Talk about cooking
- Scoop or mash potatoes
- Squeeze citrus fruits
- Stir pancake batter
- Knead and shape dough
- Name and count foods
- Help assemble a pizza

At 4 years:
All that a 3-year-old can do, plus:
- Peel eggs and some fruits, such as oranges and bananas
- Set the table
- Crack eggs
- Help measure dry ingredients
- Help make sandwiches and tossed salads

At 5 years:
All that a 4-year-old can do, plus:
- Measure liquids
- Cut soft fruits with a dull knife
- Use an egg beater

Go to www.ChooseMyPlate.gov for more information.
USDA is an equal opportunity provider and employer.
10 tips to help you eat whole grains

Any food made from wheat, rice, oats, cornmeal, barley, or another cereal grain is a grain product. Bread, pasta, oatmeal, breakfast cereals, tortillas, and grits are examples. Grains are divided into two subgroups, whole grains and refined grains. Whole grains contain the entire grain kernel—the bran, germ, and endosperm. People who eat whole grains as part of a healthy diet have a reduced risk of some chronic diseases.

1. Make simple switches
To make half your grains whole grains, substitute a whole-grain product for a refined-grain product. For example, eat 100% whole-wheat bread or bagels instead of white bread or bagels, or brown rice instead of white rice.

2. Whole grains can be healthy snacks
Popcorn, a whole grain, can be a healthy snack. Make it with little or no added salt or butter. Also, try 100% whole-wheat or rye crackers.

3. Save some time
Cook extra brown rice or whole-wheat pasta when you have time. Refrigerate half to heat and serve later in the week as a quick side dish.

4. Mix it up with whole grains
Use whole grains in mixed dishes, such as barley in vegetable soups or stews and bulgur wheat in casseroles or stir-fries. Try a quinoa salad or pilaf.

5. Try whole-wheat versions
For a change, try brown rice or whole-wheat pasta. Try brown rice stuffing in baked green peppers or tomatoes, and whole-wheat macaroni in macaroni and cheese.

6. Bake up some whole-grain goodness
Experiment by substituting buckwheat, millet, or oat flour for up to half of the flour in your favorite pancake or waffle recipes. To limit saturated fat and added sugars, top with fruit instead of butter and syrup.

7. Be a good role model for children
Set a good example for children by serving and eating whole grains every day with meals or as snacks.

8. Check the label for fiber
Use the Nutrition Facts label to check the fiber content of whole-grain foods. Good sources of fiber contain 10% to 18% of the Daily Value; excellent sources contain 20% or more.

9. Know what to look for on the ingredients list
Read the ingredients list and choose products that name a whole-grain ingredient first on the list. Look for "whole wheat," "brown rice," "bulgur," "buckwheat," "oatmeal," "whole-grain cornmeal," "whole oats," or "whole rye."

10. Be a smart shopper
The color of a food is not an indication that it is a whole-grain food. Foods labeled as "multi-grain," "stone-ground," "100% wheat," "cracked wheat," "seven-grain," or "bran" are usually not 100% whole-grain products, and may not contain any whole grain.

Go to www.ChooseMyPlate.gov for more information.
Help keep your family healthy and happy by eating fruits and vegetables. Summer fruits and vegetables fill meals and snacks.

Your Guide to Summer Fun Meals

Activity Guide for Families

United States Department of Agriculture (USDA)
Fruit & Veggie Paradise
Turn Your Kitchen Into a

A place where kids can live fruits and vegetables at meals and snacks.

1. Why do Fruits and Vegetables Matter?
2. 4 Ways To Eat More Fruits & Vegetables

Fruits and vegetables are a part of a healthy diet that can help prevent disease and promote overall health. They are rich in vitamins and minerals that are necessary for growth and development. Eating a variety of fruits and vegetables can also help maintain a healthy weight.

3. How to Make Fruits and Vegetables Easy to Eat

- Make fruits and vegetables more accessible by cutting them into smaller pieces.
- Add fruits and vegetables to recipes that your child likes.
- Use dips like hummus or guacamole to encourage vegetable consumption.
- Get creative with fruit and vegetable options at meal times.

4. Tips from the Experts

- Involve your child in the cooking process to make it more fun.
- Use fun tools like graters or mandolins to make cutting fruits and vegetables more enjoyable.
- Offer a variety of fruits and vegetables to encourage exploration and experimentation.

5. Where to Buy Fruits and Vegetables

- Local farmers markets offer fresh, seasonal produce.
- Look for Organic produce, which is often better for your health.
- Choose fresh produce over canned or frozen options when possible.

6. How to Store Fruits and Vegetables

- Store fruits and vegetables in the right temperature to keep them fresh.
- Separate fruits and vegetables based on their needs.
- Use airtight containers to keep produce fresh for longer.

7. How to Prepare Fruits and Vegetables

- Cut fruits and vegetables into bite-sized pieces.
- Use dips like yogurt or salsa to make eating vegetables more enjoyable.
- Get creative with recipes that feature fruits and vegetables.

8. How to Make Fruits and Vegetables More Fun

- Use fun tools like fruit cutters or vegetable knives.
- Get creative with presentation, like making fruit or vegetable art.
- Involve your child in the process to make it more fun.

9. How to Encourage Fruits and Vegetables

- Use positive reinforcement to encourage good eating habits.
- Limiting screen time before meals can help with digestion.
- Get creative with recipes that feature fruits and vegetables.

10. How to Make Fruits and Vegetables a Part of Your Daily Routine

- Incorporate fruits and vegetables into breakfast, lunch, and dinner.
- Use fun tools like fruit cutters or vegetable knives.
- Get creative with presentation, like making fruit or vegetable art.

Looking for more ideas? Check out some of our favorite recipes featuring fruits and vegetables on our website!
Estimated Calorie Needs per Day by Age, Gender, and Physical Activity Level.

Estimated amounts of calories needed to maintain calorie balance for various gender and age groups at three different levels of physical activity. The estimates are rounded to the nearest 200 calories for assignment to a USDA Food Pattern. An individual's calorie needs may be higher or lower than these average estimates.

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a. Based on Estimated Energy Requirements (EER) equations, using reference heights (average) and reference weights (healthy) for each age-gender group. For children and adolescents, reference height and weight vary. For adults, the reference man is 5 feet 10 inches tall and weighs 154 pounds. The reference woman is 5 feet 4 inches tall and weighs 126 pounds. EER equations are from the Institute of Medicine. Dietary Reference Intakes for Energy, Carbohydrate, Fiber, Fat, Fatty Acids, Cholesterol, Protein, and Amino Acids. Washington (DC): The National Academies Press; 2002.

b. Sedentary means a lifestyle that includes only the light physical activity associated with typical day-to-day life. Moderately active means a lifestyle that includes physical activity equivalent to walking about 1.5 to 3 miles per day at 3 to 4 miles per hour, in addition to the light physical activity associated with typical day-to-day life. Active means a lifestyle that includes physical activity equivalent to walking more than 3 miles per day at 3 to 4 miles per hour, in addition to the light physical activity associated with typical day-to-day life.

c. Estimates for females do not include women who are pregnant or breastfeeding.
Children begin discovering the world around them from the moment they are born. When you talk, read and sing with your child, you’re helping her learn. It can be as simple as counting your baby’s toes during bath time, asking your toddler a question about the sky, or encouraging preschool-age children to build with blocks! In fact, very young children can learn some of the basic concepts underlying science, technology, engineering and math (STEM). You can discover STEM with your child in many ways. Talk, read, sing, play, sign or use other ways to communicate – whatever works best for your family.

For children with disabilities or developmental delays, communicate with your service providers and keep each other informed of your child’s individual learning style and methods you are using to make your child’s language environment as rich as possible.

While we provide some tips, we know every child is unique. As always, you should do what is best and developmentally appropriate for your child.

