The end of the school year is fast-approaching and summer is right around the corner—we understand that families have activities and trips they would like to enjoy.

The ECC hopes to see students here each and every day! Attendance matters—each day presents an opportunity for learning new things, going on adventures, and having fun!

Healthy Summer Habits

Stay Hydrated—Water prevents illnesses, keeps your bones and muscles healthy, and fuels your activities throughout the day.

Eat Fresh—Reserve a place on your plate every meal for fresh produce.

Exercise—Transform simple activities into opportunities for movement; such as, visiting the park or the zoo.

Disconnect—Put down those cell phone/tablets and maintain a screen time of one hour.

Stay Shady—Always wear sunscreen, a brimmed hat, and sunglasses to protect skin from UV rays.

Sleep Well—Getting enough sleep at the right times can help protect your physical and mental health, safety, and quality of life.

Stay Cool—When it gets too hot, do what you can to stay cool! Go swimming, sit in the shade, or head inside from time-to-time where the air con is available.

UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>6th (Th)</td>
<td>Dad’s Day</td>
</tr>
<tr>
<td>7th (F)</td>
<td>NO ECC SCHOOL DAY</td>
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<tr>
<td></td>
<td>Family Picnic</td>
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<td></td>
<td>Home Base Social</td>
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<tr>
<td>11th (T)</td>
<td>Policy Council Meeting</td>
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<tr>
<td>13th (Th)</td>
<td>Grandparent’s Day</td>
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<td>20th (Th)</td>
<td>Mom’s Day</td>
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<tr>
<td>21st (F)</td>
<td>EHS MAKE-UP SCHOOL DAY</td>
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<tr>
<td>28th (F)</td>
<td>Dance at L.W.</td>
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</tbody>
</table>

Be an Attendance H.E.R.O.

* Here * Everyday * Ready * On time
There is a change to the June Calendar

Due to many snow days, the Early Head Start needs to make up 1 day in June

Make update for June will be Friday June 21st

Ode’imini-Giizis-
(Strawberry Moon)

School Hours— 7:45 am. to 3:00 pm.

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<tr>
<th>Sun</th>
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<td></td>
<td></td>
<td>DAD'S DAY</td>
<td>No ECC School Day</td>
<td>Bayfield School Graduation</td>
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<td></td>
<td></td>
<td>Join your child for Breakfast 8:30</td>
<td>Family Day Picnic at Lt Sand Bay 10-12 Home Base Social</td>
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</tbody>
</table>

No Head Start Classes on Friday's
There are changes to the July Calendar

Due to many snow days, the Early Head Start needs to make up 1 day in July

Make update for July will be Wednesday, July 24th

Summer gathering has also changed and will be Monday and Tuesday July 29th and 30th.

Head Starts Last Day of School will be July 23rd 2019.

Aabita-Niibino-Giizis
(Middle of the Year Moon)

School Hours-- 7:45 am. to 3:00 pm.

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
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<td><strong>ECC/TRIBE CLOSED Independence Day</strong></td>
<td>No ECC School Day Home Base</td>
<td>Red Cliff Pow-Wow</td>
<td>Red Cliff Pow-wow</td>
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</tr>
<tr>
<td>Red Cliff Pow-wow</td>
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<td></td>
<td>EHS SCHOOL DAY</td>
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<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td></td>
<td>EHS SCHOOL DAY Home Base Social</td>
<td>21</td>
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<tr>
<td></td>
<td></td>
<td>Head Start Last Day of School</td>
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<td>22</td>
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<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td></td>
<td>EHS Graduation 10-12 @ LW</td>
<td>27</td>
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<td>Head Start Last Day of School</td>
<td><strong>EHS Make up day 7:45-3:00 Last day for EHS</strong></td>
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<td>28</td>
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<td><strong>Summer Break</strong></td>
<td><strong>No ECC Classes</strong></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

**SUMMER GATHERING** 10-2

**SUMMER GATHERING** 10-2
NO ECC SCHOOL DAY

7th of June (Friday)

Family Picnic
The ECC’s annual Family Picnic will take place from 10 AM—12 PM. Join us at Little Sand Bay for food, fun, and family time!

EHS MAKE-UP SCHOOL DAY

24th of June (Friday)

Due to winter weather causing an influx of school day cancellations, the EHS need to make-up 2 days of schooling. The first make-up day is in June and the other will take place in July (To Be Determined).

Thank you for your understanding.
**Family Dance at Legendary**
**Waters Convention Center**
**(28th of June—Friday)**

Join us for the ECC’s last dance of the 18-19 School Year from 5 PM—8 PM. We welcome back DJ Hanson who will provide the music and bring some fun games for the kids to take part in. Food will be provided. This event is open to everyone—come over and have some fun!

**June 6—08:30 AM: Dad’s Day**

Father’s Day is this month—we hope it’s a fantastic one with many more to come as you continuously build on your special relationship with your child! Joining your child at the ECC each month for breakfast is a great way to further build that relationship. Observing your child in one of their daily environments can help you to better understand how they participate in the classroom, interact with others, and more.

**June 13—08:30 AM:**
**Grandparent’s Day**

Come join your grandchild in their classroom and share a meal together. You can model positive behaviours; such as, using your utensils, polite language/Ojibwemowin, and cleaning up after yourself. Did you know that the world’s first breakfast cereal was created in 1863 and needed soaking overnight in order to be chewable? If you join your grandchild this month for cereal, we can guarantee that you will not need to soak your cereal for that amount of time.

**June 20—08:30 AM: Mom’s Day**

The most popular place to eat breakfast is at home is at the table, either alone or with other members of the family. We welcome you to join your child at their school table and enjoy a warm meal together to start off a terrific Thursday. Each meal is served ‘family style’ and your child will gather plates and utensils, serve themselves, and clean up their space. They are learning routines at meal times that will benefit and prepare them for attending the ‘Big School’ in the future.
Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Thursday, April 18th, 2019 @ 9:30 am
Memengwaa Trailer

Meeting called to order by Chair Person Joanne Peterson at 9:46 am.