WHAT IS STEM?

“STEM” stands for science, technology, engineering and math. STEM can refer to the subjects individually or one or more working together, but can also mean a way of doing things that includes solving problems, asking questions and exploring the world around us.

For example, children learn about the concept of technology when they’re exploring tools or simple machines. These can be items they use every day like a pair of scissors, or things they might see like the wheels of a car as they walk outside.

For young children, we focus on STEM through exploration, play and building curiosity about the world and the way things work. STEM learning is important for everyone and can happen anytime, anywhere. The real-life skills that people develop when learning STEM help make everyone better problem-solvers and learners.

For parents of children who are learning English or speak another language themselves, talk about STEM in your home language, in English, or both. Research shows that bilingual children have an easier time understanding math concepts and developing strong thinking skills. When families use their native language, it helps children foster a rich sense of self. Bilingual students have certain cognitive and social benefits that facilitate success in school and life.

The following tips include **STEM words** (in bold) that you can use with your child.

**TIPS FOR INFANTS**

- **Let’s Observe the World!** Observing is important in **science**. Everywhere you go, talk about what you see and describe what your baby is looking at or pointing to: “Wow, I see that **big**, **blue** truck too! Look at the black spinning wheels! **How many** wheels does it have all together? 1, 2, 3, 4, 5. We passed five cars to get to the store.” You can also count buses or other vehicles together while you are outside.

- **Use All Your Senses.** At the grocery store, discover the smell, feel and taste of different items with your child. Hold an orange and say, “What does an orange look like? Feel like? It’s **round** and smooth.” At home, hold a dish towel and say, “A dish towel is a **rectangle** and feels soft.” Encourage your baby to explore these objects with their senses.

- **Count, Rhyme and Sing.** Use **numbers** as you go about your day together. Sing simple number songs like “One, two, buckle your shoe.” Repetitive songs like “The Wheels on the Bus” or “Los Cinco Hermanitos” help babies learn **patterns** too!

- **Would You Like More?** During meal time, you can teach about the idea of **more** – the first step toward understanding **addition**. As you feed your baby, pause and ask if she wants more. Wait to see how she responds to your questions and follow her cues.

- **Link Words with Actions.** When you move your baby from one position or place to another, put words to your actions. Say “up, up, up” when you lift your baby from the changing table, crib, or floor. When you place him down, say “now down you go to play!” These simple words build the foundation for later math and engineering skills.

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**TIPS FOR TODDLERS**

- **Let’s Count Cars.** When walking down the sidewalk or in a parking lot, count the cars together as you pass them: “1, 2, 3, 4, 5. We passed five cars to get to the store.” You can also count buses or other vehicles together while you are outside.

- **Explore Sizes.** Ask your child to **compare** the sizes of measuring spoons when cooking. Use words like **smallest**, **small**, **medium**, **big**, **bigger**, and **biggest** to describe each spoon.

- **Whole and Half.** At meal time, show your child a **whole** piece of toast and cut it in **half**. Then say, “These two pieces are the same size. They’re called **halves**.”

- **Let’s be Scientists!** At the grocery store, have your child hold two different pieces of fruit in their hands. Ask, “Which one is **heavier**? Which one is **lighter**?” Ask other questions that encourage observation and description, like “Which fruit is red? Can you find the yellow fruit?” Exploring together builds skills for future **scientists**!

- **Compare Amounts.** At dinner, compare the size of your food portions. Say, “You have **more** carrots than I do. I have **fewer** carrots than you.”

- **Cause and Effect.** Stand in the bathroom and turn the lights off and on. “When I flip the switch **up**, the light goes on! What will happen if I flip it **down**?” They are learning about technology!

- **What Rolls?** Spheres are **round**, **three-dimensional** shapes. Look around your environment for something that is a sphere and **predict** what would happen if you dropped it on the ground. Would it roll? Bounce? Spin? If it’s safe to do so, drop the sphere and check your **prediction**!

- **Enjoy a Shape Snack.** Offer a **square** (or **rectangle**) cracker. Cut a piece of cheese into a **triangle**. Talk about and trace each shape with your finger before you eat it.

- **Count Hugs & Kisses.** Before putting your toddler to bed, ask if they want two kisses or three kisses. **Count aloud** as you give each kiss. You can count hugs too!

- **Sing about STEM!** Songs with **repeated phrases** like “Old MacDonald Had a Farm,” ”Wheels on the Bus,” or “Los Cinco Hermanitos” can teach children about patterns.
TIPS FOR PRESCHOOLERS

- **Why? Questions.** When young children ask “why?” questions, they are being scientists! As a parent, you don’t have to have the right answers to help your child learn about STEM. You can respond by saying, “That’s a good question. How can we find out together?” Have fun and be co-discoverers.

- **Laundry Time is Talk Time.** When folding laundry with your child, make a pattern with socks. Line them up like this: big, small, big, small, big, small. Then, have fun matching the pairs of socks together. Every time you find the right pair, say, “It’s a match!”

- **Setting the Table.** While setting the table, ask your child to tell you how many forks you need for everyone to have one, and then count them out loud together. You can talk about texture too. How does a napkin feel compared to a plate?

- Sing simple number songs and nursery rhymes like “Counting in Twos,” “One Banana, Two Bananas,” “Five Little Monkeys,” and “Tres Pececitos.”

- **Let’s Measure.** In the kitchen, point out and read the lines on the measuring cups and spoons as you prepare dinner. Talk about how half the onion gets used for the soup. Let your child fill and pour using different measurement methods: one cup of cornmeal for the cornbread; two tablespoons of oil to cook the chicken.

- **Go on a Shape Hunt.** You can discover shapes all around you. “The window is a rectangle. Look, it has four sides and four corners. Let’s see how many rectangles we can find.” Or, “The mirror is shaped like an oval.” It’s fun to make shapes too. Using a stick, draw a shape in sand or dirt while at the park. See if your preschooler would like to try. Practice making BIG circles and then little ones, BIG squares and little ones, etc.

- **Math Walk and Talk.** Take a math walk on the way to the bus. As you walk, play a game where you and your child need to take “four big steps,” find “six pebbles” or touch “seven green leaves.” Ask and work together to solve how many questions, such as “How many steps from the front door to the sidewalk?”

- **What Comes Next?** You can use snack time to make patterns: place a strawberry, a cracker, and a slice of cheese in a repeated line across the plate. On a walk, use a BIG-step, little-step pattern. Ask your child, “What comes next?”

- **Let’s Build!** Give your child safe, everyday materials like cardboard, tubes, string, fabric and tape. You can also provide simple tools and machines like scissors, rulers and wheels. Allow your child to get creative and work together to build, engineer and problem solve! After you finish building, talk together about why you built the design the way you did and what tools made it easier.

HOW CAN WE FIND OUT TOGETHER?
You can find more tips like these—as well as videos, information, and more—at Too Small to Fail and Let’s Talk about Math. Other early childhood STEM resources can be found at the Early Childhood Learning & Knowledge Center. Track your child’s development by using the Milestones Moments Booklet. If you have concerns about your child’s development, including their language development, talk to your child’s primary care provider.

For more information on developmental and behavioral screening, visit Birth to Five: Watch Me Thrive! and Learn the Signs. Act Early. For more information on early learning, please visit the National Center on Early Childhood Development, Teaching, and Learning (NCECDTL), Head Start’s Center on Quality Teaching and Learning, Early Head Start National Resource Center and the U.S. Department of Education early learning webpage.

For more information on working with young children who are learning more than one language, please visit Head Start’s National Center for Cultural and Linguistic Responsiveness and the National Clearinghouse for English Language Acquisition (NCELA). For more information on making the language environment richer for children with developmental disabilities or delays, please visit the Center for Early Literacy Learning, and Facts about Developmental Disabilities. For resources on building language, see the Talk, Read, and Sing Together Every Day! tip sheets.

These resource materials are provided for the user’s convenience. The inclusion of these materials is not intended to reflect its importance, nor is it intended to endorse any views expressed, or products or services offered. These materials may contain the views and recommendations of various subject matter experts as well as hypertext links, contact addresses and websites to information created and maintained by other public and private organizations. The opinions expressed in any of these materials do not necessarily reflect the positions or policies of the U.S. Departments of Education and Health and Human Services. The U.S. Departments of Education and Health and Human Services do not control or guarantee the accuracy, relevance, timeliness, or completeness of any outside information included in these materials.
Protect yourself from tickborne disease this spring

Ticks feed on the blood of animals (such as rodents, rabbits, deer, and birds), but will bite humans too. Ticks live in grassy or wooded areas, or on the animals themselves. Going into the woods or into long grass brings you in closer contact with the ticks, so take the proper safety precautions to reduce your chances of being bitten.

- Treat your clothing with permethrin before going into the woods (always follow product instructions).
- Tuck your pants into your socks or boots to prevent ticks from crawling up pant legs.

Ticks can transmit serious and potentially fatal diseases like Lyme disease, ehrlichiosis and tularemia. Many of these illnesses can be treated effectively when caught early, so see your doctor right away if you have a fever, rash or flu-like symptoms after being in tick-infested areas. Frequent tick checks increase the likelihood of finding a tick before it can transmit disease.

- Shower after returning from the outdoors.
- Perform daily tick checks.
- If you see a tick, remove it immediately using tweezers.

If you are feeling ill, or have developed a fever or rash following a potential tick bite, call your doctor immediately.

Check for ticks:

- In and around the hair
- In and around the ears
- Inside belly button
- Under the arms
- Between the legs
- Back of the knees

Perform daily tick checks after returning from tick-infested areas
How to safely remove a tick:

The best method for removing ticks is to grasp it with tweezers as close to the skin as possible and pull up gently. Never use gasoline, kerosene, petroleum jelly, fingernail polish, or matches to kill or drive a tick out once it has been embedded.

Ticks and tickborne diseases in the United States:

The most common ticks in the United States are the blacklegged ticks (deer ticks), which can carry the organisms known to cause Lyme disease, anaplasmosis, babesiosis, and Powassan disease; and the American dog ticks (wood ticks), which can carry the organisms which cause Rocky Mountain spotted fever and tularemia.

Many tickborne diseases, such as Lyme disease, babesiosis, and ehrlichiosis can be treated effectively if caught early. Be sure to mention to your doctor any history of tick bites, or outdoor activities where you might have been exposed to ticks. Many people who become ill do not even remember seeing a tick.

Animals can carry diseases which may affect humans, including brucellosis, tularemia, and rabies. Consider wearing gloves when dressing or butchering game, and wash hands thoroughly afterwards.

Remember... on your next hike, hunt, or fishing trip,

Target the Tick

- Treat your clothing with permethrin
- Tuck pants into boots or socks
- Shower when you return from long grass/woods
- Perform daily tick checks

For more information, please contact:
Will Tillmans
will.tillmans@redcliff.nan.gov
716-779-3707 ext. 2228
CONFLICT RESOLUTION FOR CHILDREN: HOW TO APOLOGIZE AND FORGIVE

We've all had the experience of making a mistake that we needed to apologize for or being asked to forgive someone whom we felt had wronged us. Both situations are tricky circumstances that can either be handled and quickly forgotten or be mishandled and create negative feelings that linger for days. How do we guide children in giving apologies or granting forgiveness when we as adults aren't always so adept in these situations ourselves? Below are some ideas to consider.

How to Apologize

Situations that may need an apology occur regularly between children. A sibling may accidentally bump into her younger brother. Your son may get upset with a friend who won a game your child really wanted to win. It is easy to tell a child to apologize and figure the incident is over, but apologizing between children can become routine. They may think that all they need to do is say "sorry." This leaves children thinking that they don't need to be responsible for their actions beyond a one-word apology. Sometimes, we pressure our child to say "I'm sorry." Over time, children may feel resentful of this request because they don't really feel sorry.

When managing conflict resolution for kids, helping children see the consequences of their actions is more likely to lead to learning. Consider the child’s age and the seriousness of the incident in determining how to respond. "You knocked Sophie down. She bumped her elbow. Look, she's crying. I know you didn't mean to hurt her, but what do you think you can do to help her feel better?" Have the child who caused the accident, whether intentional or not, ask the hurt child if he or she wants a hug, an ice pack or something else. Understanding the consequences of their actions and helping to fix the situation are two key elements in helping children develop empathy for others.

How to Forgive

Many of us have unresolved issues with the people in our lives. We may hold on to a grudge for years towards someone who wronged us in the past. Forgive someone, even if it is just in our minds, is much healthier and can even feel freeing. The same can be said for children. In general, children are much quicker to forgive than we are anyway. They can be angry one minute, then back to being best friends the next. We can often learn from children in this area.

Sometimes, however, mistakes are not quickly forgotten. Hurtful incidents between children may be intentional or unintentional. With conflict resolution for kids, it is important to clarify to the hurt child when an incident was unintentional. "Shaun didn't mean to knock you down. He was running really fast and bumped into you." When an incident is intentional, the adults involved can talk it through with the child to find out why it happened. "I saw you push Danielle. Can you tell me more about what happened? Are you feeling angry?" Even very young children can be exposed to "feelings" language.

It may be useful to explain forgiveness to a child. "When someone hurts your body or hurts your feelings, it helps to forgive them. That is when you tell them 'That is ok and you are still my friend.'" Depending on the age of the child, explain that everyone makes mistakes and staying mad at a friend doesn't help anything. It is much better to forgive and go back to being friends.
With siblings in particular, notice if there are patterns of behavior that repeat themselves, such as one child always being the one needing to apologize and one child always being the one to forgive. This situation may arise, for example, after welcoming a new addition to the family (family-resources/e-family-news/preparing-child-for-new-baby) as your child adjusts to having a new sibling. In these situations, it may be good to talk further. "I noticed you were rough with your little sister again. That is not ok. It must be hard having a new sister that I spend a lot of time with. Tell me more about what you are feeling. And the next time you are feeling angry, come and tell me and I’ll help you figure out what to do."

In summary, there are a few factors to consider when teaching children how to apologize and how to forgive:

- The ages of all the children involved
- The seriousness of the incident
- Past history between the children involved (Does this happen often between these two? Is one always the aggressor and one always the hurt one?)

Help children to see the consequences of their actions when they caused the hurt and help the hurt child to reach for forgiveness.

More on this Topic:

- Find ideas for raising children to have character, principle and integrity (family-resources/e-family-news/teaching-integrity-raising-children-with-character/).
- Get tips to help children learn to care and cooperate with others (family-resources/e-family-news/teaching-children-to-care-and-be-more-cooperative/).
- Discover some of our favorite toddler & preschool books about friendship and caring (http://blogs.brighthorizons.com/familyroom/toddler-preschool-books-books-about-friendship/).
- Parenting Humor: 10 Times I Said Sorry When I Shouldn’t Have (http://blogs.brighthorizons.com/familyroom/parent-humor-times-i-said-sorry-when-i-shouldnt-have/)
BEGINNING READING PROGRAMS

These online programs include individualized skills instruction, independent reading in great books, and an encouraging teacher.

Program for 4-Year-Olds
In this fun summer program, your child will learn to read. Children in this program learn letter recognition, beginning phonics, and easy sight words. Your child will learn to read simple words and short sentences, and will develop a love of books and reading. This program is designed for 4-year-olds, so your child will experience success at every step.