Policy Council Members Present: Amaris Andrews-DePerry, Joanne Peterson, Shaleena Demirkol and Rebecca Miller by phone. Absent: Lisa Hanson, Devon Defoe, Amanda Gordon Hanson and Johanna Wilson.

Others Present: Linda Johnston ECC Administrator, Cindy Garrity, Family Services Manager, Jamie Goodlet-King Abilities/Education Manager and Mikayla Topping-Defoe Health Assistant, Lori Duffy Nutrition Manager, Jenny Defoe Enrollment Specialist/Family Service.

Approval of Agenda
Shaleena motion to approve the agenda, seconded by Amaris, all in favor, motion carried.

Approval of Minutes
Amaris motioned to approve Policy Council minutes for March 12th, 2019, seconded by Shaleena, all in favor, motion carried.

Financial reports
Linda J. informed the Policy Council that she has met with Chris and Ashley. Linda is waiting for Chris’s report, Chris has met with the Tribal Council and as of today she has not received his update. Everything is on track and we are looking having very little spend down.

Menu-May 2019
Amaris motion to approve the menu with corrections for May 2019, second by Shaleena, all in favor, motion carried.

Health Plan 2018-2019
Mikayla presented the Health Plan to the Policy Council. She informed them that everything in the plan has been updated to meet the performance standards. The newest item add was 1302.44 under nutrition Service Requirements bullet #8-regarding no hot beverages in the three classrooms. In discussion the Policy Board was wondering why this only applied to the three rooms indicated. They feel that this policy should apply to all classrooms. Mikayla will add this into the plan. Jamie explained that another change was 1302.80 Enrolled Pregnant Women/Partners as Healthy Babies. She just informed them that we will be looking at this section and possible making changes. Shaleena motion to approve the Health Plan for 2018-2019 with changing the No hot beverages in the three classrooms to all classrooms. Amaris second, all in favor, motion carried.
Nutrition Plan 2019-2020
Lori let the Policy Council know that she had only one change that was 1302.44 (a) Nutrition service requirements, (No Hot Beverages in the three classrooms). Amaris motion to approve the Nutrition Plan 2019-2020 with No hot beverages in any Head Start/Early Head Start classrooms, Shaleena second, all in favor, motion carried.

Launch Grant
Update was made to the Policy Council on a Launch Grant that is focused on Mental Health.

CCDF
Linda updated the Policy Council Board about the progress of the CCDF childcare future building and building site.

Program Summary
Policy Council was updated on the program summary report and at this time there was no concerns or questions asked.

Office of Head Start Message Webinar
Cindy will send the Policy Council board the link and they can watch it at their own leisure.

Other
Next Policy Council meeting is set for Tuesday May 14th @ 9:30 am

Executive
Amaris motion to go into executive session at 10:27 am. second by Shaleena, all in favor, motion carried.
Shaleena motion to come out of executive session at 10:59 am. second by Amaris, all in favor, motion carried.

Amaris motion to approve the lateral transfer of Amber LaGrew from an assistant teacher to a teacher position, second by Shaleena, all in favor, motion carried.
Shaleena motion to approve a lateral transfer of Jamie Goodlet-King to interim Head Start/Early Head Start Directors position, second by Amaris, all in favor motion carried.

Adjourn
Amaris motion to adjourn at 10:36 am. second by Becca, all in favor motion carried.

Joanne Peters (print name)
Policy Council Chairperson or delegate

(signature)
Policy Council Chairperson or delegate

5/22/19
Date

Minutes taken by Cindy Garrity, Family Services Manager
Red Cliff Early Childhood Center
2019-2020 Enrollment

If you know a child ages 0-5 or a pregnant woman living in the Red Cliff/Bayfield area, please have them complete an application or call 779-5030.

If your child is already enrolled, please make sure that your child has their annual paperwork completed.

*If you have changes, you can update your application at any time.*

There are two ways of completing an application;

1. New applicants can come and fill out an application at the center or apply online at
   www.redcliffec.org.

2. Go to www.redcliffec.org or www.redcliff-nsn.gov and print an application, complete and return.

After it is received, you will be contacted to schedule an application interview.

If you have any questions, please contact Jennifer Defoe at 779-5030 ext. 2533.
June News Letter

We can't believe it's already June! Time sure does fly by when we are having fun learning. :) This month we will work on sharing with our friends, learning more words, water play (indoors and outdoors), we will be bringing our art work outside while learning different ways to paint and exploring different textures. Please send your children in clothes that they can get messy in.

Thank you! Ms. Kelsey & Ms. Lulu
Amik Newsletter
June 2019
Ode’imini Giizis
(Strawberry Moon)

We are learning about bugs and what the summer weather will bring. Hopefully it will not be too hot or too cold. We have been using are Ojibwe words during meal time and practicing using a forks and spoons. Due to the extremely cold and snowy winter weather we had this year the EHS classrooms have to make up two snow days. We will now have classes on Friday June 21st and Wednesday July 24th. Please send an extra set of clothes to school we will be playing in the water more when we are outside enjoying the beautiful summer weather.

Miss Maggie and Miss Gina

Ojibwemowin
Summer - Niibin
Eat it - Wiisinin
Drink it - Minikwen
Milk - Dodooshaboo
Finish Eating - Idaanawen
Fork - badaka’igan
Spoon - emikwaan

June Reminders
6/6/19  Dad's Breakfast at 8:30am
6/7/19  No School for all ECC Children
6/7/19  Family Picnic Day 10:00am - 12:00pm
6/16/19  Father’s Day
6/20/19  Mom’s Breakfast at 8:30am
6/28/19  Dance at Legendary Waters Resort and Casino
Attendance Reminder:

Attendance is very important for your child.

Please remember that the ECC will have school every day until July 24th, 2019.

If your child will be absent, please call Tiff or Judy and let us know.
715-779-5030 ext. 2544

Well we do believe that summer is here, Yeah,

We are asking parents to please dress your child accordingly.

We are also asking for you to bring extra clothes. We will be going outside to playing every day possible and some days playing in water.

Dates to Remember for June:

- June 6th - Dads Breakfast
- June 7th - No School at ECC
  Family Picnic at Lt. Sand Bay 10-12
- June 13th - Grandparents Breakfast
- June 20th - Moms Breakfast
- June 28th - ECC family Dance at Legendary Waters 5-8 pm.

We love and enjoy your children every day. As parents you all rock

Miss Tiff and Miss Judy
News & Plans

We are winding down to the end of the school year! Where has all this time gone? For the month of June we will be working on the ball study unit and camping/fishing unit.

With the warm weather approaching us, please be sure to send your children with the proper gear for being outside. We will also be going in the school forest many times this summer.

We will have updated forms for families to fill for the teachers to put bug spray and sun screen on your children.

-Ms. Melissa & Ms. Amber

Reminders

- 06/06/19- Dads Day
- 06/07/19- No ECC School Day
- 06/16/19- Father’s Day
- 06/20/19- Moms Day
- 06/21/19- Early Headstart make up snow day
- 06/28/19- Dance @ LW

Ojibwemowin

Ball- Bikwaakwad
Summer- Niibin
Camp- Gabeshiwin
Mashkodebizhikii Class

Summer is finally here and we are really excited about it. We plan on spending a lot of time outside and that normally means a lot of water play. Please be sure to send your child to school with an extra set of clothes so they can change into dry clothes if they get wet.

We also have a few field trips planned so it is really important that your child is at the school at least 15 minutes before we are scheduled to leave. We don’t want anyone to miss the bus or the fun. Notes will be sent home with more details as the trips get closer.

We will be contacting you to set up end of the year home visits if we haven’t already. We have to have them done by the end of June so we are really getting tight on time.

Miigwech to everyone for letting us spend the last year (or two) getting to know you and your children. We have truly enjoyed all of the time we have spent with your children and look forward to another year with them or watching them move on to another step in their education. We feel very fortunate as teachers to have learned from every experience we have had this year.

Enjoy your summer and have fun making new memories

Ms. Nadine, Ms. Becca and Ms. J.
Ma’iingan News

We made it to June!!! It's been a fun, busy, and exciting year so far!!! We have one more month left of this year and we will be all complete for the year.

**JUST A REMINDER PLEASE CALL US BY 9AM IF YOUR CHILD/CHILDREN WILL BE OUT. KEEP SENDING EXTRA CLOTHES, WARM HOODIE OR LIGHT JACKET ON COOLER DAYS.** We will be talking about letter recognition, number recognition, kindergarten readiness, being a good friend, and sand unit. We have been learning about all kinds of bugs, insects and where insects live around us in our area and around the world. **JUST A REMINDER TO PLEASE CHECK BACK PACKS DAILY WE SEND HOME SO MANY REMINDERS AND NOTICES.** There is always time to come in our classroom to say hi and see what we are learning and be part of our day. Our day is busy and filled with many opportunities to learn and play with your children. We look forward to working together the rest of the year!! Happy Summer Days!!!!

Miigwech, Ms. Alicia, Ms. Sam, and Ms. Lacie
Migizi News

Another month has flown by!! The children had fun watching the baby chicks grow for a couple weeks and were sad when they left the classroom for their new homes.

We have enjoyed our construction lessons this month. The children used many different materials to build with. The next month we will focus on bugs.

The weather has finally warmed up and the children are enjoying going outside without their jackets and boots. Please have your child wear a pair of sandals with a strap on the back to hold their foot or a pair of tennis shoes. This is a safety precaution because the children are running all the time and their shoes fly off causing unnecessary falls.

Ms Diann, Ms Linda, Ms Kathy
Miigwech for all the Help with cooking and setting up. You all Rock.

Family Fishing Day 2019

Red Cliff Fisheries
Spirit Pole raising at the ECC

On Thursday May 23, 2019 the annual Spirit Pole raising took place at the Red Cliff Early Childhood Center. All the classrooms along with their teachers and support staff were present at the dedication. The activity or ceremony was led by the Red Cliff Tribal Historic Preservation Officer Marvin Defoe who was assisted by Bayfield Ojibwe Cultural Instructor Richard LaFernier. The previous years' staff was removed, and the new staff was prepared to be set. A spiritual song was sung on the drum specific to the ceremony and dedication. Preparation and asema honoring took place during the hour-long ceremony. The weather cooperated and provided an opportunity for Cultural teaching for everyone in attendance.
Eggs,
Whole Grain Toast with Jelly,
Oranges, and
Turkey Bacon

June 6, 2019 (Thursday)
Join your child for
breakfast at 8:30!

June is Great Outdoors Month!
Here are a few ways you may want to
spend time together:
- Go on a walk and count how many butterflies, birds, etc. that you see—keep a journal of each walk to look back on
- Learn how to ride a bike, roller-skate, skateboard, etc.
- Go to the beach—build a sandcastle, swim, have fun!

For further information, please contact:
(715) 779 - 5030
Grandparent's Day!

Honey Bunches of Oats, Bananas, Yogurt, and a Muffin

June 13, 2019 (Thursday)

Join your grandchild for breakfast at 8:30!

June is Great Outdoors Month!

Here are a few ways you may want to spend time together:

- Plant a garden (or visit one) and observe the bees
- Make a meal together and go on a picnic—even if it’s just in your yard!
- Get up early for a walk and watch the sunrise or take an afternoon stroll and watch the sunset

For further information, please contact:
(715) 779 - 5030
Mom's Day!

Pancakes, Applesauce, and Turkey Bacon

June 20, 2019 (Thursday)

Join your child for breakfast at 8:30!

June is Great Outdoors Month!

Here are a few ways you may want to spend time together:

- Take some time to watch the clouds or make a night of stargazing
- Go on a walk together—pretend to be trees, dragonflies, bears, etc.
- Learn about birds and go birdwatching!