Program for Entering Kindergartners
In this fun summer program, your child will learn to read. Children in this program learn letter recognition, beginning phonics, and easy sight words. Your child will learn to read simple words and short sentences, and will develop a love of books and reading. This program is designed for entering kindergartners, so your child will experience success at every step.

Programs for Entering 1st-5th Graders
In these programs, students develop strong phonics and decoding skills, build sight vocabulary, learn to read more fluently and rapidly, and develop strong comprehension skills. Your child will become a more confident student, enjoy reading more, and develop the lifelong habit of reading for pleasure.

For More Information or To Register
CALL (800) 964-9974
7am-8pm Monday through Friday
8am-3pm Saturday
PARKSIDE UNIVERSITY OF WISCONSIN

Inquire Early! Enrollment is Limited!

Teachers

Programs are offered by University of Wisconsin-Parkside Continuing Education and Community Engagement. Programs are taught by instructors from the Institute of Reading Development.

Tuition varies by program level. Please ask about our family discount.

Exciting Results!

My son loved this program! He had a lot of fun with the phonics games and activities. This has really made a difference — he is now reading independently, and his confidence is through the roof! I cannot express enough how grateful I am for this program.

- Parent of 5th grader

My daughter is sounding out words on her own, and she is so excited about reading! She loved doing the lessons online.

- Parent of 4-year-old

CALL (800) 964-9974

For More Information or To Register

7am-9pm Monday through Friday
8am-3pm Saturday
:: Job Openings ::

Current Openings

Job Center of Wisconsin displays open job orders maintained by the Job Center of Wisconsin. [Link to Job Center of Wisconsin]

All jobs require that you use the Job Application posted on this site and require a Background Information Disclosure (also posted).

Disclosures

Current Openings for the Red Cliff Tribe

Child Support Case Manager
DEADLINE: May 6, 2016 at 4:00 p.m.

Summer Youth Intern (2 Position) and Summer Youth Leader (1 Position)
DEADLINE: May 6, 2016 at 4:00 p.m.

ECC Family Services Worker
DEADLINE: Until Filled

Environmental Director
DEADLINE: Until Filled

Tribal Law Enforcement Officer – Part Time
DEADLINE: Until Filled

Division Administrator Manager
DEADLINE: Until Filled

Chief Executive Officer, Red Cliff Business Development Corporation
DEADLINE: Until Filled

General Practice Physician or Pediatrician
DEADLINE: Open Until Filled

Chief Financial Officer
DEADLINE: Open Until Filled

Current Openings for Legendary Waters Resort & Casino

Legendary Waters Resort & Casino - Assistant General Manager
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Front Desk Supervisor
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Bartender
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Beverage Server
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Executive Chef
DEADLINE: Open until filled
Legendary Waters Resort & Casino - Restaurant Staff
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Players Club Attendant
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Host/Hostess
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Front Desk Clerk
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Building Maintenance Worker
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Surveillance Operator
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Grounds Keeper
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Table Games Dealer
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Drop Team Leader
DEADLINE: Open until filled

Current Openings for School District of Bayfield, WI

Click here for Available Job Vacancies at Bayfield School

Current Openings for Bay Area Home Health

Bay Area Home Health - Personal Care Workers / Supportive Home Care Workers / Certified Nursing Assistants

Current Openings for UW Extension

Current Opportunities for UW Extension

Current Openings for the National Park Service

More Park Service Openings in Bayfield

Current Openings for the US Forestry Service

Forestry Technician (Recreation & Trails) GS-0462-04
DEADLINE: TBA
JOB DESCRIPTION

Red Cliff Child Support Services Agency

POSITION: Child Support Case Manager

See page 5 for application submittal requirements.

LOCATION: Makwa House – Red Cliff Child Support Services Agency

SALARY: DOQ

SUPERVISOR: Red Cliff Child Support Services Agency Director

JOB SUMMARY: This position promotes the goals of Red Cliff Child Support Services Agency by providing hands on, personal case management for clients with the outcomes consistent with financial and emotional support for children.

DUTIES AND RESPONSIBILITIES:

1. Practice excellent customer service skills at all times to include, but not limited to, addressing customer and employee needs courteously and promptly.
2. Document contacts, correspondence, and record all actions taken for each case utilizing the State of Wisconsin KIDS system and/or related filing system for case management purposes.
3. Run monthly, quarterly, weekly, daily reports from the KIDS or other automated system(s); follow through with necessary action.
4. Coordinate client services with, other tribal/county/state programs, employment and training programs and other services that can assist clients in removing barriers to employment and healthy lifestyles for the benefit of their children.
5. Assist parties in reaching agreements through referrals for mediation and/or dispute resolution with the goal of minimizing family conflict.
6. Assist the Child Support Attorney by providing the necessary information and documentation on cases and testify in court as needed.
7. Draft, compose, and process legal documents (such as motions, stipulations, orders, affidavits, etc.) and enforce child support orders through wage assignments and other legal actions.
8. Prepare and provide paperwork and reports timely as required on caseload to ensure proper notice, actions and status of each case.
9. Perform buccal swabs for genetic testing when required for paternity establishment.
10. Initiate actions to establish paternity, child support orders and income withholding orders in line with the Red Cliff Child Support Services Agency Policy and Red Cliff Code of Laws.
12. Professionally represent the Red Cliff Child Support Services Agency Policy and attend various community meetings and events to promote the goals and market the services of the program.
13. Establish and maintain cooperative working relationships with other jurisdictions, TANF programs, and other service programs or agencies.
14. Assist in the development and implementation of initiatives that support team building and collaborative services throughout the organization that result in increased satisfaction.
15. Provide case status information and interpret child support law, regulations, and procedures to custodial and non-custodial parents.
16. Assure that services being provided are appropriate to the client’s needs.
17. Adhere to all Tribal Personnel Policies and Procedures, Red Cliff Child Support Services Agency,
18. Maintain strict department security, confidentiality, and quality to meet professional standards of the department. Must sign a confidentiality agreement and attend confidentiality training.
19. Must be willing to work at least one evening per week to meet the need of clients accessing services through the Child Support Services Agency.
20. Regular attendance and punctuality required.
21. Must be able to travel out of town for as long as a week at a time for training.
22. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

SUPERVISORY AUTHORITY: None

KNOWLEDGE: Candidate must be knowledgeable or have the ability to acquire the knowledge:

- Of the Red Cliff Tribe, Tribal history and its families.
- Federal, State and Tribal laws regulating of child support services.
- Of the practical application of core Anishinaabe values in working with tribal youth and families and in generating interest in gaining insight from the community as it relates to program development incorporating these values into the Child Support enforcement agency and program.
- Of human growth and behavior, human relationships, current social and economic problems of Native Americans.
- Of the benefits gained in working together as a collaborative with other tribal and non-tribal entities that interface now and will in the future with this Tribal Child Support Services Agency.

QUALIFICATIONS:

- Preferred a Bachelor’s Degree in Social Work or related field and experience of working with tribal families in a social services setting, an Associate’s Degree in Human Services and/or 4 years’ experience working in a social service setting.
- Ability to function well in a team-oriented environment, utilizing team resources when appropriate.
- Ability to develop and maintain professional relationships with a variety of individuals and groups in complex environments.
- Must be dependable and conscientious; possess initiative, self-motivated and capable of working independently.
- Must present a professional appearance and demeanor as a representative of the Red Cliff Tribe in dealing with the general public.
- Excellent organizational skills are required. Must have the ability to prioritize work and work independently on numerous concurrent tasks, meet strict deadlines and successfully cope with challenging situations and conditions.
- Ability to inform and communicate verbally and in writing in diverse and challenging situations.
- Ability to exercise independent judgment, decisiveness and creativity.
- Ability to effectively communicate to large groups or in the courtroom.
- Working knowledge of Microsoft Office software is required.
- Considerable knowledge of business English, spelling, math, grammar, legal terminology, modern office methods, practices and equipment.
- Ability to function in a continuously evolving work environment.
• The ability to deescalate stressful situations and the ability to deal with stress and often upset individuals.
• Understanding of investigative techniques and procedures.
• Ability to obtain information through use of interview techniques.
• Ability to treat legal matters confidentially.
• Ability to establish and maintain effective working relationships with other employees, clients and the general public.
• Ability to prepare orders from attorney/court note sheets records.
• Must be a Wisconsin Notary Public or able to obtain within three (3) months of hire and maintain during employment.
• Must obtain buccal swab testing certification within three (3) months of hire and maintain as a condition of employment.
• Must be willing and able to obtain additional education and training.
• A valid driver’s license, reliable transportation, and insurance. Must obtain a Wisconsin’s driver’s license within thirty (30) days of employment if applicant has an out-of-state driver’s license. Must be authorized as eligible to operate a personal and Tribal vehicle under the Red Cliff Tribe’s Vehicle Drivers Policy prior to actual start date. Must maintain driver’s eligibility as a condition of employment.