For further information, please contact:
(715) 779 - 5030
WIC FOR JUNE

WIC APPOINTMENTS
JUNE 7, 2019
JUNE 14, 2019 (IF NEEDED)

Please keep your scheduled appointment

WIC PICK UP
Monday June 3, 2019 Tuesday June 4, 2019
Monday June 10, 2019 Tuesday June 11, 2019

Any questions please call
Heidi @ 715-779-3707 ext. 2261
### May

**Head Start: 50 Children**
- Mailingan: 14 children
- Mashkodebizhiki: 12 children
- Migizi: 13 children
- Great Attendance total = 39 children

**Early Head Start: 32 Children**
- Waabooz: 3 children
- Amik: 6 children
- Esiban: 1 child
- Makwa: 5 children
- Great Attendance total = 15 children

---

**Head Start:**
Ruth Miller

**Early Head Start:**
Mason Gokee
ATTENDANCE
LISTENING SESSION
@
LW CASINO EVENT CENTER

Free dinner 5:00pm - 6:00pm
Listening session starts 6:00pm

ATTENDANCE MATTERS
every school day counts.

Endaso-Giizhig (Everyday)

The School District of Bayfield recognizes attendance has a significant impact on student achievement and success. We want to see our students in school every day! At this listening session we are looking for input on how to combat attendance issues and chronic absenteeism.
Ojibwe Language Advisory Group

Meeting Notice

When: Friday, June 7, 2019
Where: Bayfield School Library Resource Center
Time: 5:00 P.M.

Opening Pot Luck Feast
We will be continuing discussion on the development of a long-term language revitalization and fluency plan for our community.

** This meeting is open for all community members **
to attend and give input.

Any questions- Please contact: Sandy Gokee (715)779-3700 x.4261
sandy.gokee@redcliff-nsn.gov
Red Cliff Tribal Historic Preservation Office- Anishinaabe Language and Culture

Language Care for children provided!

Ojibwemodaa endaaso giizhik!
The Noojimo’iwewin Center

“Artful Healing” Workshop

Sponsored by Apostle Islands Area Community Fund

June 13 & 14, 2019
9:00am - 4:30pm

Reflect on your past and Vision Your Future with Richard and Audra McCoy!

Richard is an accomplished artist, has been in recovery for 9 years, and has worked in the AODA field for 8 years. Audra is instrumental in starting Serenity Ranch, a place of peace and recovery where people can find healing with horses. In this workshop, they will guide you through activities and painting to heal and vision Minobiimaadiziiwin (Good Life).

Age 16 and up! No experience necessary!
Limited space available—please call or stop in to Nooji to sign up! 715-779-3508

37450 Water Tower Rd. Red Cliff

For more info please call: 715-779-3508
ELDERLY ABUSE AWARENESS

PERFORM LIVE
Frank Montano
Danny Gordon

JUNE 15TH
10-1pm
Guest Speakers
Brunch at 11:00
Raffles

Partner Sponsors:
Red Cliff Family Violence Program
Red Cliff Elderly
Bayfield County Aging
RED CLIFF
FAMILY & HUMAN SERVICES
OPEN HOUSE

20 JUNE
4-6 PM

FUN! FOOD! RAFFLES!

INFORMATION & RESOURCES
88385 Pike Road  Red Cliff, Wisconsin

Child Support • Boys & Girls Club • Economic Support Team • ICW • Domestic Violence
Food Support/Security Team • Aging Services • BFI

Sponsored by Red Cliff Family & Human Services Team
The Noojimo’iwewiin Center welcomes teens 12 and up for TIE-DYE!

June 22nd
1-4 pm!

Colors & shirts provided!

Refreshments & Snacks!

Partnership with Native Connections & RCTREE
RED CLIFF FATHER/DAUGHTER DANCE AND CELEBRATION
LEGENDARY WATERS CONVENTION CENTER
JUNE 23, 2019

~COUPLES: 1 MALE AND 1 FEMALE
~FATHERS MIGHT ALSO INCLUDE GRAMPAS, UNCLEs, SPOUSES, PARTNERS, GUARDIANS
~DAUGHTERS MIGHT ALSO INCLUDE SISTERS, GRANDDAUGHTERS, NIECES, COUSINS, FRIENDS
~AGES FOR THE FEMALE ARE 1 TO 18 YEARS OLD

A SPECIAL EVENING
4:00-5:00 REGISTER
5:00-6:00 DINNER
6:00 GRAND ENTRANCE
SPECIAL DANCES, ACTIVITIES,
DOOR PRIZES
9:00 FINAL EXIT

PLEASE REGISTER WITH CHRIS BOYD AT 715-779-3706 EXT. 5025
REGISTER BY JUNE 17, 2019
HOSTED/CO-SPONSORED BY:

- THE RED CLIFF FAMILY VIOLENCE PREVENTION PROGRAM
- LCO OJIBWE COMMUNITY COLLEGE AND RED CLIFF OUTREACH SITE
- RED CLIFF ELDERLY STEERING COMMITTEE
Bayfield Rec Center Hours and Rates
Summer 2019

<table>
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<th>Membership Type</th>
<th>Description</th>
<th>Month* (Save 10%)</th>
<th>3 Months (Save 5%)</th>
<th>Year (Save 10%)</th>
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<td>Youth/Student</td>
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<td>$31</td>
<td>$88</td>
<td>$335</td>
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<tr>
<td>Adult</td>
<td>18 or over, not enrolled in school</td>
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<td>1 Adult and dependent children (Under 18 or currently in high school or college)</td>
<td>$43</td>
<td>$123</td>
<td>$454</td>
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<tr>
<td>2 Parent Family</td>
<td>2 Adults in the same household and dependent children (Under 18 or currently in high school or college)</td>
<td>$50</td>
<td>$143</td>
<td>$540</td>
</tr>
<tr>
<td>Senior</td>
<td>60+</td>
<td>$35</td>
<td>$100</td>
<td>$378</td>
</tr>
<tr>
<td>Senior Family</td>
<td>2 Seniors in the same household and dependent children (Under 18 or currently in high school or college)</td>
<td>$47</td>
<td>$134</td>
<td>$508</td>
</tr>
</tbody>
</table>

**Hours**

Fitness Room + Racquetball Court
- Monday - Friday: 6:00am-7:30pm
- Saturday: 7:00am-5:00pm
- Sunday: 11:00am-5:00pm

Lap Swim
- Monday - Friday: 6am-9am
- Mon - Fri: 12pm-1:30pm
- Saturday: 7am-10am
- Sunday: 11am-1pm

Open Swim
- Monday - Friday: 1:30pm-7:30pm*
- Monday - Thursday (Swim Lesson Weeks): 1:30pm-6:00pm*
- Saturday: 10:00am-1:00pm and 2:00pm-5:00pm
- Sunday: 1:00pm-5:00pm

**Day Passes**

- Youth/Student/Senior: $6
- Adult: $10
- Family: $16
- Shower: $5

*Guest Discount: Members can bring up to 2 guest per visit at a 50% discount. Guest Family rate is $14

**Rec Center Punch Cards**

- Youth/Student/Senior: $49
- Adult: $79
- Family: $129

Good for 10 visits, forever, and can be shared

---

Our noon lap swim will be 12-1:30pm beginning June 3.
Our summer schedule will begin June 10.

*Monday through Thursday Open Swim will end at 6pm the weeks of June 10, June 17, July 8, July 15, August 5 and August 12 due to Red Cross Swimming Lessons in the evening.

The Bayfield Rec Center is open to residents, visitors, members, and guests!

Financial Assistance is available for all RFR memberships, programs, and classes. Approved Financial Assistance applications are valid for 2 years. Stop by the office or contact rosa@recreationandfitnessresources.org to apply.

www.recreationandfitnessresources.org | 715-779-5408 | info@recreationandfitnessresources.org
Weekly Themes (Nature Focus)
Week 1, June 10-14 - Friendship and Fun (Frog)
Week 2, June 17-21 - Gardens and Blooms (Lichen)
Week 3, June 24-28 — Wellness Week (Strawberry)
Week 4, July 1 - 5 - No Programming Offered
Week 5, July 8-12 — Anishinaabe Week (Aquatic Mammals)
Week 6, July 15-19 — Forest Week (Pollinators)
Week 7, July 22-26 — Fame and Fortune (Black Bear)
Week 8, July 29-August 2 — World Cultures (Berries)
Week 9, August 5-9 — Local Week (Predators)
Week 10, August 12-16 — Lake Superior Week (Birds)
Week 11, August 19-23 - Outdoor Survival Week (Trees)
Week 12, August 26-30 — Kids Choice (Lake Superior Fish)

Mon-Fri, June 10-August 30, 8:30am-3:30pm
Ages 8-13 - Rain or Shine! - No Class July 1-5
Mon, Weds, Fri - Join La Pointe Rec on the island
Tues, Thurs - La Pointe Rec joins us in Bayfield!

Register: $90/week or $20/day
$90 Youth Program Punch Card - 10 punches per card/2 punches per child/day.
Advance enrollment is encouraged.
Call for walk in availability. 715-779-5408
www.recreationandfitnessresources.org
SATURDAY WATER SPORTS

SATURDAYS 1-2 PM DURING THE SUMMER
WATER POLO IN THE DEEP END
A VARIETY OF OPTIONS FOR THE SHALLOW END,
INCLUDING VOLLEYBALL,
BASKETBALL, AND LOGROLLING!
MEMBERS - FREE!
NON-MEMBERS - REC CENTER DAY PASS OR PUNCH CARD
WWW.RECREATIONANDFITNESSRESOURCES.ORG
140 S. BROAD ST., BAYFIELD 715-779-5408
FOR AGES 5-13 YEARS

KIDS NIGHT OUT!

Friday, June 14 4:30-8:30 pm

$10/first child + $5/each additional sibling

Join us for a fun night of activities at the Rec Center! Dinner and snack included. Come ready to play inside, outside, and in the pool!

No parents allowed (parents, enjoy your evening!)

Advanced registration encouraged but not required.

Contact: (715) 779-5408

www.recreationandfitnessresources.org
MARTIAL ARTS
Beginners Series
June 4-26, 2019

-Coordination and Strength
-Self Esteem
-Concentration
-Fun Fitness
-Flexibility and Balance
-Self Discipline - Self Respect
-Awareness & Self Defense

-1st 8 LESSONS
+UNIFORM AND BELT
+FIRST BELT PROMOTION

REGISTER ONLINE
or call 715-779-5408
Financial Assistance is Available!

www.recreationandfitnessresources.org
LITTLE KICKERS

Ages 4-7
Along with learning punches, kicks and self defense, Little Kickers will also develop self-control, coordination, balance and pride.

Begin for $45*

Students may begin at any time. $45 includes first month of classes, uniform, belt and first belt promotion.

2019 Class Times
Tuesdays & Thursdays 4-4:45pm
Bayfield Pavilion

*Financial Assistance is Available
715-779-5408

www.recreationandfitnessresources.org
PARENT AND CHILD
Swim Readiness Class

www.recreationandfitnessresources.org
140 S. Broad St., Bayfield 715-779-5408

2 Sessions! 5:30-6pm
LITTLE FISH - 6 MOS - 2 YRS - June 10-13 or Aug 5-8
BIG FISH - 2 - 5 YRS - June 17-20 or Aug 12-15, 2019

One Parent Per Child Must Be in the Water
Members: $22
Non-Members: $27
Financial Assistance is Available
Red Cross SWIMMING LESSONS

Monday–Thursday for 2 weeks - 3 sessions!
June 10–20, July 8–18 or August 5–15, 2019
Members: $57, Non-members $68
Financial Assistance is available!

We are offering Levels 1–4!
Level 5 available in July, Level 6 available in June & August.
Call 715-779-5408 or register online for the next session at
www.recreationandfitnessresources.org
Join us for a week-long class on Lake Superior to learn the basics of sailing, including rigging, terminology, points of sail, boat handling, knot tying, and general seamanship. Our instructors ensure each student is challenged, regardless of ability or experience, in a fun, safe and encouraging environment.

YOUTH OPTI CLASSES - AGES 7-11

- Opti Session 1 - June 17-21
- Opti Session 2 - June 24-28
- Opti Session 3 - July 15-19
- Opti Session 4 - July 22-26
- Opti Session 5 - August 12-16
- Opti Session 6 - August 19-23
- Advanced Opti - July 10-12

YOUTH 420 CLASSES - AGES 12-18

- 420 Session 1 - June 24-28
- 420 Session 2 - July 22-26
- 420 Session 3 - August 12-16

Residents: $69 Non-residents: $149
www.recreationandfitnessresources.org
715-779-5408
Kitchen Timesavers

Try these kitchen timesavers to cut back on time and make less work for you. By taking the stress and hassle out of cooking, you’ll have more time to enjoy it and to spend with your loved ones.