PERSONAL CONTACTS: There will be a number of contacts with individuals associated with the working for the Red Cliff Child Support Services Agency. These may consist of, and not limited to, community members and tribal member parents, Red Cliff Human/Family Services and other Tribal Staff, County/State staff members of various Agencies particularly child support agency staff, employers, contact with individuals from the Funding Agency (Federal), contacts with various sub-group within the tribal government services, elders and the tribal population in general.

PHYSICAL REQUIREMENTS: The physical requirements associated with this position include bending, stooping, lifting, overhead lifting and carrying items which are typically less than 50 pounds. Because of security standards staff will be required to vacuum, Swiffer, remove refuse, and work with other staff to keep their offices and secure areas of the building clean.

WORK ENVIRONMENT: The work environment will mainly consist of work in an office setting. However, some of the work associated with this position will involve training sessions, community presentations, or data collection activities held in indoor venues (i.e. workshops, conventions, conferences, etc.). There may also be occasions where staff attends ceremonies or traditional gatherings in an outdoor setting.

TRAVEL REQUIREMENTS: The Child Support Case Manager will be required to travel to meetings, training sessions, community events, etc., related to the Red Cliff Child Support Services Agency; locally, regionally, and nationally. The first two months of employment will require a minimum of 2 weeks of out of town travel for training within the state of WI.

Native American preference will be applied in the event of equally qualified applicants.

APPLICATION SUBMITTAL REQUIREMENTS:

The following items are required for this position:

1. A one page writing sample to the question: In your opinion, what are the pros and cons of a Tribal Child Support Agency?
2. Completed Tribal Application
3. Tribal Background Investigation Disclosure
4. Resume with at least 3 references.

POSTING DATE: April 21, 2016

POSTING DEADLINE: May 6, 2016 @ 4:00 p.m.

FOR FURTHER INFORMATION:

Human Resources Department
88385 Pike Road, Hwy 13
Red Cliff, WI 54814
(715) 779-3706 ext. 4268

susie.gurnoe@redcliff-nsn.gov
www.redcliff-nsn.gov

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.

ALL APPLICANTS FOR EMPLOYMENT WITH THE RED CLIFF TRIBE ARE SUBJECTED TO THE BACKGROUND INVESTIGATION AND OTHER REQUIREMENTS OF RCCL CHAPTER 43, AND THAT YOU ARE UNDER A CONTINUING OBLIGATION TO SUPPLEMENT THIS APPLICATION FOR EMPLOYMENT WITH INFORMATION CONCERNING ANY CONVICTIONS THAT OCCUR AFTER COMMENCEMENT OF EMPLOYMENT WITH THE TRIBE.

Back To Employment Page
JOB DESCRIPTION

POSITION: Summer Youth Interns – 2 positions
Summer Youth Crew Leader – 1 position

LOCATION: Red Cliff Treaty Natural Resources Division at the Tribal Fish Hatchery,
Bayfield, WI.

WAGE: Interns: $10/hr. 28 hours per week.
Crew Leader: $11/hr. 30 hours per week.

THIS IS A SUMMER INTERNSHIP BEING OFFERED BY THE RED CLIFF TREATY
NATURAL RESOURCES DIVISION. SOME PORTION OF THE SUMMER WILL INVOLVE
WORKING WITH THE FOREST SERVICE AND DNR AS WELL. IDEAL CANDIDATES ARE
15 – 19 YEAR OLD TRIBAL MEMBERS WITH FUTURE INTEREST IN NATURAL
RESOURCE CAREERS. INTERNSHIP IS JUNE 13 – AUGUST 19, TYPICALLY WORKING 4
DAYS PER WEEK.

SUPERVISOR(S): Hatchery Manager, Division Administrator

JOB SUMMARY: Assist with various projects being conducted through Red Cliff Treaty Natural
Resources, FS and DNR offices. The goal of this internship is provide exposure to a wide variety of Fish
and Wildlife projects so participants may gain a better understanding of Natural Resource careers.

DUTIES AND RESPONSIBILITIES:

1. Learn hatchery duties, marking and sampling techniques at Red Cliff and DNR hatchery facilities.
2. Be involved with farm operations at Red Cliff Community Farm.
3. Participate in ride-along with Red Cliff and DNR Wardens on Lake Superior grid patrol checks.
4. Assist with fish sampling aboard Red Cliff research vessel during assessments.
5. Learn techniques to control invasive species.
6. Shadow Environmental staff during routine stream sampling.
7. Attend a 3 night backcountry canoe trip in the Sylvania Wilderness (camping gear will be
provided).
8. Choose an individual research project to design and complete with a staff mentor.
9. Document summer activities using video and photography equipment (must be willing to be
photographed). Complete daily journal activities.
10. Give a presentation to Tribal Council as a capstone project at the conclusion of the field season.
11. This list is just a small offering of the many projects the interns will be involved in this summer!

SCHOLARSHIP! Each intern will be awarded up to a $500 college scholarship at the conclusion of the
internship. Performance will be scored at the end of the field season to decide on the actual scholarship
award the intern will receive.

KNOWLEDGE: No previous knowledge or experience required. This internship is meant to inform
and educate participants not only on the “how” but also on the “why” of natural resource management
through direct, hands-on learning.

QUALIFICATIONS: We are looking for active, ambitious team members who are interested in
learning more about Natural Resource careers. The ideal candidate will be responsible, dependable and safe in the work environment. Please state whether you have a valid driver’s license in your application (not required). Some fieldwork may be arduous and require a certain level of fitness to accomplish. Must be able to be on your feet all day, walk on uneven terrain, and lift over 50 lbs.

Native American applicants only. Preference will be given to Red Cliff youth but other enrolled tribal members will be considered in the case of equally qualified candidates. Both male and female candidates are encouraged to apply!

PERSONAL CONTACTS: Wisconsin DNR staff, Red Cliff Treaty Natural Resource staff, Forest Service staff, Red Cliff Administration and community members.

WORK ENVIRONMENT: Duties will occur on forest lands, in streams, on Lake Superior, and in the hatchery setting. Work will vary with some time devoted to an office and/or garage (workshop) setting.

TRAVEL REQUIREMENTS: The crew will often travel together to field sites. Some vehicle travel is expected though almost all travel will be within 1 hour of Red Cliff. The wilderness trip to Sylvania is about 2.5 hours from Red Cliff in Upper Michigan.

APPLICATION SUBMITTAL REQUIREMENTS:

The following items are required for this position:

1. Submit a short essay on both:
   A.) Why you want to be part of the team
   B.) What you expect to get from this internship.

2. Completed Tribal Application

Only complete application packages, including the required essay, will be considered

POSTED: April 22, 2016
DEADLINE: May 9, 2016 at 4:00 p.m.