1. **Organize your kitchen.** Keep frequently used items such as cooking oils/sprays, spatulas, cutting boards, and spices within easy reach. This will save you from having to search for them later.

2. **Clear the clutter.** Before you start cooking, clear off your counters. This allows more room for prep space.

3. **Chop extra.** When chopping up veggies for a meal, chop more than you need. Take the extra, place in a reusable container and freeze. Then next time you need it, you can skip a step.

4. **Have everything in place.** Grab all ingredients needed for your meal – chopped vegetables, measured spices, and thawed meats. It will be easier to spot missing items and avoid skipping steps.

5. **Double your recipe.** For your next casserole or stew, try doubling the recipe and freezing the extra. You’ll save time and make cooking next week’s dinner a snap!

6. **Clean as you go.** Fill up the sink with soapy water and wash the dishes as you cook. It’ll make clean up go much smoother!

7. **Save some for later.** Freeze leftover soups, sauces, or gravies in small reusable containers.

Additional Resources:

- MyPlate, MyWins Tips: Meal Planning Made Easy
- Search *What’s Cooking?* for recipes
- Food safety tips
AMERICA'S OPIOID CRISIS: THE UNSEEN IMPACT ON WISCONSIN CHILDREN

A GROWING CRISIS

28% MORE opioid-related deaths nationwide since 2015.

87.3% of people in Wisconsin suffering from drug dependence or abuse go untreated.

8.7 MILLION children nationwide have a parent who suffers from a substance use disorder.

A NEED FOR FAMILY-CENTERED POLICIES

KEEPING FAMILIES TOGETHER IMPROVES OUTCOMES AND LOWERS COSTS

MORE THAN HALF of children placed in foster care go home to their families. Keeping families together from the start helps prevent further trauma and improves outcomes.

MEDICAID PAID 81% OF THE $1.5 BILLION that hospitals billed for treating babies suffering from opioid withdrawal in 2012.

A DEVASTATING TOLL ON CHILDREN

FOSTER CARE PLACEMENTS ON THE RISE

4,778 WISCONSIN children were placed in foster care in 2016.

16% WERE INFANTS.

In 23% of these placements, parental substance use was a factor.

MORE BABIES BORN EXPOSED TO OPIOIDS

Every 25 minutes in America, a baby is born suffering from opioid withdrawal, which can mean:

1. LOWER BIRTHWEIGHTS
2. RESPIRATORY CONDITIONS
3. FEEDING DIFFICULTIES
4. SEIZURES
5. LONGER HOSPITAL STAYS

A LIFELONG IMPACT

Children dealing with traumatic experiences can face social, emotional, physical, and mental health challenges that last into adulthood.

Left unaddressed, early childhood adversity can lead to school failure, risky behaviors like alcohol and drug use, and increased chance of health conditions like obesity and heart disease.

WHAT YOU CAN DO

RETHINK OUR APPROACH: SUPPORT CHILDREN AND FAMILIES IN HEALING TOGETHER

Create policies that prioritize prevention and allow children to remain safely with their families during treatment.

Give providers tools to recognize, treat, and support children and their parents affected by trauma to lessen the lifelong impact and promote healthy families.

Ensure families have real and timely access to services through Medicaid and other prevention and treatment programs.

Sources for this document are available at www.aap.org/OpioidFactsheets.
SAFE WATER FOR:
1 to 2 Years Old

Along with age, take your child's experience and comfort with water into account. For children over 12 months, the AAP's latest guidance recommends that parents should decide whether to enroll an individual child in swim lessons based on the child's frequency of exposure to water, emotional development, physical abilities, and certain health conditions related to pool water infections and pool chemicals.

At this age, you simply want to introduce your child to the water. You can play in the pool with her yourself, getting comfortable in the water — not learning to swim. Activities may include showing her how to splash, singing songs while bobbing around, and playing gentle games together.

Water Safety Tips:

- Keep your baby in your arms at all times.
- Do not submerge any child under 3. Kids this age can swallow a large amount of water — enough to dilute the chemicals in their blood, causing sleepiness, nausea, and seizures. In rare cases, water intoxication can be fatal.
- Dress her in a swim diaper that prevents fecal matter from leaking into the lake or pool — a major health risk for other swimmers.
- An infant can drown in as little as an inch of water in less than 30 seconds, so beware of all water hazards, including inflatable baby pools, buckets, toilets, and tubs.

AAP – May 2019
PINK SHAWL MAKING WORKSHOPS 2019

May 25
June 8
June 22
Manidoonsag *(insects)*

Mii Ezhi *(next/continue)*

Maamakaaj *(awesome)*

aamoo *(bee)*

aamoog *(bees)*

bapakine *(grasshopper)*

bapakineg *(grasshoppers)*

enigoons *(ant)*

enigoonsag *(ants)*

memengwaa *(butterfly)*

memengwaag *(butterflies)*

oboodashkwaanishiinh *(dragonfly)*

oboodashkwaanishiinyag *(dragonflies)*

zagimag *(mosquitos)*

zagime *(mosquito)*
Bebaamisejig Manidoonsag

_b___d__shkw__n__sh__nh
B_p_k_n_
__m__
Z_g_m_
W__w__t_s__
M_m_ngw__

Mooshkinebii’an ima bizhishigwaag
Aayaanikoobii’an daataangibii’igaadeg.