FOR FURTHER INFORMATION:

Red Cliff Tribal Administration Building
Human Resources Department
88385 Pike Road, Hwy 13
Bayfield, WI 54814
www.redcliff-nsn.gov
susie.gurnoe@redcliff-nsn.gov
(715) 779-3700 ext. 4268
JOB DESCRIPTION

POSITION:  ECC Family Services Worker

NON-EXEMPT/40 hours per week/12 months

LOCATION:  Red Cliff Early Childhood Center

PROGRAM:  Head Start and Early Head Start

WAGE:  $10.00/hour

SUPERVISOR:  Family Services Manager

GENERAL STATEMENT OF DUTIES:
Build relationships with families and community partners to ensure families support in reaching their individual goals.

RESPONSIBILITIES:
- Maintain accurate and up-to-date files of all ECC families
- Complete Family Assessment Forms with families, goal setting, follow up and referral to comply with Federal Head Start Performance Standards.
- Provide information/resources to families/teachers as identified in family partnership agreement and ensure that Head Start family data is entered into the Child Plus data management system to track services and progress.
- Work with Family Services Team to coordinate services with tribal, community, and county providers to meet specified health needed services.
- Must maintain confidentiality regarding, children, families, and staff at all times.
- Document contacts with parents
- Outreach to families not connected to services. Identify barriers to receipt of services and problem-solve solutions Work closely with Health Manager, Family Services Team, teachers and Head Start Director to monitor daily attendance. Follow up on chronic absences due to health related reasons.
- Responsible to work closely with mental health professionals to assure children’s unique behavioral needs are individually addressed and that staff are educated regarding children’s’ needs.
- Assist with ongoing tracking data for the completion of the annual Program Information Report (PIR).
- Assist with coordinating services including outreach and referral for general health and dental care for children birth to five years of age.
- Attend ECC Family Services Team, all-staff, and other meetings as required.
- Must have demonstrated ability to work well with a team.
- Perform other duties as directed.

QUALIFICATIONS/KNOWLEDGE/SKILLS:
- Must be at least 18 years old.
- Minimum of high school diploma, HSED, or GED required.
- AA degree in human services, early childhood or related field is preferred.
- Strong computer skills required.
- Must have ability to work effectively as a team player in conjunction with Health staff, Family Service Team, ECC staff, parents, community members, and other tribal/county support systems in the best interest of the child/family.
Knowledge of Ojibwe culture and language preferred, cultural sensitivity required.

Understanding of the uniqueness and dynamics of the Red Cliff community highly desirable. Must have demonstrated positive experience working with tribal families.

Ability to maintain professional relationships with health care providers is required

Must have valid driver's license and proof of insurance.

CPR and First Aid certification or willingness to obtain them is required.

WORK ENVIRONMENT:
Red Cliff Early Childhood Center office environment.

PERSONAL CONTACTS:
Collaboration with local and non-local health partners, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff Community.

SPECIAL REQUIREMENTS:
Must be physically able to work with young children, pass an initial health exam with periodic health exams every five years thereafter. Must obtain an initial TB test and complete additional TB screenings annually. Must obtain other recommended immunizations including Hepatitis B (or sign waiver). Must attend required trainings such as confidentiality, CPR, SIDS, Shaken Baby, etc. Must attend appropriate staff meetings, Policy Council, and parent meetings as required.

TRAVEL REQUIREMENTS:
Must be able to attend overnight job-related trainings--local, regional, and national trainings as required. Home visits within ECC service area as needed. Native American preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

POSTING: March 30, 2016
DEADLINE: Open until filled

FOR FURTHER INFORMATION CONTACT:

Human Resources Department
Red Cliff Tribe
88385 Pike Rd. Hwy 13
Bayfield, WI 54814
(715) 779-3700, Ext. 4268

susie.gurnoe@redcliff-nsn.gov

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care center employees much complete a one-time fingerprint-based background check on all employees effective December 31, 2015. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work
Place Act. All new employees will be tested prior to starting employment.

Tribal preference will be applied in the case of equally qualified applicants, but all applicants will be considered.

45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.

Back To Employment Page
Job Opportunities

Job Search

Narrow search by:

- Any Category
- Enter Keyword
- Any Employer

Search

Results Found: 27

Sort by: A-Z Category

Highland Valley Farm
87080 Valley Road Bayfield, WI 54814

Blueberry Harvest Crew

Category: Agricultural, Forestry & Fishing

We are currently hiring people to help us with the blueberry harvest this summer. The work is seasonal, four to six days a week, for six weeks usually starting in late July and running through mid-September. Most positions require a balance of picking berries alternating with sorting and packing berries. Pay is above minimum wage. College students with an interest in local and sustainable food production are preferred. Older high school students and others may also apply. Contact MAGDALEN at ...read more →

Eckels Pottery and Fine Craft Gallery
85205 State Hwy 13 Bayfield, WI 54814

Gallery assistant at Eckels Pottery

Category: Arts & Entertainment

Join the crew at Eckels Pottery. Responsibilities include assisting the manager with customer service, cleaning, ordering, shipping, gardening. Learn about the pottery process. Help unload our kilns and participate in special events during arts week. We are not just a
Kerr Studio & Gallery
21 Front Street Bayfield, WI 54814
Art Gallery Sales
Category: Arts & Entertainment
Art Gallery Sales in Bayfield. Mature adult wanted for customer service and retail sales — daytime hours. Starts part time in mid May & June then 3-6 days per week July through Mid October. $10/hour. Duties include: managing gallery operations, checkout, customer service, arranging displays, designing & assembling decorative wall arrangements with metal and dried flowers. Mail a résumé to Kerr Studio & Gallery, PO Box 104, Bayfield, WI 54814. Email to artmail@kerrart.com. ...read more →

Big Top Chautauqua
32525 Ski Hill Road-tent location Bayfield, WI 54814
Merchandise Manager
Category: Arts & Entertainment
Merchandise Manager's responsibilities will include management of Big Top Chautauqua's merchandise booth and merchandise sales for 2016 summer season. Position reports to: General Manager, Marketing Director, and Operations Manager. Duties include: Set up and take down merchandise at booth pre-season and post-season. Responsible for monitoring and stocking inventory of Big Top apparel, gift items, and CD/DVD's between the main office and tent. Manage guest artist merchandise. Review ...read more →

Bayfield Inn, The
20 Rittenhouse Avenue Bayfield, WI 54814
Join our 2016 Front Desk Sales Team!
Category: Customer Service
The Bayfield Inn is currently seeking qualified applicants to join our Seasonal 2016 Front Desk Sales Team! Phone sales/reception experience a major plus, but will train the right applicant. Competitive pay, based on experience. Fun, exciting, and rewarding work environment. Flexible scheduling. Must like fast-paced, challenging work environment and be available to work weekends & holidays. Basic computer skills and ability to communicate clearly and effectively are a must! Applications may be ...read more →
Big Water Coffee Roasters Cooperative
117 Rittenhouse Avenue Bayfield, WI 54814

Contact:
Darcy Schwerin
Send Email
Phone:(715) 779-9619

Barista
Category: Customer Service
Big Water Coffee Roasters roasts amazing coffee, make awesome lattes, and have scratch made bakery to accompany both. We are passionate about what we do, and giving great service to our fellow workers and customers. A Barista at Big Water serves up more than just great brew or another perfect latte, he or she embraces our passion for creating a unique and flavorful experience. If you are passionate about coffee and serving the finest espresso drinks in a quick-paced environment, then we may be the right ...read more →

All Sisters’ Winery
87380 Betzold Road Bayfield, WI 54814

Contact:
Ian or Caitlin Hauser
Send Email
Phone:(715) 779-3274

Tasting Room Manager - Salary Position
Category: Customer Service
We are looking to fill a full time position as Tasting Room manager. This would be a salary position with potential bonuses. The tasting room manager is responsible for the day-to-day operation of the tasting room and guest experience. This person will assist in operational supervision and high-quality performance of the tasting room and coordination of tasting room staff. This position plays a vital role in training new employees, responding to and resolving customer inquiries/complaints, and requires ...read more →