M_m_ngw__
<table>
<thead>
<tr>
<th>Ojibwe Word</th>
<th>English Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>odatagaagominan</td>
<td>blackberries</td>
</tr>
<tr>
<td>miinan</td>
<td>blueberries</td>
</tr>
<tr>
<td>okosimaanan</td>
<td>squash</td>
</tr>
<tr>
<td>zhigaagawanziig</td>
<td>onions</td>
</tr>
<tr>
<td>anijjiminan</td>
<td>peas</td>
</tr>
<tr>
<td>gichi-oginiig</td>
<td>tomatoes</td>
</tr>
<tr>
<td>ode’iminan</td>
<td>strawberries</td>
</tr>
<tr>
<td>miskominan</td>
<td>raspberries</td>
</tr>
<tr>
<td>okaadaakoon</td>
<td>carrots</td>
</tr>
<tr>
<td>opiniig</td>
<td>potatoes</td>
</tr>
<tr>
<td>gichi aniibiishan</td>
<td>cabbage</td>
</tr>
<tr>
<td>mandaaminag</td>
<td>corn</td>
</tr>
<tr>
<td>mishiiminag</td>
<td>apples</td>
</tr>
<tr>
<td>maajitaan</td>
<td>go/start</td>
</tr>
<tr>
<td>Chi-miigwech!</td>
<td>Thank you!</td>
</tr>
<tr>
<td>aazha miinawaa</td>
<td>try again</td>
</tr>
</tbody>
</table>
Aaniindi da-minaman gimijiman?

Gakakaabii'an

Waaawiyebiibii'an

Gitigaaning

Noopiming

Odatagaagominan

Miinan

Okosimaanan

Zhigaagawanzhiiig

Anijiiminan

Gichi-oginiig

Ode'iminan

Miskominan

Okaadaakoon

Mandaaminag

Opiniig

Gichi-aniiibiishan
Employment Opportunities

Bayfield Apple Company
- Farm Store Retail

Bayfield Winery, Ltd.
- Part-Time Wine Steward/Server

Bodin Fisheries
- Fish Processing Positions

Brownstone Centre
- Full- & Part-Time Positions

Gourmet Garage
- Assistant Baker

Hauser’s Superior View Farm
- Retail Staff at Farm Store

Kickapoo Coffee
- Café Coordinator

Morty’s Pub
- Cooks

Pier Plaza Restaurant & Lounge
- Prep Cooks, Line Cooks, Hostess, Bussers, Ice Cream Attendant, Dishwashers, Housekeepers, Bartenders, and Waitstaff

Bayfield Rec Center
- Cleaner

Superior Body Massage & Spa
- Massage Therapist
- Nail Technician

The Fat Radish
- *Front of House:* wait staff, hostess, bussers, barista/mixologist
- *Back of House:* prep cooks, line cooks, dish room technician, sandwich/salad prep
- *Bakery:* pastry/dessert assistant, bread baker assistant
- *Other:* catering prep, out accounts prep & coordinator, night/early am cleaner

VHS Commercial Service Inc.
- Full-Time (Seasonal)
- Custodial/Janitorial Services

Wilderness Inquiry
- Outdoor Leader

Winfield Inn & Gardens
- Housekeeping Staff

NOTE:
Many of the listed positions are seasonal
EMPLOYMENT OPPORTUNITIES
(Red Cliff-Based)

Boys & Girls Club

   Youth Worker
   Deadline: Open Until Filled

Legendary Waters

   Accounts Payable Clerk
   Bartender
   Beverage Server
   Cage Cashier
   Campground-Marina Attendant
   Dishwasher
   Event Center Staff
   Facilities Worker
   Gift Shop Cashier
   Host/Hostess
   Line Cook
   Prep Cook
   Security Officer
   Slot Attendant
   Snack Bar Cook
   Surveillance Operator
   Table Games Dealer
   Wait Staff
   Deadline (All Positions):
   Open Until Filled

ICW

   Case Investigator/Worker
   Deadline: Open Until Filled

Noojimo’iwewin Center/ Red Cliff
Minobimaadiziwin Gitigaanin Farm

   Peer Specialist
   Deadline: Open Until Filled

Red Cliff Community Health Center

   Advanced Care Provider
   Dental Assistant
   Medical Billing Specialist
   Physical Therapist (Part-Time)
   Deadline (All Positions):
   Open Until Filled

Red Cliff Elderly Services Program

   Tribal Aging & Disability Resource Specialist
   Deadline: Open Until Filled

   On-Call Assistant Cook
   Deadline: Applications Accepted Year-Round

Red Cliff Human/Family Services

   Family Violence Legal Advocate

Red Cliff Early Childhood Center

   Early Head Start Center-Based Teacher
   (2 Positions)
   Substitute Assistant Teacher
   Deadline (All Positions):
   Open Until Filled

For further information regarding positions at the ECC, please contact:

   Red Cliff Band of Lake Superior Chippewa Human Resources Department 88455 Pike Road
   Bayfield, WI 54814
   www.redcliff-nsn.gov
   ashley.poch@redcliff-nsn.gov
   (715) 779-3700 ext. 4268
   diane.cooley@redcliff-nsn.gov
   (715) 779-3700 ext. 4267
## June 2019

Odemiini-giizis (Strawberry Moon)