Legendary Waters Resort & Casino
37600 Onigamling Drive Bayfield, WI 54814

Contact:
Seth Morris
Send Email
Phone:(715) 779-3712

Surveillance Operator
Category: Fire, Law Enforcement, and Security
Under the direction of the Surveillance Manager, the Surveillance Operator monitors the premises using electronic surveillance equipment for gaming corporation/business. Insures the physical security and safety aspects of the complex. Implements programs to safeguard the welfare and assets of all customers and employees for areas of operation. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to the public interest. Friendly, ...read more →
Bayfield Inn, The
20 Rittenhouse Avenue Bayfield, WI 54814

Seasonal 2016 Full & Part-Time Food & Beverage Positions
Category: Food Industry and Restaurants
The Bayfield Inn Food & Beverage Department is seeking full-time and part-time line cooks, prep cooks, dishwashers, servers, bussers, bartenders, & food runners for the 2016 season. Located in beautiful downtown Bayfield offering a fast paced, professional work environment. Experience preferred but not necessary, will train the right applicant. Applications can be printed online at www.bayfieldinn.com/employment-opportunities or picked up in person at The Bayfield Inn, 20 Rittenhouse Avenue, ...read more →

Maggie’s
257 Manypenny Avenue Bayfield, WI 54814
Hiring for the 2016 Season
Category: Food Industry and Restaurants
Maggie’s is taking applications for Line Cooks, Dishwashers, Bartenders, Bussers and Servers, for openings for the summer 2016 season. Applicants must be friendly and reliable, possess good work ethics, strong people-communication skills, work well with others and have a passion for service excellence. You must be able to work flexible hours, multi-task and be able to accommodate high volume situations. Part-time & Full-time available. Stop by 257 Manypenny Ave in Bayfield to pick up an ...read more →

Wild Rice Restaurant
84860 Old San Road Bayfield, WI 54814
Now hiring kitchen staff for the 2016 season
Category: Food Industry and Restaurants
Wild Rice Restaurant is hiring kitchen staff for the 2016 season (May-October). Positions available: line cooks, prep cooks and dishwashers. Wild Rice is located on Lake Superior, Bayfield, Wisconsin. The restaurant has a large, modern, state-of-the-art kitchen producing exciting, creative food with an emphasis on Wisconsin ingredients. Wild Rice is very well reviewed and a six time James Beard Award nominee. Please visit our website wildricerestaurant.com to contact us by email to submit your resume.
Wild Rice Restaurant
84880 Old San Road Bayfield, WI 54814
Host/Hostess Position at Wild Rice Restaurant
Category: Food Industry and Restaurants
As a host/hostess you will represent our restaurant in a professional manner from the moment you walk through the door. You are the key to offering a hometown feel to our restaurant, with the unique opportunity to be the first and last person our guests will see on their visit. Must be outgoing, professional and willing to be a team player. Please visit our website wildricerestaurant.com to contact us by email to submit your resume.

Egg Toss Bakery Cafe
41 Many Penny Avenue Bayfield, WI 54814
Taking applications for Summer Season 2016
Category: Food Industry and Restaurants
The Egg Toss Bakery Cafe is taking applications for Breakfast Cooks, Baker Assistant, Dishwashers, Hosts, Busser and Servers, for openings for the summer 2016 season. Applicants must be friendly and reliable, possess good work ethics, strong people-communication skills, work well with others and have a passion for service excellence. You must be able to work flexible hours, multi-task and be able to accommodate high volume situations. Stop by 41 Many Penny Ave in Bayfield to pick up an application or ...read more →

Pier Plaza Restaurant and Lounge
1 Rittenhouse Avenue Bayfield, WI 54814
Pier Plaza Hiring!
Category: Food Industry and Restaurants
The Pier Plaza is taking applications for the following positions: Dishwashers Bartenders Servers Hosts/Hostesses Looking for reliable adults, shifts vary. Stop on down for an application!

Pier Plaza Restaurant and Lounge
1 Rittenhouse Avenue Bayfield, WI 54814
Baker
Category: Food Industry and Restaurants
The Pier Plaza is looking for a motivated, experienced baker to bake pies, desserts, cookies and more. 4-Days a week. Great hours! Pay based on experience. Stop on down for an application!
Woodside Cottages of Bayfield
84790 State Hwy 13 Bayfield, WI 54814
Housekeepers
Category: Hospitality Services
We are now hiring full and part time housekeepers. Schedule starts at 9 am until 1 pm to 2 pm or when work is completed. Must be available weekends and holidays as needed. Rate of pay is $11 hour with the potential to earn $12 hour. Other duties may be available for the right person. Call us at 715-779-5600 to schedule an interview. Woodside Cottages of Bayfield

Bayfield Inn, The
20 Rittenhouse Avenue Bayfield, WI 54814
Housekeeping Summer 2016 Team
Category: Hotel, Gaming, Leisure, and Travel
The Bayfield Inn is currently seeking qualified applicants to join our professional housekeeping staff. Previous experience is preferred, but training is provided. This supervised position is seasonal starting May 1 through October 31 of each calendar year. Applicants must be available to work on weekends or holidays and can expect a fast-paced, teamwork approach to meeting our high standards. We offer competitive wages based on experience and job performance. Applications can be printed online at ...read more →

Legendary Waters Resort & Casino
37600 Onigamling Drive Bayfield, WI 54814
Table Games Dealer
Category: Hotel, Gaming, Leisure, and Travel
Under the direction of the Table Games Supervisors and Manager, the Dealer will deal assigned games according to established policies and procedures. Maintains a thorough knowledge of the game dealt. Interacts with guests in a friendly and upbeat manner. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to the public interest. Friendly, professional attitude required at all times. Must be willing to work weekends, nights, and ...read more →
Category: Hotel, Gaming, Leisure, and Travel
Under the direction of the Bar Manager and/or Food and Beverage Manager, the Bartenders are expected to deliver truly great service, and to create a warm and friendly atmosphere for our guests. Bartenders should be knowledgeable and familiar with all menu items, drink preparations, ingredients and garnishes and be able to make recommendations to guests as well as offer suggestions and up-sell where possible to maximize sales. Applicants should be advised that the Tribe reserves the right to disqualify...read more →

Legendary Waters Resort & Casino
37600 Olgamling Drive Bayfield, WI 54814
Beverage Server
Category: Hotel, Gaming, Leisure, and Travel
Under the direction of the Lounge Manager, the Beverage Server is responsible for providing beverage service to all casino guests in an efficient, courteous and professional manner displaying a high standard of Guest Services. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to the public interest. Friendly, professional, attitude required at all times. Must be willing to work weekends, nights, and holidays. Neat clean appearance...read more →

Bay Front Inn
15 Front Street Bayfield, WI 54814
Housekeepers Needed
Category: Hotel, Gaming, Leisure, and Travel
The Bay Front Inn is currently accepting applications for Housekeepers. 6 days per week, Hours vary, usually between 9 am and 3 pm. Stop in to the Pier Plaza or the Bay Front Inn and pick up an application!

Superior Body Massage & Spa
33 N First Street Bayfield, WI 54814
Part-time Manicurist/Nail Technician Wanted
Category: Personal Care and Services
Superior Body Massage & Spa is hiring a part-time manicurist to work June - September with the potential for some off-season work if desired. Provide manicures and pedicures in a quiet, relaxed...
desired. Provide manicures and pedicures in our newly-remodeled nail room with two spa pedicure thrones and a manicure station. We are busy with both visitors and locals alike in the summer months and this is a fun, fast-paced work environment during that time. Hours are flexible and you can choose between half-days or full days, two-three days a week. Applicant must ...read more →

ENCORE Resale Store
10 S Broad Street Bayfield, WI 54814
Part-time Store Assistant

Category: Retail/Wholesale
ENCORE Resale Store, part-time support staff Do you like variety? Interesting stuff? People? Come work in a fun environment with a great group of volunteers all for a local cause. ENCORE Resale Store in Bayfield, supporting the operations of CORE Community Resources for seniors, is hiring an energetic part-time (20 hrs/wk) support staff person for the summer months and as needed throughout the year. Main duties consist of opening and closing procedures, cash register sales, donations intake, customer ...read more →

Apostle Islands Booksellers
112 Rittenhouse Avenue Bayfield, WI 54814
Bookseller

Category: Retail/Wholesale
Do you love books? Do you love talking about books? We have a 15-20 hour per week part-time bookseller position open from late May through mid-October. Stop by or email for an application. No phone calls please. KEY DUTIES AND RESPONSIBILITIES: Examples of key duties are interpreted as being descriptive and not restrictive in nature. Certain of the responsibilities are not applicable to part-time employees who work less than 20 hours per week, such as weekly staff meetings, ordering, pricing, and updating ...read more →

Sweet Sailing
120 Rittenhouse Avenue Bayfield, WI 54814
Retail Sales Staff

Category: Sales
Searching for happy and energetic individuals to join our sales team. This job encompasses working with customers, running cash registers, merchandising products, stocking and light cleaning, among other tasks. We have fun keeping our customers happy and enjoying their Bayfield experience. Join us! Hours and days scheduled flexibly a month at a time. Wages and benefits are competitive. All ages welcome. Will train.
All Sisters’ Winery
87380 Betzold Road Bayfield, WI 54814

Contact:
Ian Hauser
Send Email
Phone:(715) 779-3274

Wine Sales Positions Available!

Category: Sales
Do you love wine? Would you like to learn more about the wine making process? We are looking for full and part-time wine sales associates available for the 2016 season. Competitive pay, based on experience and availability. Wine sales is more than retail sales, it is providing an experience for guests and engaging with like-minded people. You will be responsible for teaching guests about our wines, giving wine tastings, answering questions, stocking shelves, and providing a friendly and professional ...

Pub Restaurant and Wine Bar, The
700 Main Street La Pointe, WI 54850

Contact:
Susan Hartzell
Send Email
Phone:(715) 747-6315

Waterfront/Pool Attendant at The Pub Restaurant and Wine Bar

Category: Sports and Recreation
The Ultimate Summer Job! The Pub Restaurant and Wine Bar on Madeline Island is looking for two full-time waterfront/pool attendant positions. Overseeing the pool area and guest lists and renting SUPS and other recreational water crafts are the main responsibilities. CPR and First aid certification are a bonus. If you don’t have certification we will provide it. Please email us for more information, an application or a request for an interview. Fun in the Sun! theinn@madisland.com
VACANCY

The School District of Bayfield has the following vacancies:

**POSITION:**
- 4th Grade Teacher (1.00 FTE)
- 5th Grade Teacher (1.00 FTE)

**LOCATION:** Bayfield, Wisconsin

**QUALIFICATIONS:**
- Wisconsin Certification #1118 – Elementary Certification (1st – 8th Grade) or equivalent.
- Wisconsin Certification #1316 – Reading preferred, not required.

The Bayfield School District is looking for talented and committed educators to serve in our fourth and fifth grades. Teachers must be willing to work in a collaborative environment to develop an educational program to meet the needs of all of our students. Candidates must have strong literacy, math and instructional differentiation skills. The ideal teacher will find joy and purpose in teaching children the habits necessary to be successful in school and will relish the opportunity to instill our students with a love for learning. The desire to build a strong relationship with students, parents and community is a requirement. Candidates who know and speak Ojibwe preferred. The School District of Bayfield is a multicultural environment making experience with and sensitivity to Native American culture imperative. Knowledge of Wisconsin Act 31 is also important. Native Americans are encouraged to apply.

**APPLICATION DEADLINE:** May 6, 2016

**TO APPLY:** Submit application available online at www.bayfield.k12.wi.us, letter of interest, resume and three recent letters of reference and copy of DPI licensures to:

- Dr. David Aslyn, District Administrator
- School District of Bayfield
- 300 North 4th Street
- Bayfield, WI 54814

THE SCHOOL DISTRICT OF BAYFIELD IS AN EQUAL OPPORTUNITY EMPLOYER AND DOES NOT DISCRIMINATE ON THE BASIS OF RACE, GENDER, AGE, HANDICAP, OR SEXUAL ORIENTATION.
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<tr>
<td>2B PANCAKES, APPLESAUCE, TRK BACON</td>
<td>3B KIX, MANGO, CC, TOAST</td>
<td>4B HD OATS, STRAWBERRIES, YGT, MUFFIN</td>
<td>5B EGG OMELET, TOAST, PB</td>
<td>Menu Subject To Change</td>
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<td>L PIZZA, SALAD, CC, IT VEG, PEACHES S GRAHAM/PB</td>
<td>L OJ CHIX, M ORANGES, YGT, PEAS S RICECAKE/MILK</td>
<td>L BK FISH, FRY, CARROT, Pears, BUN S SNAIL ROLL UP</td>
<td>L BROCCOLI SOUP, EGG SALAD, SALAD, PEACHES CARROTS S STRING CHZ HAMROLL</td>
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<td>9B BOILED EGG, TOAST ORANGES, YGT, JELLY L CHIX SOUP, CHEEZ SAND, VEG/DIP, HONEYEW S FISH CRK/PEARS</td>
<td>10B RICE CHEX, APPLES, YGT, ENG MUFFIN L KEILBASA, REDS, PEAS, MANGO, CC, BUN S VEGGIE DIP/PITA</td>
<td>11B CORNFLAKES, BANANA, BABEL, YGT L TACOS, WMELON, CC, CORN S APPLE TEETH</td>
<td>12B FR TOAST, BLUEBERRIES, CC L TOMATO SOUP, GR CHEEZ, PEAS, TR FRUIT S GRAHAM/ CR.CHZ</td>
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<td>16B OATMEAL, BERRIES, CC, TOAST L CHIX PATTI, FRY, VEG/DIP, HDEWE S CRK/CHZ</td>
<td>17B CORNCHEX, CANTALOUE, YGT, MUFFIN L VEG SOUP, BR STIX, PEACHES, CC, CORN S NUTRIA GR./MILK</td>
<td>18B CHEERIOS BAGEL, CC, STRABERRY, CR CHEZ L PORK CHOP, W RICE, CR BERRIES, PEAS S MINI PIZZA</td>
<td>19B EGG BURRITO, CC, BERRIES L HAMB HD, GR BEAN, MANGO, JELL-O S PBJ SAND./MILK</td>
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<td>23B FR TOAST, ORANGES, YGT, TOAST L BEEF SOUP, EGG SLD SAND, BERRIES, CC S CARROTS/DIP</td>
<td>24B HD OATS, APPLES, YGT, ENG MUFFIN CR CH L CHIX, PEAS, NOODLES, FR COCKTAIL S CINN. TOAST/MILK</td>
<td>25B KIX, BANANA, PB, BAGEL, CC L HAMB CHOW SUEY, RICE, VEG, PEACH, S BAGEL SMILEYS</td>
<td>26B MALTO MEAL, BERRIES, MUFFIN L HAM, CARROTS, PINEAPPLE, BUN, CC S FRITSALSA/TORTILA</td>
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<td>30 MEMORIAL DAY</td>
<td>31B WAFFLE, APPLESAUCE, CC L SWEET/SOUR CHIX, CALI BLEND, CANTLOUP S TRAIL MIX/MILK</td>
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