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ALL LITTLE LEAGUE GAMES WILL BE AT 5:30</strong></td>
<td><strong>CLOSED</strong></td>
<td>Cultural Night</td>
<td>RFJ 4-6p Power Hour 3:30-5p</td>
<td>Power Hour 3:30-5p</td>
<td>Kick Ball 4—5p T-Ball Registration Deadline 4pm</td>
<td>1 Closed For Graduation</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4 Cultural Night</td>
<td>5 RFJ 4-6p Power Hour 3:30-5p Hoop dance 4-6p Bayfield Pool 4:30-7p Open Gym/Teen 7-8</td>
<td>6 Power Hour 3:30-5p Walk Club 4-5p RC Junior Officer 5-6p Open Gym/Teen 7-8</td>
<td>7 Kick Ball 4—5p T-Ball Registration Deadline 4pm</td>
<td>1 Closed For Graduation</td>
</tr>
<tr>
<td>9</td>
<td>10</td>
<td>11 Cultural Night</td>
<td>12 Lacrosse 2-4 BFJ 4-6p Hoop dance 4-6p Bayfield Pool 4:30-7p Little League Game Open Gym/Teen 7-8</td>
<td>13 Peer Specialist 5-6p Walk or Volleyball 1-4p Lacrosse 4-6p</td>
<td>14 Raspberry 1:30-3p Lacrosse 4-6p</td>
<td>8 Summer Kickoff 1-9pm</td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td>18 Cultural Night</td>
<td>19 Little League Game</td>
<td>20</td>
<td>21</td>
<td>15 Movie Night at the Club 4:30p Open Gym/Teen 7-8</td>
</tr>
<tr>
<td>CLOSED</td>
<td>CLOSED</td>
<td>CLOSED</td>
<td>CLOSED</td>
<td>CLOSED</td>
<td>Closed For WOLF CAMP!</td>
<td>22 Bayfield Pool 1-5p Open Gym/Teen 7-8</td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>25 UW Extension Canoeing Day 9am to 2pm @ Buffalo Bay</td>
<td>26 Lacrosse 2-4p BFJ 4-6p Hoop dance 4-6p Bayfield Pool 1-5p Little League Game Open Gym/Teen 7-8</td>
<td>27 Peer Specialist 5-6p Frog Bay Trip 1-3:30</td>
<td>28 Game Night 1-4p Lacrosse 5-6p Little League Game Open Gym/Teen 7-8</td>
<td>29 Nature Hike 2-5 4 square/ kickball 6-7p Open Gym/Teen 7-8</td>
</tr>
<tr>
<td>Closed</td>
<td>Closed</td>
<td>Closed</td>
<td>Closed</td>
<td>Closed</td>
<td>Closed</td>
<td>Closed</td>
</tr>
<tr>
<td>30 Boys &amp; Girls Club of Gitchigami Offer Free Family Passes for the Bayfield Rec Center</td>
<td>Activities subject to change please call ahead 715-779-3722</td>
<td>thank you BGC Staff</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## JUNE 2019

### ODE’IMINI-GIIZIS

<table>
<thead>
<tr>
<th>Nitam Anoki-giizhigad</th>
<th>Niizhoo-giizhigad</th>
<th>Aabitoose</th>
<th>Niiyo-giizhigad</th>
<th>Naano-giizhigad</th>
</tr>
</thead>
<tbody>
<tr>
<td>3B French toast, blueberries, cc</td>
<td>4B corn chex, oranges, ygt, wg eng muffin</td>
<td>5B hb oats, raspberries, cc</td>
<td>6B eggs, wg toast, jelly, oranges, trk bacon</td>
<td>No ECC School Day</td>
</tr>
<tr>
<td>S nutra bar/milk</td>
<td>S cheese its/milk</td>
<td>S gr cracker/pb</td>
<td>S oatmeal rnd/milk</td>
<td>Home base</td>
</tr>
<tr>
<td>L chix wr sp, br stix, itveg, strawberries</td>
<td>L beef stir fry, mango, stir fry, cc</td>
<td>L pork chop, apples, carrots, wg bun</td>
<td>L spaghetti, corn, tr fruit, cc, salad</td>
<td>Family picnic</td>
</tr>
<tr>
<td>S ygt/peaches</td>
<td>S brocc/hummus</td>
<td>S smoothie/goldfish</td>
<td>S cauliflower/cc dip</td>
<td>10-12</td>
</tr>
<tr>
<td>10B pancakes, berries, ygt</td>
<td>11B cornflakes, peaches, cc, bagel</td>
<td>12B eggs, wg toast, pb, cantaloupe</td>
<td>13B hb oats, banana, ygt, muffin</td>
<td>14B fr sticks, blueberries, cc</td>
</tr>
<tr>
<td>S nilla wafer/milk</td>
<td>S cheese/crackers</td>
<td>S oatmeal rnd/milk</td>
<td>S teddy gr/milk</td>
<td>S pita chips/milk</td>
</tr>
<tr>
<td>L hamb wghd, corn, pears</td>
<td>L ham, peas, pineapple, wgb stick/salad</td>
<td>L chix salad, wg pita, honeyeud, veggie/dip</td>
<td>L blt sp, mango, salad, gr bean</td>
<td>L chix nugget, fries, corn, tr fruit</td>
</tr>
<tr>
<td>S fr cup/crackers</td>
<td>S carrots/cc dip</td>
<td>S summer snails</td>
<td>S broccoli/cc dip</td>
<td>S cantaloupe/gr crk</td>
</tr>
<tr>
<td>17B egg combos, pears, cc</td>
<td>18B rice crispy, cc, berries, wg toast</td>
<td>19B life, bananas, ygt, wg eng muffin</td>
<td>20B pancakes, applesauce, trk bacon</td>
<td>No school day</td>
</tr>
<tr>
<td>S gr cracker/milk</td>
<td>S cheese-it/milk</td>
<td>S nutra gr bar/milk</td>
<td>S crackers/cheese</td>
<td>ECC</td>
</tr>
<tr>
<td>L bbq chix, slaw, gr bean, oranges</td>
<td>L ham wrsp, salad, pineapple, carrots</td>
<td>L pork chop, apples, ygt, peas,</td>
<td>L chezbrg, watermelon, pt salad, beans</td>
<td>Homebase social</td>
</tr>
<tr>
<td>S honeyeud/ygt</td>
<td>S celery/pb</td>
<td>S berry pizza</td>
<td>S carrots/cc</td>
<td></td>
</tr>
<tr>
<td>24B eggs, wg toast, pb, peaches</td>
<td>25B corn chex, berries, cc, bagel</td>
<td>26B fr toast stix, pears, cc</td>
<td>27B hb oats, berries, cc, wg toast</td>
<td>28B oatmeal, pears, wg toast</td>
</tr>
<tr>
<td>S nilla wafer/milk</td>
<td>S chex mix/milk</td>
<td>S oatmeal rnd/milk</td>
<td>S nutra gr /milk</td>
<td>S pb/crackers</td>
</tr>
<tr>
<td>L fish nuggets, frys, pineapple, corn</td>
<td>L pizza, salad, mangos, veg/dip</td>
<td>L hamb veggie sp, oranges, biscuit, ygt</td>
<td>L chicken wghd, carrots, tr fruit, cc</td>
<td>L chicken wghd, carrots, tr fruit, cc</td>
</tr>
<tr>
<td>S cantaloupe/grcr</td>
<td>S carrots/hummus</td>
<td>S pjb rollup/juice</td>
<td>S veg/cc dip</td>
<td>S peaches/cc</td>
</tr>
</tbody>
</table>